HUMAN DEVELOPMENT AND FAMILY STUDIES, MINOR

Requirements for a minor may be completed at any campus location offering the specified courses for the minor. Students may not change from a campus that offers their major to a campus that does not offer their major for the purpose of completing a minor.

What is Human Development and Family Studies?
The minor in Human Development and Family Studies helps you understand human behavior, learn how people relate to one another and learn how to make a difference in their lives. HDFS takes an interdisciplinary approach to helping you understand how individuals develop and change from birth to old age, how families and communities influence individual development, and how you can apply this knowledge to develop, implement and evaluate interventions designed to improve the lives of individuals and families. You will explore the biological, psychological, and sociological facets of life in order to learn how to develop, implement and evaluate interventions designed to improve the lives of individuals and families.

You Might Like This Program If...
- You want to understand how individuals develop and change from birth to old age, how families and communities influence individual development, and how to apply this knowledge to improve the lives of individuals and families.
- You plan to pursue a career in which knowledge about individual and family development can be useful, such as human services, health professions (speech pathology, occupational therapy, nursing, medicine) education and business (marketing, human resources).

MORE INFORMATION ABOUT HUMAN DEVELOPMENT AND FAMILY STUDIES (https://hhd.psu.edu/hdfs/undergraduate/minor-human-development-and-family-studies/)

Program Requirements

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Requirements for the Minor</td>
<td>18</td>
</tr>
</tbody>
</table>

Requirements for the Minor
A grade of C or better is required for all courses in the minor, as specified by Senate Policy 59-10 (https://senate.psu.edu/policies-and-rules-for-undergraduate-students/59-00-minors-and-certificates/#59-10). In addition, at least six credits of the minor must be unique from the prescribed courses required by a student's major(s).

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Prescribed Courses: Require a grade of C or better</td>
<td></td>
</tr>
<tr>
<td>HDFS 129</td>
<td>Introduction to Human Development and Family Studies</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Supporting Courses and Related Areas: Require a grade of C or better</td>
<td></td>
</tr>
<tr>
<td>Select 9 credits of HDFS courses</td>
<td>9</td>
<td></td>
</tr>
<tr>
<td>Select 6 credits of 400-level HDFS courses</td>
<td>6</td>
<td></td>
</tr>
</tbody>
</table>

Academic Advising
The objectives of the university’s academic advising program are to help advisees identify and achieve their academic goals, to promote their intellectual discovery, and to encourage students to take advantage of both in-and out-of class educational opportunities in order that they become self-directed learners and decision makers.

Both advisers and advisees share responsibility for making the advising relationship succeed. By encouraging their advisees to become engaged in their education, to meet their educational goals, and to develop the habit of learning, advisers assume a significant educational role. The advisee’s unit of enrollment will provide each advisee with a primary academic adviser, the information needed to plan the chosen program of study, and referrals to other specialized resources.

READ SENATE POLICY 32-00: ADVISING POLICY (https://senate.psu.edu/policies-and-rules-for-undergraduate-students/32-00-advising-policy/)

University Park
Melissa Wetzel, M.A., LPC, NCC
Academic Adviser
119 Health and Human Development Building
University Park, PA 16802
814-863-8000
mup874@psu.edu

Altoona
Lauren P. Jacobson
Assistant Teaching Professor, Human Development and Family Studies
Hawthorn Building 123
3000 Ivyside Park
Altoona, PA 16601
814-949-5333
lpj100@psu.edu

DuBois
Jessica Clontz, M.Ed., CRC
Assistant Teaching Professor, Human Development and Family Studies
1 College Place
DuBois, PA 15801
814-375-4833
jlb5810@psu.edu

Fayette
Elaine S. Barry, Ph.D.
Associate Professor of HDFS and Program Coordinator for HDFS and Psyc
2201 University Drive
Lemont Furnace, PA 15456
724-430-4284
esb12@psu.edu

Harrisburg
Hannah Mudrick, Ph.D.
Program Coordinator
Olmsted Building W314
Middletown, PA 17057
717-948-6404
hxm99@psu.edu
Career Paths

Careers
The career paths of HDFS students vary, but generally, they fall into one of the categories below. Some jobs can be pursued with an HDFS minor, when combined with an appropriate major field of study, but others will require additional education, training or certification. See the more detailed career pages for each of the following career categories to learn more about how a degree in HDFS can support your career development plans:

- Social work, counseling and psychology
- Teaching and education
- Advocacy and non-profit work
- Business careers (marketing, development)
- Health careers
- Research

MORE INFORMATION ABOUT POTENTIAL CAREER OPTIONS FOR GRADUATES WITH A MINOR IN HUMAN DEVELOPMENT AND FAMILY STUDIES (https://hhd.psu.edu/hdfs/undergraduate/career-opportunities/what-you-can-do-hdfs-degree/)

Opportunities for Graduate Studies
The HDFS minor, when combined with an appropriate major field of study, can provide useful preparation for graduate school in the social, behavioral, and health sciences. In recent years, HDFS students have pursued graduate studies in:

- Counseling (e.g., school counseling, counseling psychology)
- Social work
- Health professions (e.g., nursing, occupational therapy, medicine)
- Psychology and Human Development & Family Studies
- Elementary and Secondary Education
- Law and business

MORE INFORMATION ABOUT OPPORTUNITIES FOR GRADUATE STUDIES (https://hhd.psu.edu/hdfs/undergraduate/career-opportunities/what-you-can-do-hdfs-degree/)

Contact

University Park
DEPARTMENT OF HUMAN DEVELOPMENT AND FAMILY STUDIES
119 Health and Human Development Building
University Park, PA 16802
814-863-8000
mup874@psu.edu
https://hhd.psu.edu/hdfs

Altoona
DIVISION OF EDUCATION, HUMAN DEVELOPMENT, AND SOCIAL SCIENCES
Hawthorn Building 123
3000 Ivyside Park
Altoona, PA 16601
914-949-5333
lpj100@psu.edu
https://altoona.psu.edu/academics/bachelors-degrees/human-development-family-studies/contact-information

DuBois
1 College Place
DuBois, PA 15801
814-375-4833
jlb5810@psu.edu

Fayette
2201 University Drive
Lemont Furnace, PA 15456
724-430-4284
esb12@psu.edu

Harrisburg
SCHOOL OF BEHAVIORAL SCIENCES AND EDUCATION
Olmsted Building, W314
717-948-6059
Human Development and Family Studies, Minor

dlk33@psu.edu


Mont Alto

HUMAN DEVELOPMENT AND FAMILY STUDIES PROGRAM
112 Wiestling Hall
Mont Alto, PA 17237
717-749-6210
r2y@psu.edu

https://montalto.psu.edu/academics/bachelors/minors (https://montalto.psu.edu/academics/bachelors/minors/)

Scranton

111B Dawson Building
Dunmore, PA 18512
570-963-2674
jam81@psu.edu

Shenango

147 Shenango Avenue
101 McDowell Hall
Sharon, PA 16146
724-983-2979
cmb2@psu.edu

https://shenango.psu.edu/academics/degrees/human-development-family-studies (https://shenango.psu.edu/academics/degrees/human-development-family-studies/)

World Campus

DEPARTMENT OF HUMAN DEVELOPMENT AND FAMILY STUDIES
119 Health and Human Development Building
University Park, PA 16802
814-863-8000
sac301@psu.edu


York

13 John J. Romano Administrative Building
York, PA 17403
717-771-4029
ajs49@psu.edu

https://www.york.psu.edu/academics/baccalaureate/minors (https://www.york.psu.edu/academics/baccalaureate/minors/)