## ATHLETIC TRAINING, B.S.

**Begin Campus:** Any Penn State Campus  
**End Campus:** University Park

### Suggested Academic Plan

The suggested academic plan(s) listed on this page are the plan(s) that are in effect during the 2021-22 academic year. To access previous years' suggested academic plans, please visit the archive (https://bulletins.psu.edu/undergraduate/archive/) to view the appropriate Undergraduate Bulletin edition (Note: the archive only contain suggested academic plans beginning with the 2018-19 edition of the Undergraduate Bulletin).

### Athletic Training, B.S. at All Campuses

The course series listed below provides only one of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an Academic Requirements or What If report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

#### First Year

<table>
<thead>
<tr>
<th>Semester</th>
<th>Credits</th>
<th>Courses</th>
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| Fall     | 15      | ENGL 15, 30H, or ESL 15‡  
          |         | MATH 22†  
          |         | BIOL 141†  
          |         | General Education Course  
          |         | PSU First-Year Seminar |
| Spring   | 15      | 3 CHEM 110 or 106†  
          |         | 3 CHEM 111†  
          |         | 3 PSYCH 100†  
          |         | 3 STAT 200, 250, or SCM 200†  
          |         | 3 General Education Course |

#### Second Year

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<tr>
<th>Semester</th>
<th>Credits</th>
<th>Courses</th>
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| Fall     | 15      | KINES 101*  
          |         | ATHTR 135*#  
          |         | ATHTR 202*#  
          |         | ATHTR 231*#1  
          |         | ATHTR 233*#  
          |         | 3 PHYS 250 or 150**† |
| Spring   | 16      | 3 KINES 100*  
          |         | 3 ATHTR 235*  
          |         | 3-4 ATHTR 334*  
          |         | 3 KINES 360*  
          |         | 3 General Education Course |

#### Third Year

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<th>Semester</th>
<th>Credits</th>
<th>Courses</th>
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| Fall     | 15      | 3 ATHTR 336*  
          |         | 3 KINES 384*  
          |         | 3 ATHTR 495A*  
          |         | 3 ATHTR 435*  
          |         | 3 ATHTR 436*  
          |         | 15 |
| Spring   | 16      | 3 KINES 321*  
          |         | 3 KINES 341 (US;IL)*  
          |         | 3 ATHTR 495C*  

#### Fourth Year

<table>
<thead>
<tr>
<th>Semester</th>
<th>Credits</th>
<th>Courses</th>
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</table>
| Fall     | 15      | 3 KINES 321*  
          |         | 3 KINES 341 (US;IL)*  
          |         | 3 ATHTR 495C*  

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### University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy University Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

GWS, GQ, GHW, GN, GA, GH, and GS are abbreviations used to identify General Education program courses. General Education includes Foundations (GWS and GQ) and Knowledge Domains (GHW, GN, GA, GH, GS, and Integrative Studies). Foundations courses (GWS and GQ) require a grade of ‘C’ or better.

Integrative Studies courses are required for the General Education program. N is the suffix at the end of a course number used to designate an Inter-Domain course and Z is the suffix at the end of a course number used to designate a Linked course.

All incoming Schreyer Honors College first-year students at University Park will take ENGL 137H/CAS 137H in the fall semester and ENGL 138T/CAS 138T in the spring semester. These courses carry the GWS designation and replace both ENGL 30H and CAS 100. Each course is 3 credits.

### Advising Notes

Within the 30 credits of required General Education Domain courses, students must take 6 credits of Integrative Studies courses (https://bulletins.psu.edu/undergraduate/general-education/integrative-studies/) (Inter-domain or Linked courses). If you need additional clarification, consult with your academic adviser.

### Additional Notes

NOTE: The ATHTR Academic Requirement takes precedence over the Suggested Academic Plan for graduation requirements.

NOTE: Students are admitted to the ATHTR major on a competitive, space-available basis. A minimum 3.0 GPA in the prescribed ATHTR courses (ATHTR 135, 202, 231 and 233) is required, in addition to other requirements. Admission to the major is not guaranteed despite successful completion of the prerequisites.

ADVISING NOTES: LIMITATION ON THE NUMBER OF TRANSFER COURSES USED FOR KINES 300-LEVEL CORE: Of the KINES 300-level core courses (KINES 321, 341, 345, 350, 360 and 384), a maximum of two courses (6 credits) may be transferred to Penn State and used towards graduation for the Kinesiology or Athletic Training Majors.

LIMITATIONS ON SOURCE AND TIME FOR CREDIT ACQUISITION: In accordance with Policy 83-80.5, the Department of Kinesiology requires
at least 24 credits of prescribed coursework in the major to be completed at the location or in the college or program where the degree is earned. World Campus courses may not be counted toward this 24 credit minimum. The 24 credits include the capstone course in the major: KINES 495B for the Movement Science Option; ATHTR 495C for the Athletic Training Major; and KINES 495C for the Exercise Science Option.

ATHTR 231 and ATHTR 233 are only offered in fall semesters, at University Park, and requires that students complete an application to the pre-professional phase. The link to the pre-professional phase application can be found at: https://hhd.psu.edu/kines/undergraduate/major-athletic-training/program-overview/.