Program Learning Objectives

• Students will demonstrate personal, professional, and ethical competency within the discipline of kinesiology.
• Students will be able to define fundamental processes, theories, and methods in kinesiology including the physiology, psychology, biomechanics, motor control, history, and philosophy of human movement.
• Students will be able define and demonstrate competency for planning and implementing kinesiology-related health, fitness, performance, and behavior change interventions and programs.
• Students will be able to perform assessments of physical activity and fitness.
• Students will demonstrate skills related to thinking critically, evaluating research knowledge and evidence, and analyzing quantitative data.