Degree Requirements

For the Bachelor of Science degree in Rehabilitation and Human Services, a minimum of 120 credits is required:

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12-14 of the 45 credits for General Education are included in the Requirements for the Major. This includes: 6 credits of GS courses; 3-4 credits of GQ courses; 3-4 credits of GN courses.

Requirements for the Major

To graduate, a student enrolled in the major must earn a grade of C or better in each course designated by the major as a C-required course, as specified by Senate Policy 82-44 (https://senate.psu.edu/policies-and-rules-for-undergraduate-students/82-00-and-83-00-degree-requirements/#82-44).

Select one of the following:

- PSYCH 100 Introduction to Psychology: 3 credits
- PSYCH 270 Introduction to Abnormal Psychology: 3 credits
- SOC 119N Race, Ethnicity and Culture: 4 credits

Prescribed Courses: Require a grade of C or better

RHS 100 Introduction to Disability Culture: 3 credits
RHS 300 Introduction to Rehabilitation and Human Services: 3 credits
RHS 301 Introduction to Counseling as a Profession: 3 credits
RHS 302 Client Assessment in Rehabilitation and Human Services: 3 credits
RHS 303 Group Work in Rehabilitation Practice and Human Services: 3 credits
RHS 400W Case Management and Communication Skills: 3 credits
RHS 401 Community Mental Health Practice and Services: 3 credits
RHS 402 Children and Families in Rehabilitation Settings and Human Services: 3 credits
RHS 403 Medical Aspects of Disability: 3 credits
RHS 493 Professional Development and Internship Preparation in RHS: 3 credits
RHS 495A Rehabilitation and Human Services Internship: 12 credits

Additional Courses

Select one of the following:

- CI 185 Principles of Social Justice in Education: 3 credits
- or SOC 1 Introductory Sociology

Select one of the following:

- EDPSY 10 Individual Differences and Education: 3 credits
- HDFS 239 Adolescent Development
- PSYCH 212 Introduction to Developmental Psychology

Electives

Select 6 credits from the approved courses in this list:

- ANTH 21 Introductory Biological Anthropology
- BIOL 110 Biology: Basic Concepts and Biodiversity
- BIOL 133 Genetics and Evolution of the Human Species
- BIOL 141 Introduction to Human Physiology
- BISC 1 Structure and Function of Organisms
- BISC 2 Genetics, Ecology, and Evolution
- BISC 3 Environmental Science
- BISC 4 Human Body: Form and Function

Additional Courses: Require a grade of C or better

Select one of the following:

- EDPSY 101 Analysis and Interpretation of Statistical Data in Education: 3 credits
- STAT 100 Statistical Concepts and Reasoning
- STAT 200 Elementary Statistics

Supporting Courses and Related Areas

Select 6 credits from the approved courses in this list:

- CNED 401 Foundations of Chemical Dependency Counseling
- CNED 416 Interpersonal Relationships and Alcohol and Other Drugs (AOD) Dependency
- CNED 421 Counseling Strategies for Preventing Chemical Dependency
- CNED 422 Foundations of Addictions Counseling
- RHS 226 College Student Mental Health and Wellness
- RHS 410 Employment Strategies for People with Disabilities
- RHS 428 Rehabilitation in the Justice System
- RHS 433 Trauma-informed care for school & human service professionals
- SPLED 400 Inclusive Special Ed Foundations: Legal, Characteristics, Collaboration, Assessment, and Management
- SPLED 461 Introduction to Autism Spectrum Disorders: Issues and Concerns

General Education

Connecting career and curiosity, the General Education curriculum provides the opportunity for students to acquire transferable skills necessary to be successful in the future and to thrive while living in interconnected contexts. General Education aids students in developing intellectual curiosity, a strengthened ability to think, and a deeper sense of aesthetic appreciation. These are requirements for all baccalaureate students and are often partially incorporated into the requirements of a program. For additional information, see the General Education Requirements (https://bulletins.psu.edu/undergraduate/general-education/baccalaureate-degree-general-education-program/) section of the Bulletin and consult your academic adviser.

The keystone symbol appears next to the title of any course that is designated as a General Education course. Program requirements may also satisfy General Education requirements and vary for each program.

Foundations (grade of C or better is required and Inter-Domain courses do not meet this requirement.)

- Quantification (GQ): 6 credits
- Writing and Speaking (GWS): 9 credits
Breadth in the Knowledge Domains (Inter-Domain courses do not meet this requirement.)
- Arts (GA): 3 credits
- Health and Wellness (GHW): 3 credits
- Humanities (GH): 3 credits
- Social and Behavioral Sciences (GS): 3 credits
- Natural Sciences (GN): 3 credits

Integrative Studies
- Inter-Domain Courses (Inter-Domain): 6 credits

Exploration
- GN, may be completed with Inter-Domain courses: 3 credits
- GA, GH, GN, GS, Inter-Domain courses. This may include 3 credits of World Language course work beyond the 12th credit level or the requirements for the student’s degree program, whichever is higher: 6 credits

University Degree Requirements
First Year Engagement
All students enrolled in a college or the Division of Undergraduate Studies at University Park, and the World Campus are required to take 1 to 3 credits of the First-Year Seminar, as specified by their college First-Year Engagement Plan.

Other Penn State colleges and campuses may require the First-Year Seminar; colleges and campuses that do not require a First-Year Seminar provide students with a first-year engagement experience.

First-year baccalaureate students entering Penn State should consult their academic adviser for these requirements.

Cultures Requirement
6 credits are required and may satisfy other requirements
- United States Cultures: 3 credits
- International Cultures: 3 credits

Writing Across the Curriculum
3 credits required from the college of graduation and likely prescribed as part of major requirements.

Total Minimum Credits
A minimum of 120 degree credits must be earned for a baccalaureate degree. The requirements for some programs may exceed 120 credits. Students should consult with their college or department adviser for information on specific credit requirements.

Quality of Work
Candidates must complete the degree requirements for their major and earn at least a 2.00 grade-point average for all courses completed within their degree program.

Limitations on Source and Time for Credit Acquisition
The college dean or campus chancellor and program faculty may require up to 24 credits of course work in the major to be taken at the location or in the college or program where the degree is earned. Credit used toward degree programs may need to be earned from a particular source or within time constraints (see Senate Policy 83-80 (https://senate.psu.edu/policies-and-rules-for-undergraduate-students/82-00-and-83-00-degree-requirements/#83-80)). For more information, check the Suggested Academic Plan for your intended program.