

ATHLETIC TRAINING, B.S.

Begin Campus: Any Penn State Campus

End Campus: University Park

PROGRAM ENROLLMENT HOLD AFTER FALL 2020 SEMESTER

The last cycle for admitting students through the undergraduate Athletic Training major will be Fall Semester 2020. First-year students entering Penn State in Fall Semester 2019 will be the last cohort eligible to apply for admission to and graduate from this degree program (since students typically formally apply to the major in the third semester of their second year).

Program Description

The Athletic Training major provides a concentrated program of courses designed to prepare students for a career in the profession of athletic training. This major has been designed to meet the standards for national certification by the Board of Certification (BOC) and related state credentialing bodies.

Students are admitted into the program on a competitive basis following completion of prerequisite courses (see requirements for admission). Students must also meet the "Technical Standards for the Undergraduate Athletic Training Program at Penn State University" related to the physical and psycho-emotional demands placed upon students in the major. Upon admission, students complete a 5-semester sequence of coursework and supervised clinical rotations. Students typically commit 200 to 300 hours to clinical practical experiences in each of the last 4 semesters of the program.

Students seeking to transfer from other colleges or universities will have their transcripts evaluated after acceptance to Penn State to identify those courses and credits that will be applied to completion of degree requirements. Coursework specific to athletic training will not be considered for transfer unless completed in a Commission on Accreditation of Athletic Training Education (CAATE) accredited athletic training program.

Upon graduation and successful completion of the national BOC examination, students may seek employment in various professional settings including: professional sports, colleges and universities, secondary schools, hospitals, sports medicine clinics, industrial settings plus many more.

Additional information about the major, including Technical Standards (<https://hhd.psu.edu/kines/undergraduate/major-athletic-training/clinical-education> (<https://hhd.psu.edu/kines/undergraduate/major-athletic-training/clinical-education/>)), the Athletic Training (AT) Program Application, course sequencing, and prerequisites can be found at: <http://hhd.psu.edu/kines/undergraduate/athletic-training> (<http://hhd.psu.edu/kines/undergraduate/athletic-training/>) or obtained through the Department of Kinesiology. Full course descriptions are found in the University *Bulletin*.

What is Athletic Training?

Athletic trainers are highly qualified, multi-skilled health care professionals who collaborate with physicians to provide preventative services, emergency care, clinical diagnosis, therapeutic intervention and rehabilitation of musculoskeletal injuries, and sport-related medical conditions. The major is designed to help you understand how to

effectively work with physicians and other health care professionals as well as employers, patients, clients, and sport and recreation industry personnel in the development and coordination of efficient and responsive sports health care. The program of study is directed to help you learn to recognize, assess, and manage sport-related injuries and illnesses to return individuals back to play, work, and activities of daily living. With your knowledge of anatomy, physiology, biomechanics, and related fields, you will also be able to craft injury-prevention, and performance-enhancing programs. Additionally, the program offers you a number of clinical education experiences outside of the classroom where you can further your knowledge, skills, and abilities.

You Might Like This Program If...

You enjoy a fast-paced, challenging profession that provides an opportunity for people to engage in optimal patient care while working in a very unique, and dynamic health care environment. Students interested in athletic training typically have a passion for learning about the human organism in healthy, and injured or diseased states, and how that knowledge can be applied to advance health, and human performance for patients across the lifespan, and to improve quality of life.

MORE INFORMATION ABOUT ATHLETIC TRAINING (<https://explorehealthcareers.org/career/sports-medicine/athletic-trainer/>)