

# HEALTH AND HUMAN DEVELOPMENT

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## Departments and Schools

### Department of Biobehavioral Health

Biobehavioral Health is an innovative department that explores health in an integrated way by considering how behavioral, biological, social, cultural and environmental factors may influence health. Biobehavioral Health students develop a strong foundation for future work or study in a range of fields, such as public health, health care, epidemiology, psychology, genetics, neuroscience, health promotion, biomedical research, and medicine.

MORE INFORMATION ABOUT THE DEPARTMENT OF BIOBEHAVIORAL HEALTH (<http://bbh.hhd.psu.edu/>)

### Department of Communications Sciences and Disorders

Communication Sciences and Disorders is a leader in preparing professionals who address prevention and rehabilitation of speech, language and hearing problems. The major incorporates linguistics, acoustics, psychology, anatomy, and neurobiology. Students typically pursue graduate study and professional certification and licensure and hold positions in hospitals, clinics, schools, research centers, and other settings.

MORE INFORMATION ABOUT THE DEPARTMENT OF COMMUNICATIONS SCIENCES AND DISORDERS (<http://csd.hhd.psu.edu/>)

### Department of Health Policy and Administration

The nationally recognized program in Health Policy and Administration (HPA) prepares students to understand the problems of health care access, cost, and quality. HPA prepares students to work as health services professionals, policy analysts, or to pursue graduate study in business, law, medicine, health administration, health services research, or public health.

MORE INFORMATION ABOUT THE DEPARTMENT OF HEALTH POLICY AND ADMINISTRATION (<http://hhd.psu.edu/hpa/>)

### School of Hospitality Management

The School of Hospitality Management combines a strong management and problem-solving orientation with real-world experiences to prepare students for the many career opportunities offered in the diverse and exciting segments of the hospitality industry. Penn State's Hospitality Management program is among the most prestigious of its kind in the nation.

MORE INFORMATION ABOUT THE SCHOOL OF HOSPITALITY MANAGEMENT (<http://hhd.psu.edu/shm/>)

### Department of Human Development and Family Studies

Human Development and Family Studies (HDFS) is a social science program that emphasizes engaged learning to prepare students to work in a wide range of applied settings, including aging, family services, youth programs, child care and early childhood education, drug and alcohol rehabilitation, human resources, and other human service fields. Our graduates pursue advanced degrees in social work, psychology, counseling, human development, sociology, law, medicine, and public health fields. Coursework emphasizes psychological, social,

and biological influences on individuals and families, and provides students with skills and experiences to prepare them to positively impact individuals, families, and communities.

MORE INFORMATION ABOUT THE DEPARTMENT OF HUMAN DEVELOPMENT AND FAMILY STUDIES (<http://hhd.psu.edu/hdfs/>)

### Department of Kinesiology

Kinesiology offers an interdisciplinary program focused on human movement related to health, wellness, and performance. Students apply skills and knowledge in biomechanics, exercise physiology, motor-control, psychology, philosophy/history, and athletic training to real-life problems, preparing them for graduate study in allied health/medical professions and careers in fitness, wellness, teaching, and coaching.

MORE INFORMATION ABOUT THE DEPARTMENT OF KINESIOLOGY (<http://hhd.psu.edu/kines/>)

### Department of Nutritional Sciences

Nutritional science is a dynamic discipline that incorporates knowledge of human biology and biochemistry to understand how the body utilizes nutrients and related substances to maintain optimal health throughout the life span. Students gain an understanding of the interplay of nutrition and lifestyle, and how this relates to current public health issues, as well as to the development and dietary management of chronic and acute diseases. Students learn the theory of cellular and organ metabolism to prepare them for health professions, and practice the skills of nutritional assessment and counseling to prepare them to implement medical nutrition therapy and to understand nutrition guidelines and policies to improve public health and the well-being of the population.

Students may select one or more Options: Behavioral Nutrition and Public Health, Nutritional Physiology and Biochemistry, and Nutrition and Dietetics. The Nutrition and Dietetics Option is accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND).

MORE INFORMATION ABOUT THE DEPARTMENT OF NUTRITIONAL SCIENCES (<https://bulletins.psu.edu/undergraduate/colleges/health-human-development/nutritional-sciences-bs/>)

### Department of Recreation, Park, and Tourism Management

Our goal is to educate and inspire students to facilitate recreation, park and tourism activities to transform health and human well-being. We integrate topics such as environmental sustainability, human development, health and well-being, social innovation and entrepreneurship, community and economic development, and leadership with an eye toward diversity and inclusion. RPTM students are prepared for graduate study as well as careers in natural resource and park management, tourism (including ecotourism), event planning, commercial and community recreational services, professional golf management and related fields.

MORE INFORMATION ABOUT THE DEPARTMENT OF RECREATION, PARK, AND TOURISM MANAGEMENT (<http://hhd.psu.edu/rptm/>)