

KINESIOLOGY, B.S. (HEALTH AND HUMAN DEVELOPMENT)

Begin Campus: Any Penn State Campus

End Campus: University Park

Program Learning Objectives

- Students will demonstrate personal, professional, and ethical competency within the discipline of kinesiology.
- Students will be able to define fundamental processes, theories, and methods in kinesiology including the physiology, psychology, biomechanics, motor control, history, and philosophy of human movement.
- Students will be able to define and demonstrate competency for planning and implementing kinesiology-related health, fitness, performance, and behavior change interventions and programs.
- Students will be able to perform assessments of physical activity and fitness.
- Students will demonstrate skills related to thinking critically, evaluating research knowledge and evidence, and analyzing quantitative data.