PSYCHOLOGY, B.S. (BERKS)

Begin Campus: Any Penn State Campus
End Campus: Berks

Program Description
The Psychology major will combine the knowledge, skills, and values of psychology with a liberal arts foundation. Students should:

- develop a knowledge base consisting of concepts, theory, empirical findings, and trends within psychology;
- understand and apply basic research methods in psychology;
- use critical thinking and the scientific approach to solve problems related to behavior and mental processes;
- apply psychological principles to personal and social issues;
- and be able to understand the gender, sexual orientation, race, ethnicity, culture, and class issues in psychological theory, research, and practice.

Students should also develop information and computer competence, communication skills, and develop realistic ideas about how to implement their psychology education in occupational pursuits in a variety of settings. The major may lead to either a Bachelor of Arts or a Bachelor of Science degree. The B.A. degree incorporates a broad exposure to the many facets of the field of psychology, in addition to the B.A. requirements. The B.S. degree provides the same exposure to the field of psychology and adds options in Science and Business to prepare students for more specific career directions. Students in both degree programs may also prepare for graduate school; research experience with faculty members is encouraged for such students.

What is Psychology?
Psychology is the scientific study of thought, behavior, and experience. Many people associate psychology with psychological therapy and the practice of clinical psychology. There are also many other important areas of scientific psychology, such as cognitive, developmental, industrial/organizational, and social psychology. What these subfields of psychology have in common is the use of the scientific method to understand human behavior and apply that understanding to the development of theory and practice. Psychologists are increasingly making use of neuroscience methods and theories to understand psychological phenomena. As a profession, psychology is related to fields such as health, education, marketing, human resources, social work, and more. The principles of psychology are relevant to almost all areas of human endeavor, and the career paths of psychology students reflect this wealth of possibilities.

You Might Like This Program If...
You are interested in people and in learning to use science to better understand them. As a major, you’ll have opportunities to do research with faculty and to work in career-relevant settings.

MORE INFORMATION ABOUT PSYCHOLOGY (http://altoona.psu.edu/academics/bachelors-degrees/psychology/)

Entrance to Major
In order to be eligible for entrance to this major, a student must:

- attain at least a C (2.00) cumulative grade-point average for all courses taken at the University, and
- have third-semester classification (http://www.registrar.psu.edu/enrollment/semester-classification.cfm).

READ SENATE POLICY 37-30: ENTRANCE TO AND CHANGES IN MAJOR PROGRAMS OF STUDY (https://senate.psu.edu/policies-and-rules-for-undergraduate-students/37-00-entrance-to-a-college-or-major/)

Degree Requirements
For the Bachelor of Science degree in Psychology, a minimum of 124 credits is required:

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>General Education</td>
<td>45</td>
</tr>
<tr>
<td>Electives</td>
<td>14-18</td>
</tr>
<tr>
<td>Requirements for the Major</td>
<td>65</td>
</tr>
<tr>
<td>0-4 of the 45 credits for General Education are included in the Requirements for the Major. This includes 0-4 credits of General Education GQ courses.</td>
<td></td>
</tr>
</tbody>
</table>

Requirements for the Major
A grade of C or better is required for all courses in the major. To graduate, a student enrolled in the major must earn at least a C grade in each course designated by the major as a C-required course, as specified by Senate Policy 82-44 (http://senate.psu.edu/policies-and-rules-for-undergraduate-students/82-00-and-83-00-degree-requirements/#82-44).

Common Requirements for the Major (All Options)
<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Prescribed Courses: Require a grade of C or better</td>
<td></td>
</tr>
<tr>
<td>PSYCH 100</td>
<td>Introductory Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PSYCH 301W</td>
<td>Basic Research Methods in Psychology</td>
<td>4</td>
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<tr>
<td></td>
<td>Additional Courses: Require a grade of C or better</td>
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</tr>
<tr>
<td>PSYCH 200</td>
<td>Elementary Statistics in Psychology</td>
<td>4</td>
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<tr>
<td>or STAT 200</td>
<td>Elementary Statistics</td>
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<tr>
<td></td>
<td>Select 18 credits of the following, with a minimum of 3 credits from each of the following six categories:</td>
<td>18</td>
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<tr>
<td></td>
<td>Learning and Cognition</td>
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</tr>
<tr>
<td>PSYCH 256</td>
<td>Introduction to Cognitive Psychology</td>
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<tr>
<td>PSYCH 261</td>
<td>Introduction to Psychology of Learning</td>
<td></td>
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<tr>
<td>PSYCH 268</td>
<td>Animal Minds</td>
<td></td>
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<tr>
<td>PSYCH 426</td>
<td>Language and Thought</td>
<td></td>
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<tr>
<td>PSYCH 427</td>
<td>L1 Acquisition</td>
<td></td>
</tr>
<tr>
<td>PSYCH 452</td>
<td>Learning and Memory</td>
<td></td>
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<tr>
<td>PSYCH 456</td>
<td>Advanced Cognitive Psychology</td>
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<tr>
<td>PSYCH 457</td>
<td>Psychology of Language</td>
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<td>PSYCH 458</td>
<td>Visual Cognition</td>
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<td>PSYCH 459</td>
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<tr>
<td>PSYCH 461</td>
<td>Advanced Conditioning and Learning</td>
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<tr>
<td>PSYCH 221</td>
<td>Introduction to Social Psychology</td>
<td></td>
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<tr>
<td>PSYCH 231</td>
<td>Introduction to the Psychology of Gender</td>
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<td>PSYCH 232</td>
<td>Cross-Cultural Psychology</td>
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</table>
Psychology, B.S. (Berks)

PSYCH 238  Introduction to Personality Psychology
PSYCH 419  Psychology and a Sustainable World
PSYCH 420  Advanced Social Psychology
PSYCH 421  Self and Social Judgment
PSYCH 423  Social Psychology of Interpersonal/Intergroup Relationships
PSYCH 424  Applied Social Psychology
PSYCH 432  Multicultural Psychology in America
PSYCH 438  Personality Theory
PSYCH 479  The Psychology of Gender

Biological Bases of Behavior
PSYCH 253  Introduction to Psychology of Perception
PSYCH 260  Neurological Bases of Human Behavior
PSYCH 269  Evolutionary Psychology
PSYCH 441  Health Psychology
PSYCH 460  Comparative Psychology
PSYCH 462  Physiological Psychology
PSYCH 464  Behavior Genetics
PSYCH 475  Psychology of Fear and Stress
PSYCH 478  Clinical Neuropsychology

Developmental Psychology
PSYCH 212  Introduction to Developmental Psychology
PSYCH 410  Child Development
PSYCH 412  Adolescence
PSYCH 413  Cognitive Development
PSYCH 414  Social and Personality Development
PSYCH 415  Topics in Developmental Psychology
PSYCH 416/ HDFS 445  Development Throughout Adulthood
PSYCH 474  Psychological Intervention in Childhood

Applied and Clinical Psychology
PSYCH 243  Introduction to Well-being and Positive Psychology
PSYCH 244  Introduction to the Psychology of Human Factors Engineering
PSYCH 270  Introduction to Abnormal Psychology
PSYCH 281  Introduction to Industrial-Organizational Psychology
PSYCH 370  Psychology of the Differently-Abled
PSYCH 404  Principles of Measurement
PSYCH 408  Program Evaluation
PSYCH 443  Treatment and Education in Developmental Disabilities
PSYCH 444  Engineering Psychology
PSYCH 445  Forensic Psychology
PSYCH 470  Abnormal Psychology
PSYCH 471  Psychology of Adjustment and Social Relationships
PSYCH 473  Behavior Modification
PSYCH 476  Child Psychopathology
PSYCH 477  Mental Health Practicum with Children
PSYCH 481  Introduction to Clinical Psychology
PSYCH 482  Selection and Assessment in Organizations
PSYCH 484  Work Attitudes and Motivation
PSYCH 485  Leadership in Work Settings

Capstone Experience
PSYCH 439  History and Systems of Psychology
PSYCH 490  Senior Seminar in Psychology
PSYCH 493  Senior Thesis
PSYCH 494  Research Projects
PSYCH 495  Internship
PSYCH 496  Independent Studies

Select 12 credits of additional Psychology courses from any offered for a total of 30 credits of Psychology courses beyond PSYCH 100 and PSYCH 301W

Requirements for the Option
Requirements for the Option: Require a grade of C or better
Select an option

1  Must select at least 15 credits at the 400-level.

Requirements for the Option
Science Option (24 credits)
Available at the following campuses: Altoona, Beaver, Berks, Brandywine, Fayette, Greater Allegheny, Hazleton, Lehigh Valley, Mont Alto, New Kensington, Schuylkill, Scranton, York

Code  Title  Credits

Additional Courses
Additional Courses: Require a grade of C or better
Select 15 credits of the following:

15

ANTH 21  Introductory Biological Anthropology
ANTH 22  Humans as Primates
BBH 101  Introduction to Biobehavioral Health
Any BIOL course
Any CHEM course
Any MICRB course
Any PHYS course

Supporting Courses
Supporting Courses: Require a grade of C or better
Select 6 credits in natural sciences/quantification from department list

6

Select 3 credits in social and behavioral sciences from department list

3

Business Option (24 credits)
Available at the following campuses: Altoona, Beaver, Berks, Brandywine, Fayette, Greater Allegheny, Hazleton, Lehigh Valley, Mont Alto, New Kensington, Schuylkill, Scranton, York

Code  Title  Credits

Additional Courses
Additional Courses: Require a grade of C or better
Select 15 credits of the following:

15

Any ACCTG course
BA 100  Introduction to Business
BA 241  Legal Environment of Business
& BA 242 or BA 243  Social and Ethical Environment of Business
Any ECON course
First-year baccalaureate students entering Penn State should consult their academic adviser for these requirements.

**Cultures Requirement**
6 credits are required and may satisfy other requirements
- United States Cultures: 3 credits
- International Cultures: 3 credits

**Writing Across the Curriculum**
3 credits required from the college of graduation and likely prescribed as part of major requirements.

**Total Minimum Credits**
A minimum of 120 degree credits must be earned for a baccalaureate degree. The requirements for some programs may exceed 120 credits. Students should consult with their college or department adviser for information on specific credit requirements.

**Quality of Work**
Candidates must complete the degree requirements for their major and earn at least a 2.00 grade-point average for all courses completed within their degree program.

**Limitations on Source and Time for Credit Acquisition**
The college dean or campus chancellor and program faculty may require up to 24 credits of course work in the major to be taken at the location or in the college or program where the degree is earned. Credit used toward degree programs may need to be earned from a particular source or within time constraints (see Senate Policy 83-80 (http://senate.psu.edu/policies-and-rules-for-undergraduate-students/82-00-and-83-00-degree-requirements/#83-80)). For more information, check the Suggested Academic Plan for your intended program.

**Academic Advising**
The objectives of the university’s academic advising program are to help advisees identify and achieve their academic goals, to promote their intellectual discovery, and to encourage students to take advantage of both in-and out-of class educational opportunities in order that they become self-directed learners and decision makers.

Both advisers and advisees share responsibility for making the advising relationship succeed. By encouraging their advisees to become engaged in their education, to meet their educational goals, and to develop the habit of learning, advisers assume a significant educational role. The advisee’s unit of enrollment will provide each advisee with a primary academic adviser, the information needed to plan the chosen program of study, and referrals to other specialized resources.

READ SENATE POLICY 32-00: ADVISING POLICY (https://senate.psu.edu/policies-and-rules-for-undergraduate-students/32-00-advising-policy/)

**Berks**
Erin Johnson, Ph.D.
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610-396-6143
BKPsciology@psu.edu

**Altoona**
Brad Pinter
Associate Professor of Psychology, Department Chair
Suggested Academic Plan

The suggested academic plan(s) listed on this page are the plan(s) that are in effect during the 2022-23 academic year. To access previous years’ suggested academic plans, please visit the archive (https://bulletins.psu.edu/undergraduate/archive/) to view the appropriate Undergraduate Bulletin edition (Note: the archive only contains suggested academic plans beginning with the 2018-19 edition of the Undergraduate Bulletin).

Science Option: Psychology, B.S. at Berks Campus

The course series listed below provides only one of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an Academic Requirements or What If report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

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<thead>
<tr>
<th>First Year</th>
<th>Fall</th>
<th>Credits</th>
<th>Spring</th>
<th>Credits</th>
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<td>ENGL 15 or 30H (GWS)‡</td>
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<td>CAS 100A or 100B (GWS)‡</td>
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<tr>
<td>General Education Course (GQ)‡</td>
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<td>200 Level PSYCH Selection*</td>
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<td>Course</td>
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<td>Spring</td>
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<td>First-Year Seminar</td>
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<td><strong>Total Credits</strong></td>
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**Second Year**

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<tr>
<th>Course</th>
<th>Fall</th>
<th>Spring</th>
<th>Credits</th>
<th>Credits</th>
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<tbody>
<tr>
<td>200 Level PSYCH Selection*</td>
<td>3</td>
<td>ENGL 202A (GWS)†</td>
<td>3</td>
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<tr>
<td>Option Requirement - Science Selection‡</td>
<td>3</td>
<td>PSYCH 200 or STAT 200 (GQ)†</td>
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<tr>
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<td>200 Level PSYCH Selection*</td>
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<tr>
<td>General Education Course (GN or GA or GH or GS)</td>
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<td>Option Requirement - Science Selection‡</td>
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**Third Year**

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<td>PSYCH 301W*</td>
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<td>400 Level PSYCH Selection*</td>
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<tr>
<td>400 Level PSYCH Selection*</td>
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<td>Option Requirement - Science Selection‡</td>
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<tr>
<td>Option Requirement - Science Selection‡</td>
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<td>Elective</td>
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<tr>
<td><strong>Total Credits</strong></td>
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**Fourth Year**

<table>
<thead>
<tr>
<th>Course</th>
<th>Fall</th>
<th>Spring</th>
<th>Credits</th>
<th>Credits</th>
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<tbody>
<tr>
<td>400 Level PSYCH Selection*</td>
<td>3</td>
<td>400 Level PSYCH Selection (Capstone Experience)</td>
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<tr>
<td>400 Level PSYCH Selection*</td>
<td>3</td>
<td>Supporting Course Selection - Natural Sciences or Quantification†</td>
<td>3</td>
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</tr>
<tr>
<td>Supporting Course Selection - Natural Sciences or Quantification†</td>
<td>3</td>
<td>Supporting Course Selection - Social &amp; Behavioral Sciences†</td>
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<td></td>
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<tr>
<td>Elective</td>
<td>3</td>
<td>Elective</td>
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<td><strong>Total Credits</strong></td>
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</table>

* Course requires a grade of C or better for the major
‡ Course requires a grade of C or better for General Education
# Course is an Entrance to Major requirement
† Course satisfies General Education and degree requirement

**States (US) Cultures, and three (3) credits of International (IL) Cultures. Consult adviser for details.**

2 The following courses are offered Fall Semester only: PSYCH 301W.
3 The following courses are offered Spring Semester only: ENGL 202A.
4 For 200 Level PSYCH Selection and 400 Level PSYCH Selection, students must take 30 credits in PSYCH. Among these, students must take at least 15 credits at the 400 level and at least 3 credits in each of the following six (6) categories: Applied and Clinical Psychology, Biological Bases of Behavior, Developmental Psychology, Learning and Cognition, Social and Personality Psychology, Capstone Experience. Consult adviser for list.
5 For Option Requirement - Science Selection, consult adviser for list.
6 For Supporting Course Selection - Natural Sciences or Quantification, consult adviser for list.
7 For Supporting Course Selection - Social & Behavioral Sciences, consult adviser for list.

**University Requirements and General Education Notes:**

US and IL are abbreviations used to designate courses that satisfy University Requirements (United States and International Cultures). W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

GWS, GQ, GHW, GN, GA, GH, and GS are abbreviations used to identify General Education program courses. General Education includes Foundations (GWS and GQ) and Knowledge Domains (GHW, GN, GA, GH, GS, and Integrative Studies). Foundations courses (GWS and GQ) require a grade of ‘C’ or better.

Integrative Studies courses are required for the General Education program. N is the suffix at the end of a course number used to designate an Inter-Domain course and Z is the suffix at the end of a course number used to designate a Linked course.

For General Education Course notations, please be sure to include six (6) credits of Inter-Domain (N courses), three (3) credits of United States (US) Cultures, and three (3) credits of International (IL) Cultures. Consult adviser for details.
### Business Option: Psychology, B.S. at Berks Campus

The course series listed below provides only one of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an Academic Requirements or What If Report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

#### First Year

<table>
<thead>
<tr>
<th>Semester</th>
<th>Credits</th>
<th>Spring</th>
<th>Fall</th>
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<tbody>
<tr>
<td>Fall</td>
<td>3</td>
<td>ENGL 15 or 30H (GWS)‡</td>
<td>3 CAS 100A or 100B (GWS)‡</td>
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<td>3 200 Level PSYCH Selection *1</td>
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#### Second Year

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<th>Semester</th>
<th>Credits</th>
<th>Spring</th>
<th>Fall</th>
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<td>Fall</td>
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<td>200 Level PSYCH Selection *1</td>
<td>3 ENGL 202A (GWS)‡</td>
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<td>Option Requirement - Business Selection *2</td>
<td>3 PSYCH 200 or STAT 200 (GQ)‡</td>
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<td>3 Option Requirement - Business Selection *2</td>
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#### Third Year

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<th>Credits</th>
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<th>Fall</th>
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<tbody>
<tr>
<td>Fall</td>
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<td>PSYCH 301W*4</td>
<td>4 200 Level PSYCH Selection *1</td>
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<td>3 400 Level PSYCH Selection *1</td>
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<td>3 Option Requirement - Business Selection *2</td>
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#### Fourth Year

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<th>Semester</th>
<th>Credits</th>
<th>Spring</th>
<th>Fall</th>
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<tbody>
<tr>
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<td>400 Level PSYCH Selection *1</td>
<td>3 400 Level PSYCH Selection (Capstone Experience) *1</td>
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<td>400 Level PSYCH Selection *1</td>
<td>3 Supporting Course Selection - Natural Sciences or Quantification *5</td>
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### Supporting Course Selection

- Natural Sciences or Quantification *5
- Social & Behavioral Sciences *5

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<th>Credits</th>
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<th>Fall</th>
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### Total Credits 126

* Course requires a grade of C or better for the major
† Course requires a grade of C or better for General Education
‡ Course is an Entrance to Major requirement
§ Course satisfies General Education and degree requirement

1. For General Education Course notations, please be sure to include six (6) credits of Inter-Domain (N courses), three (3) credits of United States (US) Cultures, and three (3) credits of International (IL) Cultures. Consult adviser for details.
2. The following courses are offered Fall Semester only: PSYCH 301W.
3. The following courses are offered Spring Semester only: ENGL 202A.
4. For 200 Level PSYCH Selection and 400 Level PSYCH Selection, students must take 30 credits in PSYCH. Among these, students must take at least 15 credits at the 400 level and at least 3 credits in each of the following six (6) categories: Applied and Clinical Psychology, Biological Bases of Behavior, Developmental Psychology, Learning and Cognition, Social and Personality Psychology, Capstone Experience. Consult adviser for list.
5. For Option Requirement - Business Selection, consult adviser for list.
6. For Supporting Course Selection - Natural Sciences or Quantification, consult adviser for list.
7. For Supporting Course Selection - Social & Behavioral Sciences, consult adviser for list.

### University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy University Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

GWS, GQ, GHW, GN, GA, GH, and GS are abbreviations used to identify General Education program courses. General Education includes Foundations (GWS and GQ) and Knowledge Domains (GHW, GN, GA, GH, GS, and Integrative Studies). Foundations courses (GWS and GQ) require a grade of ‘C’ or better.

Integrative Studies courses are required for the General Education program. N is the suffix at the end of a course number used to designate an Inter-Domain course and Z is the suffix at the end of a course number used to designate a Linked course.

### Career Paths

Graduates of our program enter the workforce or pursue additional education in a variety of programs, including both Master’s and PhD programs in experimental, counseling, school, and clinical psychology.

**MORE INFORMATION ABOUT POTENTIAL CAREER OPTIONS FOR GRADUATES OF THE PSYCHOLOGY PROGRAM** (http://altoona.psu.edu/academics/bachelors-degrees/psychology/handbook/)
MORE INFORMATION ABOUT OPPORTUNITIES FOR GRADUATE STUDIES
(http://altoona.psu.edu/academics/bachelors-degrees/psychology/handbook/)

Professional Resources
- American Psychology Association (https://www.apa.org/)
- Association for Psychological Science (https://www.psychologicalscience.org/)
- Psi Chi (https://www.psichi.org/)

Contact

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https://york.psu.edu/academics/baccalaureate/psychology (https://york.psu.edu/academics/baccalaureate/psychology/)