

# SPORTS NUTRITION, MINOR

Requirements for a minor may be completed at any campus location offering the specified courses for the minor. Students may not change from a campus that offers their major to a campus that does not offer their major for the purpose of completing a minor.

## Program Requirements

Requirement	Credits
Requirements for the Minor	18

### Requirements for the Minor

A grade of C or better is required for all courses in the minor, as specified by Senate Policy 59-10 (<https://senate.psu.edu/students/policies-and-rules-for-undergraduate-students/59-00-minors-and-certificates/>). In addition, at least six credits of the minor must be unique from the prescribed courses required by a student's major(s).

Code	Title	Credits
<b>Prescribed Courses</b>		
<i>Prescribed Courses: Require a grade of C or better</i>		
HM 230	Principles of Food Production Management	3
NUTR 251	Introductory Principles of Nutrition	3
NUTR 358	Assessment of Nutritional Status	3
NUTR 407	Nutrition for Exercise and Sports	3
NUTR 487	Advanced Performance Nutrition	3
<b>Additional Courses</b>		
<i>Additional Courses: Require a grade of C or better</i>		
KINES 160N or KINES 350	Fitness with Exercise Physiology Exercise Physiology	3