

KINESIOLOGY, MINOR

Requirements for a minor may be completed at any campus location offering the specified courses for the minor. Students may not change from a campus that offers their major to a campus that does not offer their major for the purpose of completing a minor.

Program Requirements

Requirement	Credits
Requirements for the Minor	18

Students in the Athletic Training Major are not permitted to obtain a Kinesiology Minor.

Students may need additional prerequisites to complete this minor.

Requirements for the Minor

A grade of C or better is required for all courses in the minor, as specified by Senate Policy 59-10 (<https://senate.psu.edu/students/policies-and-rules-for-undergraduate-students/59-00-minors-and-certificates/>).

In addition, at least six credits of the minor must be unique from the prescribed courses required by a student's major(s).

Code	Title	Credits
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Additional Courses

Additional Courses: Require a grade of C or better

Select 6 credits from the following: 6

KINES 100	The Cultural and Behavioral Foundations of Kinesiology	
KINES 101	The Biophysical Foundations of Kinesiology	
KINES 202	Functional Human Anatomy	

Supporting Courses and Related Areas

Supporting Courses and Related Areas: Require a grade of C or better

Select 12 credits from approved list, 6 credits must be at the 400-level: 12

KINES 100	The Cultural and Behavioral Foundations of Kinesiology	
KINES 101	The Biophysical Foundations of Kinesiology	
KINES 160N	Fitness with Exercise Physiology	
KINES 202	Functional Human Anatomy	
KINES 303	Emergency Recognition and Care with BLS CPR	
KINES 321	Psychology of Movement Behavior	
KINES 341	The Historical, Cultural, and Social Dynamics of Sport	
KINES 345	Meaning, Ethics, and Movement	
KINES 350	Exercise Physiology	
KINES 360	The Neurobiology of Motor Control and Development	
KINES 384	Biomechanics	

Any KINES 400-level course. Exclude: KINES 408, KINES 495B, KINES 495C, KINES 495D. No more than 3 credits of KINES 496 may count towards the minor.