

BIOBEHAVIORAL HEALTH, B.S. (HEALTH AND HUMAN DEVELOPMENT)

Begin Campus: Any Penn State Campus

End Campus: University Park, World Campus

Career Paths

Students with a B.S. in Biobehavioral Health have been successful in establishing careers in a variety of fields. Four major areas of employment include: health care, research support, health advocacy/consulting, and health administration. Advanced career tracks require a graduate or professional degree. Students are strongly encouraged to engage in practical learning experiences that complement formal classroom learning. These can include training at the University Health Services or a hospital, in a research laboratory, and/or a health-related internship or travel experience. There are several in-house engaged learning experience programs: BBH Internship program, Global Health minor, BBH research laboratory assistant, Clinical Volunteer Training, and HealthWorks.

Careers

Examples of careers that BBH graduates might pursue include:

- Health care: physician assistant, nurse, physician, health care support staff
- Research Support: laboratory manager, study coordinator, research assistant
- Health Advocacy: health educator, public health adviser, social worker
- Health Administration: nonprofit administration, healthcare management, healthcare marketing

Opportunities for Graduate Studies

Depending on your career goals, you might consider completing a graduate degree (M.S., Ph.D., etc) or a professional degree (M.D., D.O., P.A., M.P.H., J.D.):

- Graduate Program in Biobehavioral Health Department (<http://bbh.hhdev.psu.edu/graduate/>)
- National Institutes of Health Postbaccalaureate Intramural Research Training Award (https://www.training.nih.gov/programs/postbac_irta/)
- American Academy of Physical Assistants - 5 Tips for Getting into PA School (<https://www.aapa.org/news-central/2014/06/5-tips-for-getting-into-pa-school/>)
- Accreditation Council for Genetic Counseling – List of Accredited Programs (<http://gceducation.org/Pages/Accredited-Programs.aspx>)
- American Physical Therapy Association – List of Accredited Programs (<http://www.captionline.org/Programs/Accredited/>)
- The American Occupational Therapy Association, Inc (<https://www.aota.org/>)
- Association of Schools and Programs of Public Health (<https://www.aspph.org/discover/>)

Professional Resources

- Explore Health Careers (<https://explorehealthcareers.org/>)