

HUMAN DEVELOPMENT AND FAMILY STUDIES, A.S. (HEALTH AND HUMAN DEVELOPMENT)

Begin Campus: Altoona, Brandywine, DuBois, Fayette, Mont Alto, Schuylkill, Shenango, World Campus, Scranton, York

End Campus: Altoona, Brandywine, DuBois, Fayette, Mont Alto, Schuylkill, Scranton, Shenango, World Campus, York

Suggested Academic Plan

The suggested academic plan(s) listed on this page are the plan(s) that are in effect during the 2025-26 academic year. To access previous years' suggested academic plans, please visit the archive (<https://bulletins.psu.edu/undergraduate/archive/>) to view the appropriate Undergraduate Bulletin edition.

Adult Development and Aging Option: Human Development and Family Studies, A.S. at World Campus

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year		
Fall	Credits Spring	Credits
ENGL 15 [‡]	3 HDFS 249N [*]	3
HDFS 129 ^{*†}	3 HDFS 301 [*]	3
PSYCH 100 ^{*†}	3 CAS 100B or 100C [‡]	3
STAT 100, 200, or EDPSY 101 ^{*†}	3-4 General Education Course (GA)	3
Supporting Course ¹	3 Supporting Course ¹	3
15-16		15
Second Year		
Fall	Credits Spring	Credits
HDFS 315, 315Y, or SOC 30 [*]	3 BIOL 141, 155, or BISC 4 [†]	3
HDFS 395 (Pre-Internship Coursework) [*]	3 HDFS 395 (Internship Site Experience) [*]	3
HDFS 311 [*]	3 General Education Course (GH)	3
Supporting Course ¹	3 Supporting Course ¹	3
Supporting Course ¹	3 Elective	3
15		15

Total Credits 60-61

* Course requires a grade of C or better for the major

‡ Course requires a grade of C or better for General Education

Course is an Entrance to Major requirement

† Course satisfies General Education and degree requirement

University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy Cultural Diversity Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

General Education includes Foundations (GWS and GQ) and Knowledge Domains (GHW, GN, GA, GH, GS) requirements. Foundations courses (GWS and GQ) require a grade of 'C' or better.

Academic Advising Notes:

Students selecting a GH course or supporting course are encouraged to schedule a course with the US or IL designation.

Students selecting a GQ course are encouraged to check with an academic adviser for appropriate MATH entrance requirements.

It is recommended that students fulfill the Writing Across the Curriculum requirement by taking HDFS 315Y via the World Campus. If HDFS 315Y is not taken, HDFS 312 or another writing intensive course will fulfill that requirement. Check with your adviser to ensure you are taking a course that fulfills the Writing Across the Curriculum requirement.

Program Notes:

Many of the courses required for the Associate degree in HDFS may apply to the HDFS baccalaureate degree program.

¹ Students are encouraged to review the HDFS Supporting Courses list (<https://hhd.psu.edu/hdfs/undergraduate/courses/supporting-courses> (<https://hhd.psu.edu/hdfs/undergraduate/courses/supporting-courses/>)) for appropriate courses to fulfill the supporting course requirements.

Children Youth and Family Studies Option: Human Development and Family Studies, A.S. at World Campus

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First Year

Fall	Credits Spring	Credits
ENGL 15 [‡]	3 HDFS 229 or 239 [*]	3
HDFS 129 ^{*†}	3 HDFS 301 [*]	3
PSYCH 100 ^{*†}	3 CAS 100B or 100C [‡]	3
STAT 100, 200, or EDPSY 101 ^{*†}	3-4 General Education Course (GA)	3
Supporting Course ¹	3 Supporting Course ¹	3
15-16		15

Second Year

Fall	Credits Spring	Credits
HDFS 315, 315Y, or SOC 30 [*]	3 BIOL 141, 155, or BISC 4 [†]	3
HDFS 229 or 239 [*]	3 HDFS 395 (Internship Site Experience) [*]	3
HDFS 395 (Pre-Internship Coursework) [*]	3 General Education Course (GH)	3
HDFS 311 [*]	3 Supporting Course ¹	3
Supporting Course ¹	3 Supporting Course ¹	3
15		15

Total Credits 60-61

- * Course requires a grade of C or better for the major
- ‡ Course requires a grade of C or better for General Education
- # Course is an Entrance to Major requirement
- † Course satisfies General Education and degree requirement

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