

ADDICTIONS AND RECOVERY, MINOR

Requirements for a minor may be completed at any campus location offering the specified courses for the minor. Students may not change from a campus that offers their major to a campus that does not offer their major for the purpose of completing a minor.

Program Description

The multi-disciplinary minor in Addictions and Recovery supplements the educational needs of students across disciplines who wish to gain advanced knowledge and skills to support people struggling with a substance use disorder in all stages of the recovery process. The rise in the number of individuals struggling with addiction and recovery, the increased potency and administration of some drugs, and the specific needs of certain sub-groups within the addictions population are contributing to the complex landscape of addictions and recovery. Upon completion of the minor, students will have the knowledge and skills to support development and administration of programs designed to improve outcomes for those struggling with addictions and recovery.

Students completing the minor will be able to take courses across multiple disciplines as a way to view this phenomenon from various perspectives. The courses that comprise the minor are organized into recommended tracks that will permit students to select combinations of courses that will best compliment their major studies and prepare them for future professional goals. One track provides a pathway to certification as a drug and alcohol counselor for those who successfully complete their bachelor's degree in a behavioral science major in addition to the minor coursework. Students pursuing this career path are encouraged to select courses that support the learning domains for the Certified Alcohol and Drug Counseling (CADC) certification in the state of Pennsylvania. The minor also provides opportunities for students to seek out research and applied experiences which can enhance their preparation for graduate work or working with people in applied settings.

Program Requirements

Requirement	Credits
Requirements for the Minor	18

Requirements for the Minor

Some courses may require prerequisites.

A grade of C or better is required for all courses in the minor, as specified by Senate Policy 59-10 (<https://senate.psu.edu/students/policies-and-rules-for-undergraduate-students/59-00-minors-and-certificates/>). In addition, at least six credits of the minor must be unique from the prescribed courses required by a student's major(s).

Code	Title	Credits
Prescribed Courses		
<i>Prescribed Courses: Require a grade of C or better</i>		
BBH 143	Drugs, Behavior, and Health	3
Additional Courses		
<i>Additional Courses: Require a grade of C or better</i>		
Select 15 credits from the following:		15
BBH 301W	Values and Ethics in Biobehavioral Health Research and Practice	

BBH 451	Pharmacological Influences on Health
CI 333	Education and the Student in Recovery
CNED 422	Foundations of Addictions Counseling
CRIM 424	Drugs, Crime, and Society
CRIM 451	Race, Crime, and Justice
CRIMJ 415	Drug Control Policy in Comparative Perspective
CRIMJ 469	Drugs and Drug Policy in the United States
EDTHP 420	Shaping Education: Policy Development and Impact
HDFS 301	Values and Ethics in Health and Human Development Professions
HDFS 311	Human Development and Family Studies Interventions
HDFS 411	The Helping Relationship
HIED 302	The Role of the Resident Assistant: Theory and Practice
HLHED 443	Alcohol and Drug Education
HM 208	Social, Cultural, and Health Influences of Alcohol
HPA 301W	Health Services Policy Issues
KINES 445	Alcohol and Drug Education
NURS 407	Drugs of Abuse and Mental Health Issues
RHS 300	Introduction to Rehabilitation and Human Services
RHS 301	Introduction to Counseling as a Profession
RHS 302	Client Assessment in Rehabilitation and Human Services
RHS 303	Group Work in Rehabilitation Practice and Human Services
RHS 400W	Case Management and Communication Skills
RHS 401	Community Mental Health Practice and Services
RHS 402	Children and Families in Rehabilitation Settings and Human Services
RHS 403	Medical Aspects of Disability
RHS 428	Rehabilitation in the Justice System
RHS 433	Trauma-informed care for school & human service professionals
SOC 468	Mood-Altering Substances in Society

Academic Advising

The objectives of the university's academic advising program are to help advisees identify and achieve their academic goals, to promote their intellectual discovery, and to encourage students to take advantage of both in-and out-of class educational opportunities in order that they become self-directed learners and decision makers.

Both advisers and advisees share responsibility for making the advising relationship succeed. By encouraging their advisees to become engaged in their education, to meet their educational goals, and to develop the habit of learning, advisers assume a significant educational role. The advisee's unit of enrollment will provide each advisee with a primary academic adviser, the information needed to plan the chosen program of study, and referrals to other specialized resources.

READ SENATE POLICY 32-00: ADVISING POLICY (<https://senate.psu.edu/students/policies-and-rules-for-undergraduate-students/32-00-advising-policy/>)

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Career Paths

Students wishing to pursue careers in direct service and who want to be eligible to work as a Certified Alcohol and Drug Counselor (CADC) in the state of PA are advised to take the courses that align with the Pennsylvania Certification Board's CADC learning domains (see below), which prepare students for the International Certification and Reciprocity Consortium (IC&RC) Examination, and entry level work in direct service positions.

- **Domain 1: Screening, Assessment, and Engagement**
 - RHS 302, HDFS 311, HDFS 411, CNED 422
- **Domain 2: Treatment Planning, Collaboration, and Referral**
 - RHS 400W, HDFS 311, RHS 401, RHS 433, RHS 428, CNED 422
- **Domain 3: Counseling**
 - RHS 301, RHS 303, RHS 401, RHS 402, RHS 433, CNED 422
- **Domain 4: Professional and Ethical Responsibilities**
 - BBH 301W, HDFS 301, RHS 300, RHS 301, RHS 302, CNED 422

Students wishing to pursue this path are encouraged to carefully review the criteria for certification eligibility at the following website: <https://www.pacertboard.org/certifications> (<https://www.pacertboard.org/certifications/>).

Students wishing to pursue careers focused on health prevention and research are encouraged to select from among the following as they relate to their academic and career goals: BBH 301W, BBH 451, NURS 407, NURS 462, RHS 433, SOC 468, and/or a research-based independent study approved by the minor coordinator.

Students wishing to pursue careers or graduate study related to drug policy and/or criminology are encouraged to select courses among the following: CRIMJ 469, CRIM 424, CRIM 415, CRIM 451, RHS 428, SOC 468, HPA 301, EDTHP 420, and/or an independent study with a suitable faculty advisor as approved by the coordinator.

Students wishing to pursue a career in drug and health education in schools or public health offices, or graduate study in related fields, are encouraged to select among the following: CI 333, CI 409, EDTHP 420, HIED 302, HLHED 443, KINES 445; RHS 433, RHS 402, or an independent study with a suitable faculty advisor as approved by coordinator.

MORE INFORMATION ABOUT POTENTIAL CAREER OPTIONS FOR GRADUATES WITH A MINOR IN ADDICTIONS AND RECOVERY (<https://www.pacertboard.org/certifications/>)

Contact

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<https://ed.psu.edu/academics/departments/department-educational-psychology-counseling-and-special-education/rehabilitation-and-human-services/rehabilitation-and-human-services-minor> (<https://ed.psu.edu/academics/departments/department-educational-psychology-counseling-and-special-education/rehabilitation-and-human-services/rehabilitation-and-human-services-minor/>)

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<https://dubois.psu.edu/academics/degrees/hdfs/minoraddictions> (<https://dubois.psu.edu/academics/degrees/hdfs/minoraddictions/>)

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