KINESIOLOGY, MINOR

Requirements for a minor may be completed at any campus location offering the specified courses for the minor. Students may not change from a campus that offers their major to a campus that does not offer their major for the purpose of completing a minor.

Program Requirements

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Students in the Athletic Training Major are not permitted to obtain a Kinesiology Minor.

Students may need additional prerequisites to complete this minor.

Requirements for the Minor

A grade of C or better is required for all courses in the minor, as specified by Senate Policy 59-10 (https://senate.psu.edu/policies-and-rules-for-undergraduate-students/59-00-minors-and-certificates/#59-10). In addition, at least six credits of the minor must be unique from the prescribed courses required by a student’s major(s).

Additional Courses

Select 6-7 credits from the following:

- KINES 100: The Cultural and Behavioral Foundations of Kinesiology
- KINES 101: The Biophysical Foundations of Kinesiology
- KINES/ATHTR 202: Functional Human Anatomy

Supporting Courses and Related Areas

Select 12 credits from approved list, 6 credits must be at the 400-level:

- KINES 100: The Cultural and Behavioral Foundations of Kinesiology
- KINES 101: The Biophysical Foundations of Kinesiology
- KINES/ATHTR 202: Functional Human Anatomy
- KINES 321: Psychology of Movement Behavior
- KINES 341: The Historical, Cultural, and Social Dynamics of Sport
- KINES 345: Meaning, Ethics, and Movement
- KINES 350: Exercise Physiology
- KINES 360: The Neurobiology of Motor Control and Development
- KINES 384: Biomechanics
- KINES 405N: Bicycling Culture and Urban Design
- KINES 410: Physical Growth and Motor Development
- KINES 411: Introduction to Musculoskeletal Injury and Rehabilitation
- KINES 419: Disability Sport and Recreation
- KINES 420: Psychosocial Dimensions of Physical Activity
- KINES 421: Exercise Psychology
- KINES 422: Physical Activity Interventions
- KINES 423: Psychology of Sports Injuries
- KINES 424: Women and Sport
- KINES 425W: Physical Activity in Diverse Populations
- KINES 426: Physical Activity and Public Health
- KINES 427: Developmental Sport & Exercise Psychology
- KINES 428: Motivation and Emotion in Movement
- KINES 429: Psychology of Sport Performance
- KINES 430W: Groups in Physical Activity
- KINES 431: Concussion in Athletics: Brain to Behavior
- KINES 439W: Philosophy and Sport
- KINES/AMST 441: History of Sport in American Society
- KINES/CAMS 442: Alcohol and Drug Education
- KINES 445: History of Sport in the Modern World
- KINES 447W: Representing Sport in Popular Film
- KINES 449: Sport in African History
- KINES 452: Applied Cardiovascular Physiology
- KINES 453: Environmental Physiology
- KINES 454: Women's Health and Exercise Across the Lifespan
- KINES 455: Physiological Basis of Exercise as Medicine
- KINES 456: Physical Fitness Appraisal
- KINES 457: Exercise Prescription and Case Studies
- KINES 458: Introduction to Electrocardiogram Interpretation
- KINES 459: Community Engagement and Outreach in Kinesiology
- KINES 460: Movement Disorders
- KINES 463: Acquisition of Motor Skills
- KINES 465: Neurobiology of Sensorimotor Stroke Rehabilitation
- KINES 467: The Science of Performance Enhancement
- KINES 470: Genetics and Human Physical Performance
- KINES 471: MOTOR CONTROL
- KINES 481W: Scientific Basis of Exercise for Older Adults
- KINES 483: Motor Patterns of Children
- KINES 484: Advanced Biomechanics
- KINES 485: Science and Practice of Training Athletes
- KINES 488: Mechanics of Locomotion
- KINES 492W: Programming for Business and Agencies
- KINES 493: Principles and Ethics of Coaching
- KINES 493W: Principles and Ethics of Coaching
- KINES 495E: Advanced Professional Development in Kinesiology
- KINES 499: Foreign Studies

Exclude:
- EMT Courses - KINES 303, KINES 304, KINES 403, KINES 404, KINES 498A-F Special Topics.
• Internship Courses – KINES 495A, KINES 495B, KINES 495C, and KINES 495D and KINES 203, KINES 296 and KINES 496.