

KINESIOLOGY, B.S. (BERKS)

Begin Campus: Any Penn State Campus

End Campus: Berks

Suggested Academic Plan

The suggested academic plan(s) listed on this page are the plan(s) that are in effect during the 2021-22 academic year. To access previous years' suggested academic plans, please visit the archive (<https://bulletins.psu.edu/undergraduate/archive/>) to view the appropriate Undergraduate Bulletin edition (*Note: the archive only contain suggested academic plans beginning with the 2018-19 edition of the Undergraduate Bulletin*).

Exercise Science Option - Business Emphasis: Kinesiology, B.S. at Berks Campus

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

Fall	Credits Spring	Credits
ENGL 15 or 30H (GWS) [‡]	3 CAS 100A or 100B (GWS) [‡]	3
MATH 22 (GQ) [‡]	3 STAT 200, 250, or SCM 200 (GQ) [‡]	3-4
NUTR 251 (GHW) ^{**}	3 KINES 100 or 101 [*]	3
BIOL 161 (GN) ^{**}	3 BIOL 163 (GN) ^{**}	3
General Education Course (GA or GH or GS)	3 General Education Course (GA or GH or GS)	3
First-Year Seminar	1	
	16	15-16

Second Year

Fall	Credits Spring	Credits
KINES 100 or 101 [*]	3 ENGL 202C or 202D (GWS) [‡]	3
KINES 202 [*]	3 KINES 200 [*]	3
CHEM 101 or 110 <i>and</i> 111 (CHEM 101 must be taken for 3 credits and is recommended. (GN)) ^{**}	3-4 KINES 201 [*]	3
General Education Course (GA or GH or GS)	3 KINES 260 [*]	3
General Education Course (GA or GH or GS)	3 KINES 295B [*]	1
	KINES 350 [*]	3
	15-16	16

Third Year

Fall	Credits Spring	Credits
KINES 345 [*]	3 KINES 321 [*]	3
KINES 356 [*]	3 KINES 341 [*]	3
KINES 360 [*]	3 KINES 384 [*]	3
ECON 102	3 MGMT 301	3

PHYS 150 or 250 (PHYS 150 Recommended) [*]	3-4 MKTG 301	3
	15-16	15
Fourth Year		
Fall	Credits Spring	Credits
KINES 1 - 99	1.5 KINES 1 - 99	1.5
KINES 358 [*]	1 KINES 495C [*]	4
KINES 420 (or 400 Level Equivalent) [*]	3 KINES 457 [*]	3
KINES 456 [*]	4 KINES 492W [*]	3
ACCTG 211	4 General Education Course (GA or GH or GS)	3
General Education Course (GA or GH or GS)	3	
	16.5	14.5

Total Credits 123-126

- * Course requires a grade of C or better for the major
- ‡ Course requires a grade of C or better for General Education
- # Course is an Entrance to Major requirement
- † Course satisfies General Education and degree requirement

University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy University Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

GWS, GQ, GHW, GN, GA, GH, and GS are abbreviations used to identify General Education program courses. General Education includes Foundations (GWS and GQ) and Knowledge Domains (GHW, GN, GA, GH, GS, and Integrative Studies). Foundations courses (GWS and GQ) require a grade of 'C' or better.

Integrative Studies courses are required for the General Education program. N is the suffix at the end of a course number used to designate an Inter-Domain course and Z is the suffix at the end of a course number used to designate a Linked course.

- 1 The following courses are offered Spring Semester only: KINES 492.
- 2 For students interested in pursuing the Business Minor, the following courses require a grade of C or better: ACCTG 211, ECON 102, MGMT 301, MKTG 301.
- 3 For 400 Level Equivalent, consult adviser for list.

Exercise Science Option - Science Emphasis: Kinesiology, B.S. at Berks Campus

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First Year

Fall	Credits Spring	Credits
ENGL 15 or 30H (GWS) [‡]	3 CAS 100A or 100B (GWS) [‡]	3
MATH 22 (GQ) [‡]	3 STAT 200, 250, or SCM 200 (GQ) [‡]	3-4
NUTR 251 (GHW) ^{*†}	3 KINES 100 or 101 [*]	3
BIOL 161 (GN) ^{*†}	3 BIOL 163 (GN) ^{*†}	3
General Education Course (GA or GH or GS)	3 General Education Course (GA or GH or GS)	3
First-Year Seminar	1	
	16	15-16

Second Year

Fall	Credits Spring	Credits
KINES 100 or 101 [*]	3 ENGL 202C or 202D (GWS) [‡]	3
KINES 202 [*]	3 KINES 200 [*]	3
CHEM 101 or 110 <i>and</i> 111 (CHEM 101 must be taken for 3 credits and is recommended. (GN)) ^{*†}	3-4 KINES 201 [*]	3
General Education Course (GA or GH or GS)	3 KINES 260 [*]	3
General Education Course (GA or GH or GS)	3 KINES 295B [*]	1
	KINES 350 [*]	3
	15-16	16

Third Year

Fall	Credits Spring	Credits
KINES 345 [*]	3 KINES 321 [*]	3
KINES 356 [*]	3 KINES 341 [*]	3
KINES 360 [*]	3 KINES 384 [*]	3
PHYS 150 or 250 [*]	3-4 General Education Course (GA or GH or GS)	3
General Education Course (GA or GH or GS)	3 Emphasis Selection	3
	15-16	15

Fourth Year

Fall	Credits Spring	Credits
KINES 1 - 99	1.5 KINES 1-99	1.5
KINES 358 [*]	1 KINES 457 [*]	3
KINES 420 (or 400 Level Equivalent) [*]	3 KINES 462W [*]	2
KINES 456 [*]	4 KINES 495C [*]	4
KINES 461W [*]	2 Emphasis Selection	3

Emphasis Selection	3 Emphasis Selection	3
	14.5	16.5

Total Credits 123-126

- * Course requires a grade of C or better for the major
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- # Course is an Entrance to Major requirement
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University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy University Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

GWS, GQ, GHW, GN, GA, GH, and GS are abbreviations used to identify General Education program courses. General Education includes Foundations (GWS and GQ) and Knowledge Domains (GHW, GN, GA, GH, GS, and Integrative Studies). Foundations courses (GWS and GQ) require a grade of 'C' or better.

Integrative Studies courses are required for the General Education program. N is the suffix at the end of a course number used to designate an Inter-Domain course and Z is the suffix at the end of a course number used to designate a Linked course.

- 1 The following courses fulfill the Writing Across The Curriculum requirement: KINES 461W & 462W.
- 2 The following courses are offered Fall Semester only: KINES 461W.
- 3 The following courses are offered Spring Semester only: KINES 462W.
- 4 For Emphasis Selection, consult adviser for list.
- 5 For 400 Level Equivalent, consult adviser for list.