HEALTH EDUCATION

Graduate Program Head
Holly Angelique

Program Code
HLHED

Campus(es)
Harrisburg (M.Ed.)

Degrees Conferred
Master of Education (M.Ed.)

The Penn State Harrisburg Master of Education in Health Education applies education, public health, and behavioral theories to prepare health education specialists to work in any setting in which the aim is to promote health and wellness. The goal of the master’s degree in health education is to educate professionals who help individuals, families, and their communities maximize and maintain healthy lifestyles. Health education specialists teach people about behaviors that promote health and wellness and are trained to collect and analyze data to identify community needs prior to planning, implementing, monitoring, and evaluating programs designed to encourage healthy lifestyles, policies, and environments. Health educators may serve as resources to assist individuals, other health professionals, or the community, and may administer fiscal resources for health education programs.

The health education program is designed for working professionals and recent bachelor’s degree graduates to pursue the master’s program in health education part-time or full-time. The program is customizable, allowing students the flexibility to choose from a wide range of electives within and outside the program to meet their career and professional goals.

The master’s program in health education is aligned with the Responsibilities and Competencies for Health Education Specialists as stated by the National Commission for Health Education Credentialing, Inc. (NCHEC). After completion of the program, students are eligible to sit for the Certified Health Education Specialist (CHES) exam.

Admission Requirements

Applicants apply for admission to the program via the Graduate School application for admission (http://gradschool.psu.edu/prospective-students/how-to-apply). Requirements listed here are in addition to Graduate Council policies listed under GCAC-300 Admissions (http://gradschool.psu.edu/graduate-education-policies).

Students must have a baccalaureate degree from an accredited college or university, an overall minimum undergraduate grade-point average of 2.50 and a junior/senior GPA of 3.00 (on a 4.00 scale) for admission into the program. Students are also required to submit official transcripts from all post-secondary institutions attended (http://www.gradschool.psu.edu/prospective-students/how-to-apply/new-applicants/requirements-for-graduate-admission).

Degree Requirements

Master of Education (M.Ed.)

Requirements listed here are in addition to Graduate Council policies listed under GCAC-700 Professional Degree Requirements (http://gradschool.psu.edu/graduate-education-policies).

A minimum of 30 credits at the 400 or 500 level is required, with a minimum of 18 credits at the 500 level, including at least 6 elective credits at the 500 level. This includes 21 credits in the following prescribed core courses:

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>HLHED 415</td>
<td>Planning and Developing Health Education Programs</td>
<td>3</td>
</tr>
<tr>
<td>HLHED 456</td>
<td>Advanced Techniques in School and Community Health Education</td>
<td>3</td>
</tr>
<tr>
<td>EDUC 440 or EDPSY 400</td>
<td>Educational Statistics and Measurements</td>
<td>3</td>
</tr>
<tr>
<td>HLHED 552</td>
<td>Current Health Education Issues</td>
<td>3</td>
</tr>
<tr>
<td>HLHED 553</td>
<td>Multicultural Health Issues</td>
<td>3</td>
</tr>
<tr>
<td>EDUC 586 or HLHED 530</td>
<td>Educational Research Designs or Research Techniques in Health Education</td>
<td>3</td>
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Electives

Students must also complete 9 credits in elective courses. Students can choose elective courses in psychology, community psychology and social change, teacher education, training and development, lifelong learning and adult education, public health sciences, health and public administration, and more. A list of approved elective courses is available from the program office. Note that a minimum of 6 elective credits must be at the 500 level.

Culminating Experience

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
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<tbody>
<tr>
<td>HLHED 591</td>
<td>Capstone Seminar in Health Education (Capstone Course)</td>
<td>3</td>
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Total Credits
30

Student Aid

Refer to the Tuition & Funding (http://gradschool.psu.edu/graduate-funding) section of The Graduate School’s website. Students in this program are not eligible for graduate assistantships.

Courses

Graduate courses carry numbers from 500 to 699 and 800 to 899. Advanced undergraduate courses numbered between 400 and 499 may be used to meet some graduate degree requirements when taken by graduate students. Courses below the 400 level may not. A graduate student may register for or audit these courses in order to make up deficiencies or to fill in gaps in previous education but not to meet requirements for an advanced degree.

Health Education (HLHED) Course List (https://bulletins.psu.edu/university-course-descriptions/graduate/hlhed)

Learning Outcomes

1. KNOW. Graduates will be able to assess the needs for, develop and implement health education and promotion programs for diverse target populations.
2. APPLY. Graduates will be able to apply theories and models of health education in the planning and implementation of health education programs.
3. CREATE. Graduates will be able to conduct evaluation and research related to health education.
4. COMMUNICATE. Graduates will be able to communicate and advocate for health and health education.

5. CRITICAL THINKING. Graduates will be able to critically conceptualize strategies, health education and evaluation programs for ethnically, racially, and cultural diverse population.

6. ETHICS. Graduates will be able to apply ethical standards when disseminating health education to the public.

7. PROFESSIONAL PRACTICE. Graduates will demonstrate knowledge of and ability to practice professional standards of health education and professional behaviors.

Contact

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Program Website: View (https://harrisburg.psu.edu/behavioral-sciences-and-education/health-education/master-education-health-education)