

KINESIOLOGY, B.S. (HEALTH AND HUMAN DEVELOPMENT)

Begin Campus: Any Penn State Campus

End Campus: University Park

Career Paths

A Kinesiology degree can provide many opportunities for students ranging from fulfilling careers in health and wellness to graduate research and professional studies in a wide range of biomedical, clinical and allied health fields. The hands-on learning opportunities and internships in the program allow students to build experience, gain professional skills and explore their interests to create a strong foundation for a post-graduation career or in the next step of their education.

Careers

Kinesiology students have many career options after graduation. Discussion with Kinesiology faculty, an adviser, or professionals in the field through internship experiences can provide additional insight. Many students use their Penn State Kinesiology degree in allied health and wellness fields, working with a wide range of populations in many different settings. The applied learning opportunities in our curriculum give students hands-on experience to work with children and adults to promote health and wellness. Kinesiology graduates are well-rounded and valuable employees with their strong scientific foundation that can be applied to solving problems related to human movement.

MORE INFORMATION ABOUT POTENTIAL CAREER OPTIONS FOR GRADUATES OF THE KINESIOLOGY PROGRAM (<https://americankinesiology.org/careers-in-kinesiology/>)

Opportunities for Graduate Studies

Many Kinesiology students aim to pursue graduate or professional school after they complete their undergraduate program. Kinesiology students are often interested in graduate study in physical or occupational therapy, athletic training, physician's assistant, medical school, orthotics and prosthetics, dentistry, nursing, or chiropractic school. Students also opt to attend graduate programs in Kinesiology to advance their understanding in one of the sub-disciplines of the field. Some Kinesiology students also pursue professional degrees in public health, health education or related fields after graduation. The Kinesiology undergraduate program includes many of the prerequisite courses needed for these post-bachelor programs, providing students with a strong scientific foundation for further study.

MORE INFORMATION ABOUT OPPORTUNITIES FOR GRADUATE STUDIES (<https://science.psu.edu/current-students/advising-and-student-services/prehealth-advising/>)

Professional Resources

- National Academy of Kinesiology (<https://nationalacademyofkinesiology.org>)
- American College of Sports Medicine (<https://www.acsm.org/>)
- National Strength and Conditioning Association (<https://www.nasca.com/>)
- SHAPE: Society of Health and Physical Educators (<https://www.shapeamerica.org/>)
- American Kinesiology Association (<https://americankinesiology.org/>)

- PA Department of Education (<https://www.education.pa.gov/Teachers%20-%20Administrators/Curriculum/HealthPhysicalEd/Pages/default.aspx>)
- SHAPE Equity, Diversity and Inclusion podcast (<https://www.shapeamerica.org/MemberPortal/prodev/edi-podcast.aspx>)