ADDITIONS AND RECOVERY, MINOR

Requirements for a minor may be completed at any campus location offering the specified courses for the minor. Students may not change from a campus that offers their major to a campus that does not offer their major for the purpose of completing a minor.

Program Description

The multi-disciplinary minor in Addictions and Recovery supplements the educational needs of students across disciplines who wish to gain advanced knowledge and skills to support people struggling with a substance use disorder in all stages of the recovery process. The rise in the number of individuals struggling with addiction and recovery, the increased potency and administration of some drugs, and the specific needs of certain sub-groups within the addictions population are contributing to the complex landscape of addictions and recovery. Upon completion of the minor, students will have the knowledge and skills to support development and administration of programs designed to improve outcomes for those struggling with addictions and recovery.

Students completing the minor will be able to take courses across multiple disciplines as a way to view this phenomenon from various perspectives. The courses that comprise the minor are organized into recommended tracks that will permit students to select combinations of courses that will best compliment their major studies and prepare them for future professional goals. One track provides a pathway to certification as a drug and alcohol counselor for those who successfully complete their bachelor's degree in a behavioral science major in addition to the minor coursework. Students pursing this career path are encouraged to select courses that support the learning domains for the Certified Alcohol and Drug Counseling (CADC) certification in the state of Pennsylvania. The minor also provides opportunities for students to seek out research and applied experiences which can enhance their preparation for graduate work or working with people in applied settings.

Program Requirements

### Requirements for the Minor

Some courses may require prerequisites.

A grade of C or better is required for all courses in the minor, as specified by Senate Policy 59-10 ([https://senate.psu.edu/policies-and-rules-for-undergraduate-students/59-00-minors-and-certificates/#59-10](https://senate.psu.edu/policies-and-rules-for-undergraduate-students/59-00-minors-and-certificates/#59-10)). In addition, at least six credits of the minor must be unique from the prescribed courses required by a student's major(s).

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Requirements for the Minor</td>
<td>18</td>
</tr>
</tbody>
</table>

### Prescribed Courses

Prescribed Courses: Require a grade of C or better

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>BBH 143</td>
<td>Drugs, Behavior, and Health</td>
<td>3</td>
</tr>
</tbody>
</table>

### Additional Courses

Additional Courses: Require a grade of C or better

Select 15 credits from the following:

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>BBH 301W</td>
<td>Values and Ethics in Biobehavioral Health Research and Practice</td>
<td>15</td>
</tr>
</tbody>
</table>

### Academic Advising

The objectives of the university's academic advising program are to help advisees identify and achieve their academic goals, to promote their intellectual discovery, and to encourage students to take advantage of both in- and out-of-class educational opportunities in order that they become self-directed learners and decision makers.

Both advisers and advisees share responsibility for making the advising relationship succeed. By encouraging their advisees to become engaged in their education, to meet their educational goals, and to develop the habit of learning, advisers assume a significant educational role. The advisee's unit of enrollment will provide each advisee with a primary academic adviser, the information needed to plan the chosen program of study, and referrals to other specialized resources.

READ SENATE POLICY 32-00: ADVISING POLICY ([https://senate.psu.edu/policies-and-rules-for-undergraduate-students/32-00-advising-policy/](https://senate.psu.edu/policies-and-rules-for-undergraduate-students/32-00-advising-policy/))

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https://dubois.psu.edu/minor-addictions-and-recovery

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https://schuylkill.psu.edu/academics/bacc-degrees/psychology