

HUMAN DEVELOPMENT AND FAMILY STUDIES, B.S. (HEALTH AND HUMAN DEVELOPMENT)

Begin Campus: Any Penn State Campus

End Campus: University Park, World Campus

Suggested Academic Plan

The suggested academic plan(s) listed on this page are the plan(s) that are in effect during the 2023-24 academic year. To access previous years' suggested academic plans, please visit the archive (<https://bulletins.psu.edu/undergraduate/archive/>) to view the appropriate Undergraduate Bulletin edition (*Note: the archive only contains suggested academic plans beginning with the 2018-19 edition of the Undergraduate Bulletin*).

Life Span Developmental Sciences Option: Human Development and Family Studies, B.S. at University Park Campus

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

Fall	Credits Spring	Credits
HDFS 129*	3 HDFS 229, 239, or 249N*	3
HDFS 197 (HDFS First-Year Seminar)	2 General Education Course (GWS) (CAS 100A, CAS 100B, or CAS 100C recommended) [‡]	3
General Education Course (GWS) (ENGL 15, ENGL 30H, ESL 15 recommended) [‡]	3 General Education Course (GQ) [‡]	3
General Education Course (GH)	3 General Education Course (GA)	3
General Education Course (GS)	3 General Education Course (GS)	3
PSU First-Year Seminar	1	
	15	15

Second Year

Fall	Credits Spring	Credits
HDFS 315*	3 HDFS 301*	3
HDFS 229, 239, or 249N*	3 HDFS 311*	3
EDPSY 101, STAT 200, or HDFS 200* ^{††}	3-4 HDFS 312W* ¹	3
General Education Course (GN)	3 HDFS-US Cultures Requirement*	3

General Education Course (GH)	3 General Education Course (GN)	3
General Education Course (GHW)	1.5	
	16.5-17.5	15

Third Year

Fall	Credits Spring	Credits
HDFS 310M (or HDFS selection, see degree audit)*	3-4 HDFS 300 (or HDFS selection, see degree audit)*	3
HDFS 428, 429, 433, or 445*	3 HDFS 418*	3
Supporting Course ²	3 HDFS 428, 429, 433, or 445*	3
General Education Course (GWS) (ENGL 202A recommended) [‡]	3 Supporting Course 400-level ²	3
General Education Course (GA)	3 General Education Course (GN)	3
	15-16	15

Fourth Year

Fall	Credits Spring	Credits
HDFS 494 or 494H*	3 HDFS 494 or 494H*	3
HDFS 400-level*	3 HDFS 400-level*	3
HDFS 400-level*	3 Supporting Course 400-level ²	3
Supporting Course 400-level ²	3 Supporting Course ²	3
Elective	2 General Education (GHW)	1.5
	14	13.5

Total Credits 119-121

* Course requires a grade of C or better for the major

‡ Course requires a grade of C or better for General Education

Course is an Entrance to Major requirement

† Course satisfies General Education and degree requirement

¹ Students are encouraged to take HDFS 312W during the second year, if possible. In consultation with an adviser, students will find a faculty member during their 5th or 6th semesters to serve as the supervisor for HDFS 494 research project. This is a two-semester senior-year project, culminating in a Semester 8 research paper.

² Students are encouraged to review the HDFS Supporting Courses list (<https://hhd.psu.edu/hdfs/undergraduate/courses/supporting-courses/>) for appropriate courses to fulfill the supporting course requirements.

University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy Cultural Diversity Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

General Education includes Foundations (GWS and GQ), Knowledge Domains (GHW, GN, GA, GH, GS) and Integrative Studies (Inter-domain) requirements. N or Q (Honors) is the suffix at the end of a course number used to help identify an Inter-domain course, but the inter-domain

attribute is used to fill audit requirements. Foundations courses (GWS and GQ) require a grade of 'C' or better.

All incoming Schreyer Honors College first-year students at University Park will take ENGL 137H/CAS 137H in the fall semester and ENGL 138T/CAS 138T in the spring semester. These courses carry the GWS designation and replace both ENGL 30H and CAS 100. Each course is 3 credits.

Advising Notes:

Within the 30 credits of required General Education Domain courses, students must take 6 credits of Integrative Studies courses (<https://bulletins.psu.edu/undergraduate/general-education/integrative-studies/>) (Inter-domain or Linked courses). If you need additional clarification, consult with your academic adviser.

It is recommended that General Education Arts (GA) and Humanities (GH) courses be taken in the third and fourth year if student plans to study abroad. HDFS US Cultures Requirement suggested in Semester 4 is in addition to the university requirement. HDFS 315 satisfies the university requirement for US Cultures. International Cultures (IL) may be combined with GA, GH, or GS. Credit adjustments should be made if elective credits are needed, for a total of 120 credits minimum (which includes Semester 8)

LIMITATIONS ON SOURCE AND TIME FOR CREDIT ACQUISITION: Per Senate policy 83-80.5, the college dean or campus chancellor and program faculty may require up to 24 credits of course work in the major to be taken at the location or in the college or program where the degree is earned. Most majors in Health and Human Development require students to complete up to 24 credits for the major through courses taken at University Park. Courses taken at other Penn State campuses may not be counted toward this 24 credit minimum.

Life Span Human Services Option: Human Development and Family Studies, B.S. at University Park Campus and World Campus

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

Fall	Credits Spring	Credits
HDFS 129*	3 HDFS 229, 239, or 249N*	3
HDFS 297 (HDFS First-Year Seminar)	2 EDPSY 101, STAT 200, or HDFS 200*††	3-4
General Education Course (GWS) (ENGL 15, ENGL 30H, ESL 15 recommended)‡	3 General Education Course (GWS) (CAS 100A, CAS 100B, or CAS 100C recommended)‡	3
General Education Course (GS)	3 General Education Course (GA)	3
General Education Course (GQ)‡	3 General Education Course (GS)	3
PSU First-Year Seminar	1	
	15	15-16

Second Year

Fall	Credits Spring	Credits
HDFS 315*	3 HDFS 311*	3
HDFS 229, 239, or 249N*	3 General Education Course (GWS) (ENGL 202A recommended)‡	3
HDFS 312W* ¹	3 General Education Course (GN)	3
Supporting Course ²	3 General Education Course (GN)	3
General Education Course (GH)	3 General Education Course (GH)	3
General Education Course (GHW)	1.5	
	16.5	15

Third Year

Fall	Credits Spring	Credits
HDFS 301*	3 HDFS 418*	3
HDFS 411*	3 HDFS 414*	3
HDFS 300 or 400-level course*	3 HDFS 428, 429, 433, or 445*	3
Supporting Course 400-Level ²	3 HDFS 300 or 400-level course*	3
General Education Course (GN)	3 General Education Course (GA)	3
General Education Course (GHW)	1.5	
	16.5	15

Fourth Year

Fall	Credits Spring	Credits
HDFS 401 or 490* ^{3,4}	2-3 HDFS 495A or 495C* ⁵	8-9
HDFS 455*	3 HDFS 495B or 402* ⁵	3-4
HDFS US Cultures Requirement*	3	
Supporting Course 400-level ²	3	
Elective	4	
	15-16	11-13

Total Credits 119-123

- * Course requires a grade of C or better for the major
- ‡ Course requires a grade of C or better for General Education
- # Course is an Entrance to Major requirement
- † Course satisfies General Education and degree requirement

- ¹ Students are encouraged to take HDFS 312W during the second year, if possible.
- ² Students are encouraged to review the HDFS Supporting Courses list (<https://hhd.psu.edu/hdfs/undergraduate/courses/supporting-courses/>) for appropriate courses to fulfill the supporting course requirements.
- ³ Enroll in HDFS 401 only if HDFS 402 and HDFS 495C will be taken. World Campus students will take HDFS 490.
- ⁴ Enroll in HDFS 490 only if HDFS 495A and 495B will be taken.
- ⁵ Students at University Park and World Campus will take HDFS 495A (9 cr.) and HDFS 495B (3 cr.). Students at a Commonwealth Campus will take HDFS 495C (8 cr.) and HDFS 402 (4 cr.)

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General Education includes Foundations (GWS and GQ), Knowledge Domains (GHW, GN, GA, GH, GS) and Integrative Studies (Inter-domain) requirements. N or Q (Honors) is the suffix at the end of a course number used to help identify an Inter-domain course, but the inter-domain attribute is used to fill audit requirements. Foundations courses (GWS and GQ) require a grade of 'C' or better.

All incoming Schreyer Honors College first-year students at University Park will take ENGL 137H/CAS 137H in the fall semester and ENGL 138T/CAS 138T in the spring semester. These courses carry the GWS designation and replace both ENGL 30H and CAS 100. Each course is 3 credits.

Advising Notes:

Honors Students should be in the Life Span Developmental Sciences option. See Adviser to discuss.

Within the 30 credits of required General Education Domain courses, students must take 6 credits of Integrative Studies courses (<https://bulletins.psu.edu/undergraduate/general-education/integrative-studies/>)

(Inter-domain or Linked courses). If you need additional clarification, consult with your academic adviser.

It is recommended that General Education Arts (GA) and Humanities (GH) courses be taken in the third and fourth year if student plans to study abroad. HDFS US Cultures Requirement suggested in Semester 4 is in addition to the university requirement. HDFS 315 satisfies the university requirement for US Cultures. International Cultures (IL) may be combined with GA, GH, or GS. Credit adjustments should be made if elective credits are needed, for a total of 120 credits minimum (which includes Semester 8)

LIMITATIONS ON SOURCE AND TIME FOR CREDIT ACQUISITION: Per Senate policy 83-80.5, the college dean or campus chancellor and program faculty may require up to 24 credits of course work in the major to be taken at the location or in the college or program where the degree is earned. Most majors in Health and Human Development require students to complete up to 24 credits for the major through courses taken at University Park. Courses taken at other Penn State campuses may not be counted toward this 24 credit minimum.

Elementary & Early Childhood Education Concurrent Degree: Human Development and Family Studies, B.S. at University Park Campus

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First Year

Fall	Credits Spring	Credits
ENGL 15, 30H, or ESL 15 [†]	3 HDFS 229 ^{*#}	3
HDFS 129 [*]	3 EDPSY 14 ^{*#}	3
EDTHP 115 ^{*#}	3 CAS 100A, 100B, or 100C [†]	3
MATH 200 ^{*#1}	3 EDPSY 101 or STAT 200 ^{*#†}	3-4
General Education Course (GN) Biological Sciences ^{*#†}	3 General Education Course (GH) US History [*]	3
PSU First-Year Seminar (HDFS or Education)	1	
	16	15-16

Second Year

Fall	Credits Spring	Credits
HDFS 315 [*]	3 HDFS 311 [*]	3
HDFS 239 ^{*†}	3 CI 280 [*]	3
CI 295A or HDFS 330 ^{*2}	3 HDFS 312W ^{*3}	3
GEOG 30N, 123, or 126 ^{*†}	3 KINES 126 ^{*4,5}	1.5
General Education Course (GH) Literature ^{*†}	3 General Education Course (GQ) [*]	3
General Education Course (GN) Earth Science [*]	3 General Education Course (GN) Physical Science [*]	3
	18	16.5

Third Year

Fall	Credits Spring	Credits
ECE 451 [*]	3 ECE 479 [*]	3
HDFS 411 [*]	3 HDFS 418 [*]	3
SPLD 400 [*]	4 HDFS 414 [*]	3
ENGL 202A or 202B [†]	3 HDFS 428 [*]	3
	KINES 127 ^{*4,5}	1.5
	13	13.5

Fourth Year

Fall	Credits Spring	Credits
HDFS 429 [*]	3 LLED 400 [*]	3
HDFS 455 [*]	3 LLED 401 [*]	3
HDFS 301 [*]	3 LLED 402 [*]	3
SPLD 403A [*]	3 AED 303 [*]	3
General Education Course (GA)	3 MUSIC 241 [*]	3
	15	15

Fifth Year

Fall	Credits Spring	Credits
MTHED 420 [*]	3 CI 495F ^{*6}	3
SCIED 458 [*]	3 CI 495D ^{*6}	12

SSED 430W [*]	3	No additional coursework permitted during Student Teaching
CI 495A [*]	3	
US Cultures [*]	3	
	15	15

Total Credits 152-153

- * Course requires a grade of C or better for the major
- ‡ Course requires a grade of C or better for General Education
- # Course is an Entrance to Major requirement
- † Course satisfies General Education and degree requirement

- ¹ Enrollment into MATH 200 is controlled. Students must work closely with an academic adviser to secure enrollment in this class.
- ² Due to certification requirements, students in EECE are encouraged to take CI 295A, not HDFS 330.
- ³ Students are encouraged to take HDFS 312W during the second year, if possible.
- ⁴ Alternate courses can be found at: <https://ed.psu.edu/academics/departments/department-curriculum-and-instruction/undergraduate-teacher-education-pk-12/elementary-early-childhood-education-bs-pk-4/suggested-courses> (<https://ed.psu.edu/academics/departments/department-curriculum-and-instruction/undergraduate-teacher-education-pk-12/elementary-early-childhood-education-bs-pk-4/suggested-courses/>)
- ⁵ Petitioning for KINES 126 and/or 127 to fulfill the GHW requirement will require 1.5-3 credits of additional electives.
- ⁶ HDFS will use CI 495F and CI 495D for the HDFS internship block.

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Advising Notes:

- General Education Natural Science (GN) with a lab is required for the EECE major.
- Credits may be reduced if students have approved AP credits or transfer credits to apply to the curriculum requirements.
- The College of Education requires students enrolled in the EECE PK-4 program to purchase a notebook computer.

- Eligibility for entrance to the PK-4 teaching option in the Childhood and Early Adolescent (EECE) major is based on: (1) formal application, (2) completion of specified prerequisites, and (3) cumulative grade point average.
- Students must participate in a formal Entrance to Major process in a designated selection pool typically during the fourth semester in the Spring.

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