

DIVERSITY AND INCLUSION IN HEALTH AND HUMAN DEVELOPMENT, MINOR

Requirements for a minor may be completed at any campus location offering the specified courses for the minor. Students may not change from a campus that offers their major to a campus that does not offer their major for the purpose of completing a minor.

Program Description

The Diversity and Inclusion in Health and Human Development helps students explore and understand the impacts racial, ethnic, socioeconomic status, and cultural diversity have in the world of health care, education, hospitality, recreation, and tourism.

What is Diversity and Inclusion in Health and Human Development?

The minor in Diversity and Inclusion in Health and Human Development seeks to provide students with the competencies needed to be successful in a multi-cultural and global society. Graduates need to be able to appreciate diverse perspectives, work in diverse teams, and welcome and include individuals from many different backgrounds. The minor allows students to cluster their studies in one of three areas:

1. Global Health Diversity and Inclusion;
2. Health and Identity;
3. Work, Recreation, Family and Community.

The courses that students select can cut across several different content areas including nutrition, biobehavioral health, kinesiology, health policy, hospitality and tourism, recreation and parks, communication disorders, and human development.

You Might Like This Program If...

You enjoy working with diverse communities or in a diverse environment, or just seek to understand how diversity and inclusion are related to quality of life, or can be important for a community, school, healthcare organization, hotel, restaurant, recreation program or other employer. Employers in health care, hospitality, tourism, education, and recreation have high demand for employees who understand the diverse customers served and can be part of a multi-cultural team that meets their needs.

Program Requirements

| Requirement | Credits |
|----------------------------|---------|
| Requirements for the Minor | 18 |

Requirements for the Minor

A grade of C or better is required for all courses in the minor, as specified by Senate Policy 59-10 (<https://senate.psu.edu/policies-and-rules-for-undergraduate-students/59-00-minors-and-certificates/#59-10>). In addition, at least six credits of the minor must be unique from the prescribed courses required by a student's major(s).

| Code | Title | Credits |
|---|-------|---------|
| Additional Courses | | |
| <i>Additional Courses: Require a grade of C or better</i> | | |

Select two of the following: 6

| | |
|-----------|--|
| BBH 101 | Introduction to Biobehavioral Health |
| CSD 146 | Introduction to Communication Sciences and Disorders |
| HDFS 129 | Introduction to Human Development and Family Studies |
| HM 201 | Introduction to Management in the Hospitality Industry |
| HPA 101 | Introduction to Health Services Organization |
| KINES 100 | The Cultural and Behavioral Foundations of Kinesiology |
| NUTR 251 | Introductory Principles of Nutrition |
| RPTM 120 | Leisure and Human Behavior |

Supporting Courses and Related Areas

Supporting Courses and Related Areas: Require a grade of C or better

Choose 12 credits from one of the following clusters. At least 6 credits must be at the 400 level and at least 3 credits outside of your major. 12

Global Health Diversity and Inclusion:

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|-------------|--|
| BBH 302 | Diversity and Health |
| BBH 305 | Introduction to Global Health Issues |
| BBH 402 | African Health & Development |
| BBH 407 | Global Health Equity |
| BBH/HPA 440 | Principles of Epidemiology |
| HPA 410 | Principles of Public Health Administration |
| NUTR 425 | Global Nutrition Problems: Health, Science, and Ethics |
| RPTM 300Y | Tourism and Leisure Behavior |

Health and Identity:

| | |
|--------------------|---|
| BBH 251 | Straight Talks I: Advanced Sexual Orientation/ Gender Identity Peer Education |
| BBH 302 | Diversity and Health |
| BBH 315 | Gender and Biobehavioral Health |
| BBH/NURS/WMNST 452 | Women's Health Issues |
| CSD 269 | Deaf Culture |
| HDFS/WMNST 250 | Sexual Identity over the Life Span |
| HDFS 405 | Gender and Social Development |
| KINES/WMNST 424 | Women and Sport |

Work, Recreation, Family and Community:

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|-----------|--|
| HDFS 315 | Family Development |
| HDFS 424 | Family Development in an Economic Context |
| HM 466 | Human Resource Management in the Hospitality Industry |
| KINES 341 | The Historical, Cultural, and Social Dynamics of Sport |
| NUTR 456 | |
| RPTM 277 | Inclusive Leisure Services |

Academic Advising

The objectives of the university's academic advising program are to help advisees identify and achieve their academic goals, to promote their

intellectual discovery, and to encourage students to take advantage of both in-and out-of class educational opportunities in order that they become self-directed learners and decision makers.

Both advisers and advisees share responsibility for making the advising relationship succeed. By encouraging their advisees to become engaged in their education, to meet their educational goals, and to develop the habit of learning, advisers assume a significant educational role. The advisee's unit of enrollment will provide each advisee with a primary academic adviser, the information needed to plan the chosen program of study, and referrals to other specialized resources.

READ SENATE POLICY 32-00: ADVISING POLICY (<https://senate.psu.edu/policies-and-rules-for-undergraduate-students/32-00-advising-policy/>)

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Career Paths

Students might use the minor in Diversity and Inclusion in Health and Human Development to prepare for future positions in diversity leadership in organizations or for further graduate studies related to culturally appropriate health care, culturally sensitive tourism and hospitality, or simply to better prepare them for a diverse and global future.

Careers

Many employers are recognizing that being a successful company in the 21st century requires a full commitment to diversity and inclusion. Career paths now exist for individuals who specialize in understanding the challenges of serving diverse patients, students, customers, or clients and developing programs to ensure the organization is welcoming to all, able to recruit and retain a diverse workforce, and provide ongoing training that improves inclusion.

MORE INFORMATION ABOUT POTENTIAL CAREER OPTIONS FOR GRADUATES WITH A MINOR IN DIVERSITY AND INCLUSION IN HEALTH AND HUMAN DEVELOPMENT (<https://www.indeed.com/career-advice/finding-a-job/diversity-inclusion-and-belonging-jobs-rise/>)

Opportunities for Graduate Studies

Students continuing on to graduate study in clinical fields will find tremendous growth in personalized medicine, which fully appreciates the unique characteristics of persons, as well as in societal determinants of health, which recognizes health is shaped by our cultural environment. Students seeking further study in social and behavioral sciences can gain a strong platform for graduate programs that emphasize how culture, society and behavior interact in ways that impact health and quality of life. Students interested in graduate studies in business or management can develop an understanding of one of the critical issues facing leaders in any business organization.

Contact

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