

PENN STATE HARRISBURG, THE CAPITAL COLLEGE

Resources

Advising Center

The Lambert Undergraduate Advising Center coordinates academic advising for all lower division students and is home to the Division of Undergraduate Studies, an enrollment unit for students who want to explore the University's academic opportunities before selecting a field of study.

MORE INFORMATION ABOUT THE ADVISING CENTER (<https://harrisburg.psu.edu/advising-center/>)

Athletics (Intercollegiate)

The college offers students exemplary athletic programs that help develop quality standards of academic achievement, athletic performance, leadership, community service, and a high level of sportsmanship.

The college is an NCAA Division III school as well as a member of the Capital Athletic Conference (CAC) and sponsors 17 varsity sports.

MORE INFORMATION ABOUT INTERCOLLEGIATE ATHLETICS (<https://athletics.hbg.psu.edu/landing/index/>)

Career Services

Career Services provides career planning and development services to current students and alumni at no charge.

MORE INFORMATION ABOUT CAREER SERVICES (<https://harrisburg.psu.edu/career-services/>)

Counseling and Psychological Services

Psychologists, counselors, and a drug and alcohol specialist are available to work with any current student to address personal concerns. This office offers evening hours and operates under strict confidentiality guidelines.

MORE INFORMATION ABOUT COUNSELING AND PSYCHOLOGICAL SERVICES (<https://harrisburg.psu.edu/counseling-psychological-services/>)

Graduate Studies Office

The Graduate Studies Office offers support for graduate students and represents the Graduate School at Penn State Harrisburg. Additionally, the office sponsors travel grants for grad students, implements academic policies for graduate programs, and works with the Graduate and Professional Student Council (GPSC).

MORE INFORMATION ABOUT THE GRADUATE STUDIES OFFICE (<https://harrisburg.psu.edu/graduate-studies/>)

Honors Program

Penn State Harrisburg offers two honors programs for students who are highly motivated to achieve academic excellence and want more out of their college education. The two programs are the Capital College Honors Program and the University's Schreyer Honors College.

MORE INFORMATION ABOUT THE HONORS PROGRAM (<https://harrisburg.psu.edu/honors-program/>)

Housing and Food Services

Housing and Food Services provides student resident services, catering, and operates several dining options on campus.

MORE INFORMATION ABOUT HOUSING AND FOOD SERVICES (<https://liveon.psu.edu/harrisburg/>)

International Programs (Study Abroad)

International Programs provides and facilitates international educational opportunities for faculty and students, including study tours and study abroad.

MORE INFORMATION ABOUT INTERNATIONAL PROGRAMS (<https://harrisburg.psu.edu/international-programs/>)

International Student Support Services

Acts as a liaison between Penn State Harrisburg international students and the Office of Global Programs/DISSA at University Park, assisting with immigration issues, hosting employment information sessions, and providing personal development and growth opportunities for students.

MORE INFORMATION ABOUT INTERNATIONAL STUDENT SUPPORT SERVICES (<https://harrisburg.psu.edu/international-students-office/>)

Learning Center

The Learning Center provides tutoring to undergraduate and graduate students in quantitative courses (mathematics, science, business), writing, speeches and presentations, study skills, American and academic literacy. Our mission is to support students' self-management of academic and professional goals through collaboration, guidance, and practice in an environment of inclusive excellence.

MORE INFORMATION ABOUT THE LEARNING CENTER (<https://harrisburg.psu.edu/learning-center/>)

Library

This technologically advanced, academic research library includes 300,000 volumes and more than 200 print journals. The library also includes computer labs, multimedia production studios, classrooms, and a variety of study spaces.

MORE INFORMATION ABOUT THE LIBRARY (<https://libraries.psu.edu/harrisburg/>)

Recreation and Aquatics

The campus has a modern fitness facility that includes: a 5,000-square-foot cardio/weight room, a full-size gymnasium, racquetball courts, group exercise rooms, and a variety of equipment that can be signed out. The Aquatics Center offers class and recreational swimming options including lap and open swim hours.

MORE INFORMATION ABOUT RECREATION AND AQUATICS (<https://harrisburg.psu.edu/recreation/>)

Research and Outreach

ORO serves as the primary point of contact for external grant submissions, providing assistance with budget preparation, ensuring grants meet sponsor requirements and submitting grants to sponsors on behalf of the University. Additionally, it develops and maintains

relationships with individuals and entities from the public, organizations and private sectors.

MORE INFORMATION ABOUT RESEARCH AND OUTREACH (<https://harrisburg.psu.edu/research-and-outreach/>)

Residence Life

Residence Life provides resources and activities to enhance the personal, physical, educational, and social development of campus residents.

MORE INFORMATION ABOUT RESIDENCE LIFE (<https://harrisburg.psu.edu/residence-life/>)

Student Disability Resources

The Student Disability Resources office provides students with disability accommodations to minimize the effects of their disabilities.

MORE INFORMATION ABOUT STUDENT DISABILITY RESOURCES (<https://harrisburg.psu.edu/student-disability-resources/>)

Student Engagement

The Office of Student Engagement is the place to #getengaged! It coordinates alternative spring break trips, the Multicultural Academic Excellence Program (MAEP), the Chancellors Leadership Access Student Program (CLASP), as well as making connections to organizations in the Capital Area to get students involved in the local community.

MORE INFORMATION ABOUT STUDENT ENGAGEMENT (<https://harrisburg.psu.edu/student-engagement/>)

Student Health Services

Assesses and treats student illnesses and provides wellness counseling and preventive health services. Clinician services are offered by appointment.

MORE INFORMATION ABOUT STUDENT HEALTH SERVICES (<https://harrisburg.psu.edu/student-health-services/>)

Student Life

More than 100 student clubs and organizations fit any interest, whether you're looking to get involved in service projects, join a fraternity or sorority, participate in decision-making for the college through Student Government, or join a club that will help you with your major or career goals.

MORE INFORMATION ABOUT STUDENT LIFE (<https://harrisburg.psu.edu/student-life/>)

University Police and Public Safety

The Department of University Police and Public Safety is staffed with sworn police officers and civilian personnel charged with the responsibility of providing a safe environment to the campus community. The police officers of the department enforce state laws as well as University rules and regulations.

MORE INFORMATION ABOUT UNIVERSITY POLICE AND PUBLIC SAFETY (<https://harrisburg.psu.edu/safety-police-services/>)