

# KINESIOLOGY, B.S. (BERKS)

---

**Begin Campus:** Any Penn State Campus

**End Campus:** Berks

## Program Learning Objectives

1. Students will demonstrate personal, professional, and ethical competency within the discipline of kinesiology.
2. Students will be able to define fundamental processes, theories, and methods in kinesiology including the physiology, psychology, biomechanics, motor control, history, and philosophy of human movement.
3. Students will be able define and demonstrate competency for planning and implementing kinesiology-related health, fitness, performance, and behavior change interventions and programs.
4. Students will be able to perform assessments of physical activity and fitness.
5. Students will demonstrate skills related to thinking critically, evaluating research knowledge and evidence, and analyzing quantitative data.