

# NUTRITIONAL SCIENCES, B.S.

**Begin Campus:** Any Penn State Campus

**End Campus:** University Park

## Career Paths

The multidisciplinary nature of the Nutritional Sciences degree prepares students in our program for a variety of career options and for graduate study in research and advanced professional training.

Students who choose the Nutrition and Dietetics option are well prepared for a post-graduate Dietetics supervised practice program that leads to the Registered Dietitian Nutritionist (RDN) credential. With the RDN, students can pursue careers in clinical dietetics, nutrition counseling, sports nutrition, public-health nutrition and policy, culinary nutrition, the food retail industry, sustainability, and applied research.

Courses taken in the Nutritional Physiology and Biochemistry option provide a strong science foundation for a variety of biomedical and health-related careers. This option is perfect for students interested in furthering their education by applying to medical, dental, physician assistant, chiropractic schools, or to continue their studies in graduate school for Nutritional Sciences. Students may also seek biomedical careers in research, pharmaceutical or other health related industries.

Students in the Behavioral Nutrition and Public Health (BNPH) option are prepared to work in global programs, public health, health promotion and education. Students in this option can also plan their coursework to meet the requirements needed to apply to health-related pre-professional programs (e.g., occupational therapy, nursing, or physician's assistant) Students may choose to attend graduate school in Nutritional Sciences, Public Health or a wide variety of other graduate programs.

## Careers

Armed with an advanced degree in Nutritional Science (NUTR), you will leverage your Penn State education and a vast network of like-minded professionals to find a fulfilling career that incorporates the physiological and biochemical aspects of nutritional practices in the context of health and wellness.

There is a seemingly endless array of positions in healthcare settings, academia, research, management and/or policymaking in which your skills and knowledge will be put to great use.

MORE INFORMATION ABOUT POTENTIAL CAREER OPTIONS FOR GRADUATES OF THE NUTRITIONAL SCIENCES PROGRAM (<https://hhd.psu.edu/nutrition/graduate-program/careers/>)

MORE INFORMATION ABOUT OPPORTUNITIES FOR GRADUATE STUDIES (<https://hhd.psu.edu/nutrition/graduate-program/>)

## Professional Resources

- Academy of Nutrition and Dietetics (<https://www.eatright.org>)
- American Society for Nutrition (<https://nutrition.org>)
- Society for Nutrition Behavior and Education (<https://sneb.org>)
- Sports, Cardiovascular, and Wellness Nutrition (<https://www.scandpg.org>)
- Pennsylvania Academy of Nutrition and Dietetics (<https://eatrightpa.org>)

- American Association of Medical Colleges (allopathic) (<https://www.aamc.org>)
- American Association of Colleges of Osteopathic Medicine (<https://www.aacom.org>)
- Physician Assistant Education Association (<https://www.paeonline.org>)
- American Dental Education Association (<https://www.adea.org>)
- American Association of Colleges of Nursing (<https://www.aacnnursing.org>)
- American Association of Schools & Programs of Public Health (<https://www.aspph.org>)