PSYCHOLOGICAL AND SOCIAL SCIENCES, B.A.

Begin Campus: Any Penn State Campus
End Campus: Abington

Program Description
Building on the interdisciplinary and cross-disciplinary strengths of Penn State Abington, the Psychological and Social Sciences B.A. is designed to respond to the demand for a program emphasizing the social and behavioral sciences leading to an understanding of human behavior and its influence upon society as well as the influence of social forces on individuals. The program is distinguished by its interdisciplinary and cross-disciplinary coursework and required field experience. The B.A. provides a broad theoretical foundation in social and psychological theory as well as the opportunity to engage in supervised field experience. The major offers students a choice of course clusters focused on specialized areas such as social psychology, developmental studies, organizational behavior and leadership, bio-behavior and diversity, and counseling. The major is designed to prepare students for a variety of career fields including human resources, business administration, mental health, and social work as well as for continued study in graduate or professional school.

What is Psychological and Social Sciences?
Psychological and Social Sciences fosters an understanding of human behavior and its influence on society as well as the impact of social forces on individuals. It includes the disciplines of psychology, sociology, anthropology, and human development and family studies.

You Might Like This Program If...
• You are curious about people's behavior.
• You are interested in knowing why people behave the way they do.
• You possess a keen interest in how culture and society impact individuals.
• You are a critical thinker and want to develop strong research and communication skills.
• You are interested in a career in mental health or counseling, market research, consulting, occupational therapy, or research oriented careers.
• You want to go to graduate school (Masters or Ph.D. level).

MORE INFORMATION ABOUT PSYCHOLOGICAL AND SOCIAL SCIENCES (http://abington.psu.edu/psychological-and-social-sciences)

Degree Requirements
For the Bachelor of Arts degree in Psychological and Social Sciences, a minimum of 121 credits is required:

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>General Education</td>
<td>45</td>
</tr>
<tr>
<td>Electives</td>
<td>5-6</td>
</tr>
</tbody>
</table>

Bachelor of Arts Degree
Requirements
Requirements for the Major 46-47

3 of the 24 credits for Bachelor of Arts Degree Requirements are included in the Requirements for the Major, General Education, or Electives and 0-12 credits are included in Electives if foreign language proficiency is demonstrated by examination.

General Education
Connecting career and curiosity, the General Education curriculum provides the opportunity for students to acquire transferable skills necessary to be successful in the future and to thrive while living in interconnected contexts. General Education aids students in developing intellectual curiosity, a strengthened ability to think, and a deeper sense of aesthetic appreciation. These are requirements for all baccalaureate students and are often partially incorporated into the requirements of a program. For additional information, see the General Education Requirements (http://bulletins.psu.edu/undergraduate/general-education/baccalaureate-degree-general-education-program) section of the Bulletin and consult your academic adviser.

The keystone symbol appears next to the title of any course that is designated as a General Education course. Program requirements may also satisfy General Education requirements and vary for each program.

Foundations (grade of C or better is required.)
• Quantification (GQ): 6 credits
• Writing and Speaking (GWS): 9 credits

Knowledge Domains
• Arts (GA): 6 credits
• Health and Wellness (GHW): 3 credits
• Humanities (GH): 6 credits
• Social and Behavioral Sciences (GS): 6 credits
• Natural Sciences (GN): 9 credits

Integrative Studies (may also complete a Knowledge Domain requirement)
• Inter-Domain or Approved Linked Courses: 6 credits

University Degree Requirements
First Year Engagement
All students enrolled in a college or the Division of Undergraduate Studies at University Park, and the World Campus are required to take 1 to 3 credits of the First-Year Seminar, as specified by their college First-Year Engagement Plan.

Other Penn State colleges and campuses may require the First-Year Seminar; colleges and campuses that do not require a First-Year Seminar provide students with a first-year engagement experience.

First-year baccalaureate students entering Penn State should consult their academic adviser for these requirements.

Cultures Requirement
6 credits are required and may satisfy other requirements
• United States Cultures: 3 credits
• International Cultures: 3 credits
Writing Across the Curriculum
3 credits required from the college of graduation and likely prescribed as part of major requirements.

Total Minimum Credits
A minimum of 120 degree credits must be earned for a baccalaureate degree. The requirements for some programs may exceed 120 credits. Students should consult with their college or department adviser for information on specific credit requirements.

Quality of Work
Candidates must complete the degree requirements for their major and earn at least a 2.00 grade-point average for all courses completed within their degree program.

Limitations on Source and Time for Credit Acquisition
The college dean or campus chancellor and program faculty may require up to 24 credits of course work in the major to be taken at the location or in the college or program where the degree is earned. Credit used toward degree programs may need to be earned from a particular source or within time constraints (see Senate Policy 83-80 (http://senate.psu.edu/policies-and-rules-for-undergraduate-students/82-00-and-83-00-degree-requirements/#83-80)). For more information, check the Suggested Academic Plan for your intended program.

B.A. Degree Requirements
Foreign Language (0-12 credits): Student must attain 12th credit level of proficiency in one foreign language. See the Placement Policy for Penn State Foreign Language Courses (http://bulletins.psu.edu/undergraduate/general-information/academic-information/#advisingandplanningdegreeprogramtext).

B.A. Fields (9 credits): Humanities, Social and Behavioral Sciences, Arts, Foreign Languages, Natural Sciences, Quantification (may not be taken in the area of the student’s primary major; foreign language credits in this category must be in a second foreign language or beyond the 12th credit level of proficiency in the first language)

Other Cultures (0-3 credits): Select 3 credits from approved list. Students may count courses in this category in order to meet other major, minor, elective, or General Education requirements, except for the General Education US/IL requirement.

Requirements for the Major
A grade of C or better is required for all courses in the major. To graduate, a student enrolled in the major must earn at least a C grade in each course designated by the major as a C-required course, as specified by Senate Policy 82-44 (http://senate.psu.edu/policies-and-rules-for-undergraduate-students/82-00-and-83-00-degree-requirements/#82-44).

### Code | Title | Description |
<table>
<thead>
<tr>
<th></th>
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</thead>
<tbody>
<tr>
<td>HDFS 129</td>
<td>Introduction to Human Development and Family Studies</td>
<td>3</td>
</tr>
<tr>
<td>or PSYCH 212</td>
<td>Introduction to Developmental Psychology</td>
<td></td>
</tr>
<tr>
<td>HDFS 312</td>
<td>Empirical Inquiry in Human Development</td>
<td>3-4</td>
</tr>
<tr>
<td>or PSYCH 301</td>
<td>Basic Research Methods in Psychology</td>
<td></td>
</tr>
<tr>
<td>SOC 1</td>
<td>Introductory Sociology</td>
<td>3</td>
</tr>
<tr>
<td>or SOC 5</td>
<td>Social Problems</td>
<td></td>
</tr>
</tbody>
</table>

Select 3 credits of the following:
- ANTH 495 Internship
- HDFS 495A Internship: Advanced Experience
- PSYCH 495 Internship
- SOC 495 Internship

**Supporting Courses and Related Areas**

### Supporting Courses and Related Areas: Require a grade of C or better
Select 6-15 credits of the following HDFS and PSYCH courses:
- HDFS 229 Infant and Child Development
- HDFS 239 Adolescent Development
- HDFS 249
- HDFS 250 Sexual Identity over the Life Span
- HDFS 315 Family Development
- HDFS 432 Developmental Problems in Childhood and Adolescence
- HDFS 445 Developmental Transition to Adulthood
- HDFS 446 Development Throughout Adulthood
- HDFS 468 Biological Bases of Behavioral Development
- PSYCH 211 Introduction to Social Psychology
- PSYCH 281 Introduction to Industrial-Organizational Psychology
- PSYCH 407 Advanced Research Methods in Psychology
- PSYCH 412 Adolescence
- PSYCH 415 Topics in Developmental Psychology
- PSYCH 416 Development Through Adult Life
- PSYCH 420 Advanced Social Psychology
- PSYCH 422 Human Sexuality
- PSYCH 423 Social Psychology of Interpersonal/Intergroup Relationships
- PSYCH 424 Applied Social Psychology
- PSYCH 426 Language and Thought
- PSYCH 438 Personality Theory
- PSYCH 441 Health Psychology
- PSYCH 470 Abnormal Psychology
- PSYCH 478 Clinical Neuropsychology
- PSYCH 479 The Psychology of Gender
- PSYCH 481 Introduction to Clinical Psychology
- PSYCH 484 Work Attitudes and Motivation
- PSYCH 485 Leadership in Work Settings
- PSYCH 496B Special Topics

Select 6-15 credits of the following SOC and ANTH courses:
- ANTH 2N World Archaeology
- ANTH 11 Introductory North American Archaeology
- BBH 301 Values and Ethics in Biobehavioral Health Research and Practice
- HDFS 301 Values and Ethics in Health and Human Development Professions

### Code | Title | Description |
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<th></th>
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</thead>
<tbody>
<tr>
<td>ANTH 45N</td>
<td>Cultural Diversity: A Global Perspective</td>
<td>3</td>
</tr>
<tr>
<td>PSYCH 100</td>
<td>Introductory Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PSYCH 200</td>
<td>Elementary Statistics in Psychology</td>
<td>4</td>
</tr>
</tbody>
</table>

### Additional Courses: Require a grade of C or better

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>BBH 301</td>
<td>Values and Ethics in Biobehavioral Health Research and Practice</td>
<td>3</td>
</tr>
</tbody>
</table>
3. Critical Thinking and Scientific Reasoning
   a. Understand and utilize the scientific method and basic research methods.
   b. Demonstrate critical thinking in the analysis and evaluation of information to distinguish the scientific from the nonscientific.

4. Ethics and Diversity
   a. Evidence knowledge of and appreciation for cultural diversity and relativity in human experience, and for the complexity of human behavior and interactions.
   b. Acquire an ethical lens that applies to concrete professional situations and broader issues in society and culture.

**Academic Advising**

The objectives of the university’s academic advising program are to help advisees identify and achieve their academic goals, to promote their intellectual discovery, and to encourage students to take advantage of both in-and-out of class educational opportunities in order that they become self-directed learners and decision makers.

Both advisers and advisees share responsibility for making the advising relationship succeed. By encouraging their advisees to become engaged in their education, to meet their educational goals, and to develop the habit of learning, advisers assume a significant educational role. The advisee’s unit of enrollment will provide each advisee with a primary academic adviser, the information needed to plan the chosen program of study, and referrals to other specialized resources.

READ SENATE POLICY 32-00: ADVISING POLICY (http://senate.psu.edu/policies-and-rules-for-undergraduate-students/32-00-advising-policy)

**Abington**

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Abington, PA 19001
215-881-7479
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**Suggested Academic Plan**

**Abington Campus**

The course series listed below provides only one of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an Academic Requirements or What If report). Please consult with a Penn State academic advisor on a regular basis to develop and refine an academic plan that is appropriate for you.

**First Year**

<table>
<thead>
<tr>
<th>Fall</th>
<th>Spring</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENGL 15 or 30</td>
<td>3 PSYCH 212 or HDFS 129*</td>
<td>3</td>
</tr>
<tr>
<td>PSYCH 100*</td>
<td>3 World Language level 2</td>
<td>4</td>
</tr>
<tr>
<td>World Language level 1</td>
<td>4 MATH 21 (Based on Math Placement Test)</td>
<td>3</td>
</tr>
<tr>
<td>General Education Course</td>
<td>3 General Education Course</td>
<td>3</td>
</tr>
<tr>
<td>General Education Course</td>
<td>3 General Education Course</td>
<td>3</td>
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<tr>
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<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>Fall</td>
<td>16</td>
</tr>
<tr>
<td>Spring</td>
<td>16</td>
</tr>
</tbody>
</table>

1. Knowledge and Application
   a. Describe key psychological and sociological concepts and theories.
   b. Apply concepts and theories to empirical and real life situations.

2. Effective Communication (Writing and Speaking)
   a. Communicate social scientific knowledge orally in a clear and accurate manner.
   b. Communicate social scientific knowledge in writing in a clear and accurate manner.

**Program Learning Objectives**

| ANTH 22 | ANTH 40 | ANTH 146 | ANTH 197 | ANTH 199 | ANTH 216N | ANTH 321 | ANTH 380 | ANTH 395 | ANTH 448 | SOC 3 | SOC 30 | SOC 35 | SOC 103 | SOC 109 | SOC 110 | SOC 309 | SOC 403 | SOC 405 | SOC 406 | SOC 409 | SOC 416 | SOC 429 | SOC 430 | SOC 455 | SOC 456 | SOC 471 | SOC 497 |
|---------|---------|----------|----------|----------|-----------|----------|----------|----------|----------|-------|-------|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|

Select 0-9 credits of the following other social sciences courses: 0-9

| BBH 302 | BBH 315 | CAS 352 | CAS 415 | CAS 455 | CNEY 404 | COMM 100 | COMM 120 | COMM 411 | EDPSY 14 | WMNST 471 |
|---------|---------|--------|--------|--------|--------|--------|--------|--------|--------|--------|----------|
| Diversity and Health | Gender and Biobehavioral Health | Organizational Communication | Rhetoric of Film and Television | Gender Roles in Communication | Group Procedures in Guidance and Counseling | The Mass Media and Society | Advertising and Society | Cultural Aspects of the Mass Media | Learning and Instruction | The Psychology of Gender |

1 At least 15 credits must be at the 400 level.
## Psychological and Social Sciences, B.A.

### Second Year

<table>
<thead>
<tr>
<th>Fall</th>
<th>Credits</th>
<th>Spring</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYCH 200*</td>
<td>4</td>
<td>4 ANTH 45N* †</td>
<td>3</td>
</tr>
<tr>
<td>World Language level 3</td>
<td>4</td>
<td>PSYCH 301W*</td>
<td>4</td>
</tr>
<tr>
<td>General Education Course</td>
<td>3</td>
<td>ENGL 202A</td>
<td>3</td>
</tr>
<tr>
<td>CAS 100A or 100B</td>
<td>3</td>
<td>SOC 1 or SOC 5*</td>
<td>3</td>
</tr>
<tr>
<td>General Education Course</td>
<td></td>
<td></td>
<td>3</td>
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<tr>
<td><strong>Total Credits</strong></td>
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<td><strong>16</strong></td>
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### Third Year

<table>
<thead>
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<th>Fall</th>
<th>Credits</th>
<th>Spring</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>HDFS 301*</td>
<td>3</td>
<td>Elective (US;IL)</td>
<td>3</td>
</tr>
<tr>
<td>Major Selection 400 level* †</td>
<td>3</td>
<td>Major Selection any level* †</td>
<td>3</td>
</tr>
<tr>
<td>General Education Course</td>
<td>3</td>
<td>Major selection any level* †</td>
<td>3</td>
</tr>
<tr>
<td>General Education Course</td>
<td>3</td>
<td>Bachelor of Arts Requirement</td>
<td>3</td>
</tr>
<tr>
<td>General Education Course (GHW)</td>
<td>3</td>
<td>Humanities (US;IL)</td>
<td>3</td>
</tr>
<tr>
<td><strong>Total Credits</strong></td>
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<td><strong>15</strong></td>
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### Fourth Year

<table>
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<th>Fall</th>
<th>Credits</th>
<th>Spring</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Major Selection 400 level* †</td>
<td>3</td>
<td>XXX 495 Internship* †</td>
<td>3</td>
</tr>
<tr>
<td>Major Selection 400 level* †</td>
<td>3</td>
<td>Major Selection 400 level* †</td>
<td>3</td>
</tr>
<tr>
<td>Bachelor of Arts Requirement</td>
<td>3</td>
<td>Major Selection 400 level* †</td>
<td>3</td>
</tr>
<tr>
<td>Elective (OC)</td>
<td>3</td>
<td>Bachelor of Arts Requirement</td>
<td>3</td>
</tr>
<tr>
<td>General Education</td>
<td>3</td>
<td>Elective</td>
<td>3</td>
</tr>
<tr>
<td><strong>Total Credits</strong></td>
<td><strong>15</strong></td>
<td><strong>15</strong></td>
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</tbody>
</table>

Total Credits 122

* Course requires a grade of C or better for the major
‡ Course requires a grade of C or better for General Education
# Course is an Entrance to Major requirement
† Course satisfies General Education and degree requirement

### Bachelor of Arts Requirements:

Bachelor of Arts students must take 9 credits in Bachelor of Arts (B.A.) Fields (Humanities; Social and Behavioral Sciences; Arts; World Languages [2nd language or beyond the 12th credit level of proficiency in the 1st]; Natural Sciences; Quantification). The B.A. Fields courses may not be taken in the area of the student’s primary major. See your adviser and the Degree Requirements section (http://bulletins.psu.edu/undergraduate/general-information/academic-information) of this Bulletin.

Bachelor of Arts students must take 3 credits in Other Cultures. See your adviser and the full list of courses approved as Other Cultures courses (http://bulletins.psu.edu/undergraduate/general-education/course-lists/ba-other-cultures).

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1 At least 15 of 21 required major selection credits must be at the 400 level.
6-15 credits of major courses are required in courses designated PSYCH and/or HDFS.
6-15 credits of major courses are required in courses designated SOC and/or ANTH.
0-9 credits of major courses are required in courses designated as other Social Sciences from the approved PSS program list.

### Advising Notes

**PSYCH and/or HDFS courses for Major Requirements:**


**SOC and/or ANTH courses for Major Requirements:**


**Other Social Sciences courses for Major Requirements:**

- BB H 302, 315, CAS 352, 415, 455, CN ED 404, 407, EDPSY 014, COMM 100, 120, 411, WMNST 471

Courses cross-listed with the above may be petitioned to meet the 400-level requirement.

### Career Paths

A bachelor of arts degree in Psychological and Social Sciences is designed to prepare students for a variety of career fields including human resources, business administration, mental health, and social work or continued study in graduate and professional schools. The Penn State Abington Center for Career & Professional Development supports and serves students in all areas related to career development and preparation including career counseling and coaching, internships, resume creation, interview training, and job search strategies.

### Careers

With a bachelor of arts degree in Psychological & Social Sciences, you will be prepared for careers in child and geriatric care; counseling, clinical, and social work; education; human resources; marketing/marketing research; occupational therapy; and research.

### Opportunities for Graduate Studies

A baccalaureate degree in Psychological and Social Sciences prepares students to earn graduate degrees in a variety of fields or obtain admission to MBA programs and law schools, among other post-graduate opportunities.

### Contact

**Abington**

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http://abington.psu.edu/psychological-and-social-sciences