

# HUMAN DEVELOPMENT AND FAMILY STUDIES, B.S. (CAPITAL)

**Begin Campus:** Any Penn State Campus

**End Campus:** Harrisburg

## Suggested Academic Plan

The suggested academic plan(s) listed on this page are the plan(s) that are in effect during the 2025-26 academic year. To access previous years' suggested academic plans, please visit the archive (<https://bulletins.psu.edu/undergraduate/archive/>) to view the appropriate Undergraduate Bulletin edition.

### Human Development and Family Science Option: Human Development and Family Studies, B.S. at Harrisburg Campus

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

#### First Year

Fall	Credits Spring	Credits
HDFS 129*	3 HDFS 229, 239, or 249N*	3
HDFS Diversity and Development (HDFS 108N)*	3 CAS 100A or 100S (GWS) <sup>‡</sup>	3
ENGL 15, 15S, 30T, or ESL 15 (GWS) <sup>‡</sup>	3 PSYCH 100 (GS)	3
General Education Course (GQ) <sup>‡</sup>	3 STAT 200 or HDFS 200 (GQ) (or Adviser Approved Statistics Course) <sup>*††</sup>	3-4
General Education Course (GH)	3 General Education Course (GHW)	3
	<b>15</b>	<b>15-16</b>

#### Second Year

Fall	Credits Spring	Credits
HDFS 216*	3 HDFS 315 or SOC 30*	3
HDFS 229, 239, or 249N*	3 HDFS Diversity and Development (HDFS Any Level) <sup>*</sup>	3
HDFS 312W*	3 ENGL 202A (GWS) <sup>‡</sup>	3
General Education Course (GA)	3 General Education Course (GN)	3
General Education Course (GN)	3 General Education Course (Inter-Domain)	3
	<b>15</b>	<b>15</b>

#### Third Year

Fall	Credits Spring	Credits
HDFS 311*	3 HDFS 301*	3
HDFS Skills (400-Level)*	3 HDFS Skills (400 Level)*	3

HDFS 400 Level (Elective)*	3 HDFS Advanced Development (400 Level)*	3
400 Supporting Course (Elective)	3 400 Supporting Course (Elective)	3
General Education Course (Exploration)	3 General Education Course (Exploration)	3
	<b>15</b>	<b>15</b>

#### Fourth Year

Fall	Credits Spring	Credits
HDFS 431 or 418*	3 HDFS 495A	9-12
HDFS 490*	3 HDFS 495B*	3
100-400 Supporting Course (Elective)	3	
100-400 Supporting Course (Elective)	3	
General Education Course (Exploration)	3	
	<b>15</b>	<b>12-15</b>

#### Total Credits 117-121

- \* Course requires a grade of C or better for the major
- ‡ Course requires a grade of C or better for General Education
- # Course is an Entrance to Major requirement
- † Course satisfies General Education and degree requirement

#### University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy Cultural Diversity Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

General Education includes Foundations (GWS and GQ), Knowledge Domains (GHW, GN, GA, GH, GS) and Integrative Studies (Inter-domain) requirements. N or Q (Honors) is the suffix at the end of a course number used to help identify an Inter-domain course, but the inter-domain attribute is used to fill audit requirements. Foundations courses (GWS and GQ) require a grade of 'C' or better.

#### Advising Notes:

- Students must complete a 3-credit course in "United States Cultures (US)" and a 3-credit course in "International Cultures (IL)."

### Developmental Science for Health Professions Option: Human Development and Family Studies, B.S. at Harrisburg Campus

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**First Year**

<b>Fall</b>	<b>Credits Spring</b>	<b>Credits</b>
HDFS 129*	3 HDFS 229, 239, or 249N*	3
BIOL 110 (GN)	4 CAS 100A or 100S (GWS)‡	3
ENGL 15, 15S, 30T, or ESL 15 (GWS)‡	3 STAT 200 or HDFS 200 (GQ) (or Adviser Approved Statistics Course)*††	3-4
General Education Course (GQ) (See Adviser. MATH 140, MATH 22 and/or MATH 26)‡	3-4 General Education Course (GS)	3
General Education Course (GH)	3 General Education Course (GHW)	3
<b>16-17</b>		<b>15-16</b>

**Second Year**

<b>Fall</b>	<b>Credits Spring</b>	<b>Credits</b>
HDFS 216*	3 HDFS 315 or SOC 30*	3
HDFS 229, 239, or 249N*	3 HDFS Diversity and Development (HDFS Any Level)*	3
HDFS 312W*	3 ENGL 202A (GWS)‡	3
CHEM 110 & CHEM 111 (GN)	4 PHYS 250 (GN)	4
Science and Health Foundations*	3 General Education Course (Inter-Domain)	3
<b>16</b>		<b>16</b>

**Third Year**

<b>Fall</b>	<b>Credits Spring</b>	<b>Credits</b>
HDFS 311*	3 HDFS 301*	3
HDFS Advanced Development (400-Level)*	3 HDFS Advanced Development (400 Level)*	3
Science and Health Foundations*	3 Science and Health Foundations*	3
General Education Course (Inter-Domain)	3 General Education Course (GA)	3
General Education Course (Exploration)	3 Elective	3
<b>15</b>		<b>15</b>

**Fourth Year**

<b>Fall</b>	<b>Credits Spring</b>	<b>Credits</b>
HDFS 490*	3 HDFS 495A	9-12
Health and Society (400-Level)	3 HDFS 495B*	3
Science and Health Foundations*	3	
Elective	3	
Elective	3	
<b>15</b>		<b>12-15</b>

**Total Credits 120-125****University Requirements and General Education Notes:**

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General Education includes Foundations (GWS and GQ), Knowledge Domains (GHW, GN, GA, GH, GS) and Integrative Studies (Inter-domain) requirements. N or Q (Honors) is the suffix at the end of a course number used to help identify an Inter-domain course, but the inter-domain attribute is used to fill audit requirements. Foundations courses (GWS and GQ) require a grade of 'C' or better.

**Advising Notes:**

- Students must complete a 3-credit course in "United States Cultures (US)" and a 3-credit course in "International Cultures (IL)."

\* Course requires a grade of C or better for the major

‡ Course requires a grade of C or better for General Education

# Course is an Entrance to Major requirement

† Course satisfies General Education and degree requirement