REHABILITATION AND HUMAN SERVICES, B.S. (BERKS)

Begin Campus: Any Penn State Campus

End Campus: Berks

Program Description
This major helps prepare students for entry-level positions in a variety of human service settings, particularly settings that provide services to persons with physical, emotional, or mental disabilities. Graduates pursue employment in a variety of settings including rehabilitation centers, drug and alcohol programs, senior citizen centers, community mental health programs, programs for people with intellectual disabilities, corrections systems, and hospitals.

Increasing opportunities are available in private for-profit insurance programs for the industrially injured, and in employee assistance programs within business and industry. Well-planned use of electives and internships allows for specialization. The full-semester (15-credit) internship is provided under the supervision of professionals in human service agencies. These intensive "hands-on" experiences are frequently avenues for employment since the internship is completed during the senior year. Students may not go on internship until they have successfully completed all other course work. Students are encouraged to participate in volunteer experiences that provide opportunities to work with people with disabilities. Students are encouraged to declare a minor in a related area and should be discussed with the student's adviser. The major also helps prepare students for graduate study in many human service professional disciplines such as rehabilitation counseling, school counseling, occupational therapy, physical therapy and social work.

You Might Like This Program If...
You enjoy learning about human development, diversity, health and disability, treatment interventions, advocating and working directly with people, and solving individual problems using applied interpersonal skills.

Entrance to Major
Baccalaureate degree candidates must have a minimum 2.0 GPA to be admitted to the Rehabilitation and Human Services (RHS) major; thereafter, students must earn a C or better in all RHS required courses.

Degree Requirements
For the Bachelor of Science degree in Rehabilitation and Human Services, a minimum of 120 credits is required:

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>General Education</td>
<td>45</td>
</tr>
<tr>
<td>Electives</td>
<td>17-20</td>
</tr>
<tr>
<td>Requirements for the Major</td>
<td>70-72</td>
</tr>
</tbody>
</table>

12-14 of the 45 credits for General Education are included in the Requirements for the Major. This includes: 6 credits of GS courses; 3-4 credits of QQ courses; 3-4 credits of GN courses.

Requirements for the Major
To graduate, a student enrolled in the major must earn a grade of C or better in each course designated by the major as a C-required course, as specified by Senate Policy 82-44 (http://senate.psu.edu/policies-and-rules-for-undergraduate-students/82-00-and-83-00-degree-requirements/#82-44).

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYCH 100</td>
<td>Introductory Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PSYCH 270</td>
<td>Introduction to Abnormal Psychology</td>
<td>3</td>
</tr>
<tr>
<td>SOC 1</td>
<td>Introductory Sociology</td>
<td>3</td>
</tr>
<tr>
<td>SOC 119N</td>
<td>Race, Ethnicity and Culture</td>
<td>4</td>
</tr>
<tr>
<td>RHS 100</td>
<td>Introduction to Disability Culture</td>
<td>3</td>
</tr>
<tr>
<td>RHS 300</td>
<td>Introduction to Rehabilitation and Human Services</td>
<td>3</td>
</tr>
<tr>
<td>RHS 301</td>
<td>Introduction to Counseling as a Profession</td>
<td>3</td>
</tr>
<tr>
<td>RHS 302</td>
<td>Client Assessment in Rehabilitation and Human Services</td>
<td>3</td>
</tr>
<tr>
<td>RHS 303</td>
<td>Group Work in Rehabilitation Practice and Human Services</td>
<td>3</td>
</tr>
<tr>
<td>RHS 400W</td>
<td>Case Management and Communication Skills</td>
<td>3</td>
</tr>
<tr>
<td>RHS 401</td>
<td>Community Mental Health Practice and Services</td>
<td>3</td>
</tr>
<tr>
<td>RHS 402</td>
<td>Children and Families in Rehabilitation Settings and Human Services</td>
<td>3</td>
</tr>
<tr>
<td>RHS 403</td>
<td>Medical Aspects of Disability</td>
<td>3</td>
</tr>
<tr>
<td>RHS 495A</td>
<td>Rehabilitation and Human Services Internship</td>
<td>15</td>
</tr>
</tbody>
</table>

Additional Courses
Select one of the following: 3
  - EDPSY 10 Individual Differences and Education
  - HDFS 239 Adolescent Development
  - PSYCH 212 Introduction to Developmental Psychology

Select 3-4 credits of the following: 3-4
  - ANTH 21 Introductory Biological Anthropology
  - BIOL 110 Biology: Basic Concepts and Biodiversity
  - BIOL 133 Genetics and Evolution of the Human Species
  - BIOL 141 Introduction to Human Physiology
  - BISC 1 Structure and Function of Organisms
  - BISC 2 Genetics, Ecology, and Evolution
  - BISC 3 Environmental Science
  - BISC 4 Human Body: Form and Function

Select one of the following: 3-4
  - EDPSY 101 Analysis and Interpretation of Statistical Data in Education
  - STAT 100 Statistical Concepts and Reasoning
  - STAT 200 Elementary Statistics

Supporting Courses and Related Areas
Select 6 credits from CRIM, BBH, HDFS, KINES, PSYCH, or SOC

General Education
Connecting career and curiosity, the General Education curriculum provides the opportunity for students to acquire transferable skills necessary to be successful in the future and to thrive while living in interconnected contexts. General Education aids students in developing intellectual curiosity, a strengthened ability to think, and a deeper sense of aesthetic appreciation. These are requirements for all baccalaureate students and are often partially incorporated into the requirements of a program. For additional information, see the General Education
Requirements (https://bulletins.psu.edu/undergraduate/general-education/baccalaureate-degree-general-education-program/) section of the Bulletin and consult your academic adviser.

The Keystone symbol appears next to the title of any course that is designated as a General Education course. Program requirements may also satisfy General Education requirements and vary for each program.

**Foundations (grade of C or better is required.)**
- Quantification (GQ): 6 credits
- Writing and Speaking (GWS): 9 credits

**Knowledge Domains**
- Arts (GA): 6 credits
- Health and Wellness (GHW): 3 credits
- Humanities (GH): 6 credits
- Social and Behavioral Sciences (GS): 6 credits
- Natural Sciences (GN): 9 credits

**Integrative Studies (may also complete a Knowledge Domain requirement)**
- Inter-Domain or Approved Linked Courses: 6 credits

**University Degree Requirements**

**First Year Engagement**
All students enrolled in a college or the Division of Undergraduate Studies at University Park, and the World Campus are required to take 1 to 3 credits of the First-Year Seminar, as specified by their college First-Year Engagement Plan.

Other Penn State colleges and campuses may require the First-Year Seminar; colleges and campuses that do not require a First-Year Seminar provide students with a first-year engagement experience.

First-year baccalaureate students entering Penn State should consult their academic adviser for these requirements.

**Cultures Requirement**
6 credits are required and may satisfy other requirements
- United States Cultures: 3 credits
- International Cultures: 3 credits

**Writing Across the Curriculum**
3 credits required from the college of graduation and likely prescribed as part of major requirements.

**Total Minimum Credits**
A minimum of 120 degree credits must be earned for a baccalaureate degree. The requirements for some programs may exceed 120 credits. Students should consult with their college or department adviser for information on specific credit requirements.

**Quality of Work**
Candidates must complete the degree requirements for their major and earn at least a 2.00 grade-point average for all courses completed within their degree program.

**Limitations on Source and Time for Credit Acquisition**
The college dean or campus chancellor and program faculty may require up to 24 credits of course work in the major to be taken at the location or in the college or program where the degree is earned. Credit used toward degree programs may need to be earned from a particular source or within time constraints (see Senate Policy 83-80 (http://senate.psu.edu/policies-and-rules-for-undergraduate-students/82-00-and-83-00-degree-requirements/#83-80)). For more information, check the Suggested Academic Plan for your intended program.

**Program Learning Objectives**

- **Communication Skills:**
  - Produce lucid documents, deliver effective presentations, communicate effectively in a professional manner, and possess effective group-facilitation skills.
  - Build and use effective teamwork skills and understand cultural diversity within professional ranks.

- **Content Knowledge:**
  - Accomplish mastery in theoretical models of disability, definitions of disability, barriers present to people with disabilities, systemic challenges and economic disadvantages caused by disability, effects on employment on disabled individuals, and the effects of trauma.
  - Demonstrate working knowledge of vocational rehabilitation systems, centers for independent living, transition programs, substance abuse and addiction treatment programs, and other community-based support programs.
  - Demonstrate knowledge of discrimination against disabled individuals, legislative efforts to curtail such discrimination and an understanding of advocacy techniques and resources.

- **Professional Skills:**
  - Understand the professional, ethical, and social responsibilities of their professional actions, and produce evidence of valuing diversity.
  - Demonstrate a working knowledge of ethical codes, malpractice, and the appropriate federal and state regulations.

- **Thinking Skills:**
  - Apply the appropriate principles for community inclusion and integration including, but not limited to, rehabilitation philosophy, client exploration on resources, and collaboration with agencies and related professionals.

**Academic Advising**
The objectives of the university’s academic advising program are to help advisees identify and achieve their academic goals, to promote their intellectual discovery, and to encourage students to take advantage of both in-and out-of-class educational opportunities in order that they become self-directed learners and decision makers.

Both advisers and advisees share responsibility for making the advising relationship succeed. By encouraging their advisees to become engaged in their education, to meet their educational goals, and to develop the habit of learning, advisers assume a significant educational role. The advisee’s unit of enrollment will provide each advisee with a primary academic adviser, the information needed to plan the chosen program of study, and referrals to other specialized resources.

READ SENATE POLICY 32-00: ADVISING POLICY (https://senate.psu.edu/policies-and-rules-for-undergraduate-students/32-00-advising-policy/)

**Berks**
Erin Johnson
Program Coordinator, Assistant Professor
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Reading, PA 19610
610-396-6143
Suggested Academic Plan

The suggested academic plan(s) listed on this page are the plan(s) that are in effect during the 2022-23 academic year. To access previous years’ suggested academic plans, please visit the archive (https://bulletins.psu.edu/undergraduate/archive/) to view the appropriate Undergraduate Bulletin edition (Note: the archive only contains suggested academic plans beginning with the 2018-19 edition of the Undergraduate Bulletin).

Rehabilitation and Human Services, B.S. at Berks Campus

The course series listed below provides only one of the many possible ways to move through this curriculum. The University may change policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an Academic Requirements or What If report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

<table>
<thead>
<tr>
<th>Fall</th>
<th>Credits</th>
<th>Spring</th>
<th>Credits</th>
</tr>
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<tbody>
<tr>
<td>ENGL 15 or 30H (GWS)‡</td>
<td>3</td>
<td>CAS 100A or 100B (GWS)‡</td>
<td>3</td>
</tr>
<tr>
<td>General Education Course (GQ)‡</td>
<td>3</td>
<td>STAT 100 or 200 (GQ)‡</td>
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<tr>
<td>PSYCH 100 (GS)†</td>
<td>3</td>
<td>SOC 1 (GS)†</td>
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</tr>
<tr>
<td>General Education Course (GN or GA or GH)</td>
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<td>General Education Course (GN or GA or GH)</td>
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<td>General Education Course (GN or GA or GH)</td>
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Second Year

<table>
<thead>
<tr>
<th>Fall</th>
<th>Credits</th>
<th>Spring</th>
<th>Credits</th>
</tr>
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<tbody>
<tr>
<td>RHS 100</td>
<td>3</td>
<td>ENGL 202A, 202B, 202C, or 2020 (GWS)‡</td>
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<tr>
<td>PSYCH 212</td>
<td>3</td>
<td>SOC 119N</td>
<td>3</td>
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<tr>
<td>BISC 3, 4, BIOL 110, or BIOL 141 (GN)†</td>
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<td>General Education Course (GN or GA or GH)</td>
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<td>General Education Course (GN or GA or GH)</td>
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<td>15-16</td>
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Third Year

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<thead>
<tr>
<th>Fall</th>
<th>Credits</th>
<th>Spring</th>
<th>Credits</th>
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<tbody>
<tr>
<td>RHS 300*</td>
<td>3</td>
<td>RHS 302*</td>
<td>3</td>
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<tr>
<td>RHS 301†</td>
<td>3</td>
<td>RHS 400W (Course fulfills the Writing Across The Curriculum Requirement.)*</td>
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<tr>
<td>RHS 303*</td>
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<td>RHS 401†</td>
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<tr>
<td>PSYCH 270</td>
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<td>Supporting Course Selection</td>
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<tr>
<td>Elective</td>
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<td>BBH Selection†</td>
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Fourth Year

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<tr>
<th>Fall</th>
<th>Credits</th>
<th>Spring</th>
<th>Credits</th>
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<tbody>
<tr>
<td>RHS 402*</td>
<td>3</td>
<td>RHS 495A*</td>
<td>15</td>
</tr>
<tr>
<td>RHS 403*</td>
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<tr>
<td>Supporting Course Selection (RHS 497 recommended)</td>
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<tr>
<td>Elective</td>
<td>3</td>
<td></td>
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</tr>
<tr>
<td>Elective</td>
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</tbody>
</table>

Total Credits 121-123

* Course requires a grade of C or better for the major
† Course requires a grade of C or better for General Education
# Course is an Entrance to Major requirement
‡ Course satisfies General Education and degree requirement

† For General Education Course notations, please be sure to include six (6) credits of Inter-Domain (N courses), three (3) credits of United
States (US) Cultures, and three (3) credits of International (IL) Cultures. Consult adviser for details.

2 The following courses are offered Fall Semester only: RHS 100, RHS 300, RHS 301, RHS 303, RHS 402, RHS 403.

3 The following courses are offered Spring Semester only: ENGL 202B, RHS 302, RHS 400W, RHS 401, RHS 495A.

4 For Supporting Course Selection, students must complete six (6) credits from the following: BBH, CRIMJ, HDFS, KINES, PSYCH, or SOC. Consult adviser for details.

5 For BBH Selection, students are encouraged to complete one (1) BBH course which will double-count for their General Education - Health & Wellness (GHW) requirement. Consult adviser for details.

University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy University Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

GWS, GQ, GHW, GN, GA, GH, and GS are abbreviations used to identify General Education program courses. General Education includes Foundations (GWS and GQ) and Knowledge Domains (GHW, GN, GA, GH, GS, and Integrative Studies). Foundations courses (GWS and GQ) require a grade of ‘C’ or better.

Integrative Studies courses are required for the General Education program. N is the suffix at the end of a course number used to designate an Inter-Domain course and Z is the suffix at the end of a course number used to designate a Linked course.

Career Paths

The RHS major provides excellent preparation specifically for graduate programs leading to professions such as occupational therapy, counseling, social work, and physical therapy. Advising of courses outside the major for electives are provided in order to enhance competitiveness of graduate school applications.

MORE INFORMATION ABOUT RHS SPECIAL INTEREST AREAS (https://ed.psu.edu/rehabilitation-human-services-bs/)

Careers

RHS allows students to pursue a variety of employment options as case workers and direct service providers in alcohol and other drug treatment centers, correctional facilities, mental health agencies, private non-profit rehabilitation centers, private-for-profit rehabilitation agencies, human resources, programs for children and youth, programs for older adults, public welfare agencies, rehabilitation hospitals, schools, social service agencies, and vocational rehabilitation programs.

MORE INFORMATION ABOUT POTENTIAL CAREER OPTIONS FOR GRADUATES OF THE REHABILITATION AND HUMAN SERVICES PROGRAM (https://ed.psu.edu/rehabilitation-human-services-bs/)

Opportunities for Graduate Studies

To prepare students for graduate studies, students can work with faculty on independent studies and can petition to take graduate courses within the department. For qualified students, we also offer the Schreyer Honors Program (https://www.shc.psu.edu/).

MORE INFORMATION ABOUT OPPORTUNITIES FOR GRADUATE STUDIES (https://ed.psu.edu/rehabilitation-human-services-bs/)

Accreditation

The College of Education educator preparation program is currently accredited at the Initial Level by the Council for the Accreditation of Education Preparation (CAEP) and will receive its advanced level accreditation decision in Fall 2022. The next full CAEP review will be Fall 2026. CAEP advances excellence in educator preparation through evidence-based accreditation that assures quality and supports continuous improvement to strengthen P-12 student learning.

MORE INFORMATION ABOUT ACCREDITATION OF THE REHABILITATION AND HUMAN SERVICES PROGRAM (https://ed.psu.edu/about/accreditations/)

Contact

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