**BIOBEHAVIORAL HEALTH, B.S. (HEALTH AND HUMAN DEVELOPMENT)**

**Begin Campus:** Any Penn State Campus  
**End Campus:** University Park, World Campus

### Suggested Academic Plan

The suggested academic plan(s) listed on this page are the plan(s) that are in effect during the 2023-24 academic year. To access previous years’ suggested academic plans, please visit the archive (https://bulletins.psu.edu/undergraduate/archive/) to view the appropriate Undergraduate Bulletin edition (Note: the archive only contains suggested academic plans beginning with the 2018-19 edition of the Undergraduate Bulletin).

#### Biobehavioral Health, B.S. at University Park Campus and World Campus

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<tr>
<th>Year</th>
<th>Fall</th>
<th>Credits</th>
<th>Spring</th>
<th>Credits</th>
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<tr>
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<td>BBH 101*</td>
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<td>3 General Education Course (Inter-Domain)</td>
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<td>BBH 316*</td>
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<td>CHEM 130, 110, MICRB 106, or BIOL 230W††</td>
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<td>NUTR 251†</td>
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<td>Health and Developmental Science²</td>
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<td>3 General Education Course (GWS) (CAS 100A, CAS 100B, CAS 100C, ENGL/CAS 138T recommended)†</td>
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<th>Credits</th>
<th>Spring</th>
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<td>Fall</td>
<td>BBH 210, BIOL 133, or BIOL 222</td>
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<td>BBH Additional 2XX-4XX level⁵</td>
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<tr>
<td>Fall</td>
<td>BBH 440*</td>
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<td>Basic Science¹</td>
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<td>BBH 411W†</td>
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<td>BBH Additional 4XX level⁵</td>
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<td>Basic Science¹</td>
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<td>BBH Additional 4XX level⁵</td>
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<td>Health Promotion⁶</td>
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<td>University-Wide Offerings⁴</td>
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**Total Credits 125-127**

* Course requires a grade of C or better for the major  
† Course requires a grade of C or better for General Education  
# Course is an Entrance to Major requirement  
‡ Course satisfies General Education and degree requirement


3. **Life Sciences:** CHEM 110, CHEM 112, MICRB 106, or BIOL 230W.

4. **University-Wide Offerings:** Choose in consultation with adviser.

5. **BBH Additional Courses:** BBH 203, BBH 251, BBH 302, BBH 305, BBH 315, BBH 324, BBH 325 (only 3 credits of BBH 324 or 325 can be taken), BBH 368, BBH 390A, BBH 402, BBH 407, BBH 410, BBH 416, BBH 417,
BBH 432, BBH 446, BBH 451, BBH 452, BBH 458, BBH 468, BBH 469, BBH 470, BBH 490.


University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy Cultural Diversity Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

General Education includes Foundations (GWS and GQ), Knowledge Domains (GHW, GN, GA, GH, GS) and Integrative Studies (Inter-domain) requirements. N or Q (Honors) is the suffix at the end of a course number used to help identify an Inter-domain course, but the inter-domain attribute is used to fill audit requirements. Foundations courses (GWS and GQ) require a grade of ‘C’ or better.

All incoming Schreyer Honors College first-year students at University Park will take ENGL 137H/CAS 137H in the fall semester and ENGL 138T/CAS 138T in the spring semester. These courses carry the GWS designation and replace both ENGL 30H and CAS 100. Each course is 3 credits.

Advising Notes:

Exceptions may be permitted if a required Entrance to Major course is not offered at a student’s designated campus. Students should speak to their academic adviser if this applies to them.

LIMITATIONS ON SOURCE AND TIME FOR CREDIT ACQUISITION: Per Senate policy 83-80.5, the college dean or campus chancellor and program faculty may require up to 24 credits of course work in the major to be taken at the location or in the college or program where the degree is earned. Most majors in Health and Human Development require students to complete up to 24 credits for the major through courses taken at University Park. Courses taken at other Penn State campuses may not be counted toward this 24 credit minimum.

Within the 30 credits of required General Education Domain courses, students must take 6 credits of Integrative Studies courses (Inter-domain or Linked courses). If you need additional clarification, consult with your academic adviser.
Biobehavioral Health, B.S. at Commonwealth Campuses

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**First Year**

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<th>Fall</th>
<th>Credits</th>
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<td>BBH 101 (Health and Developmental Science)*1</td>
<td>3 BIOL 163*†</td>
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<td>General Education Course (GQ)‡</td>
<td>3 BIOL 164 (Recommended Basic Science)§</td>
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<td>General Education Course (GWS) (ENGL 15, ENGL 30H, ESL 15, ENGL/CAS 137H recommended)‡</td>
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<td>PSYCH 100*‡</td>
<td>3 Health and Developmental Science†</td>
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<tr>
<td>BIOL 161*‡</td>
<td>3 General Education Course (GA) (Recommended Inter-Domain)</td>
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<td>BIOL 162 (Recommended Basic Science)‡</td>
<td>1 BIOL 110*‡</td>
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<td>PSU First-Year Seminar</td>
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**Second Year**

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<td>General Education Course (GA)</td>
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<td>CHEM 130, 110, MICRB 106, or BIOL 230W‡</td>
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<td>University-Wide Offerings§</td>
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**Third Year**

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<td>Basic Science‡</td>
<td>3 BBH 311*</td>
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<td>University-Wide Offerings§</td>
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**Fourth Year**

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<td>Health Promotion§</td>
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<td>University-Wide Offerings§</td>
<td>3 University Wide Offerings§</td>
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**Total Credits 123-125**

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3 Life Sciences: CHEM 130, CHEM 110, MICRB 160 or BIOL 230W.
4 University-Wide Offerings: AIR 151, 152, 251, 252, 351, ARMY 101, 102, 203, 204, 301, 302, BBH 48, 148S, 390B, 494, 494H, 496, BIOL 162, 164, 400, 411, 496, BISC 2, 3, 4, BMB 211, 401 CHEM 111, 113, 202, 203, 210, 212, 213, CMAS 258, 465, 466, 493, CAS 203, 250, 253, 271, CED 152, 155 ECON 102, ECON 104 HDFS 465, 496, HHD 397, MICRB 107, 201, 202 NAVSC 101, 102, 204, 205, 311 PHYS 211, 212, 250, 251, PSU 1st Year Seminars, PSYCH 221, 231, 238, 256, 494, 496 RHS 300, RHS 301, RHS 303, SOC 1, 3, 5, 30, 119, SPAN 1, 2, 3, 100B, (additional courses can be considered in consultation with a BBH adviser).
5 BBH Elective: BBH 203, BBH 201, BBH 302, BBH 305, BBH 315, BBH 324, BBH 325 (only 3 credits of BBH 324 or 325 can be taken), BBH 368, BBH 390A, BBH 402, BBH 407, BBH 410, BBH 416, BBH 417, BBH 432, BBH 446, BBH 451, BBH 452, BBH 458, BBH 468, BBH 469, BBH 470, BBH 490.
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