

LONGEVITY, AGING AND GENERATIONAL STUDIES, MINOR

Requirements for a minor may be completed at any campus location offering the specified courses for the minor. Students may not change from a campus that offers their major to a campus that does not offer their major for the purpose of completing a minor.

Program Description

The intercollege minor in Longevity, Aging and Generational Studies is designed for students to gain an in-depth understanding of the aging process and its implications for science and society. With the growth of the number of older people in the population, there is increased need for people with knowledge of the aging process in a variety of professional and occupational roles. In conjunction with the student's major, the minor prepares students for entry-level human service positions working with aging adults, or for graduate or professional school programs including communication disorders, counseling, health planning and administration, medicine, psychology, recreation and park management, social work, and hospitality management where knowledge of the aging process and problems of older people is relevant. Eighteen credits are required for the minor, including at least 6 credits at the 400 level.

What is Longevity, Aging and Generational Studies?

Longevity, Aging and Generational Studies is the comprehensive study of aging as a developmental process using the many disciplinary frameworks of the biological, life, and health sciences, social and behavioral sciences, and arts and humanities. The intercollege minor in Longevity, Aging and Generational Studies at Penn State offers students in all colleges and campuses an opportunity to learn about this complex and important field through multidisciplinary study. As scientific and societal successes extended the human lifespan, population aging has now become a common phenomenon across many nations. There is enormous need for individuals with an understanding of aging processes who can work as clinicians, health professionals, managers, researchers and more.

MORE INFORMATION ABOUT LONGEVITY, AGING AND GENERATIONAL STUDIES (<https://healthyaging.psu.edu>)

You Might Like This Program If...

- You want to learn more about the aging process and problems of older people.
- You want to prepare for an entry-level position working with elderly individuals or elderly populations.
- You plan to pursue a graduate or professional school program in a field in which knowledge of the aging process and problems of older people is relevant, such as communication disorders, counseling, health planning and administration, medicine, psychology, recreation and park management, or social work.

MORE INFORMATION ABOUT WHY STUDENTS CHOOSE TO STUDY LONGEVITY, AGING AND GENERATIONAL STUDIES (<https://businessandaging.blogs.com>)

Program Requirements

Requirement	Credits
Requirements for the Minor	18

Requirements for the Minor

A grade of C or better is required for all courses in the minor, as specified by Senate Policy 59-10 (<https://senate.psu.edu/policies-and-rules-for-undergraduate-students/59-00-minors-and-certificates/#59-10>). In addition, at least six credits of the minor must be unique from the prescribed courses required by a student's major(s).

Code	Title	Credits
Prescribed Courses		
<i>Prescribed Courses: Require a grade of C or better</i>		
HDFS 249N	Adult Development and Aging	3
HDFS 445	Development Throughout Adulthood	3
Supporting Courses and Related Areas		
<i>Supporting Courses and Related Areas: Require a grade of C or better</i>		
Select 12 credits from the following (including at least 3 credits at the 400 level):		12
ADTED 460	Introduction to Lifelong Learning and Adult Education	
AYFCE/CIED 845	Intergenerational Programs and Practices (must be approved by the Graduate School)	
BBH 316	Foundations and Principles of Health Promotion	
BBH 368	Neuroanatomy, Behavior, and Health	
BBH 410	Developmental and Health Genetics	
BBH 416	Health Promotion II: Planning, Implementation, and Evaluation	
BBH 417	Advanced Applications in Health Promotion	
BBH 420	Developing Stress Management Programs	
BBH/HPA 440	Principles of Epidemiology	
BBH 468	Neuroanatomical Bases for Disorders of Behavior and Health	
BBH 469	Neurobiology	
BIOL 155	Introduction to the Biology of Aging	
BIOL 409	Biology of Aging	
CAS 162N	Communicating Care	
CAS 253	Health Communication	
CAS 421	Communication and Aging	
CAS 453	Health Communication Theory and Research	
ENGR 310	Entrepreneurial Leadership	
FIN 330	Personal Financial Planning	
FIN 430	Estate Planning	
FIN 450	Retirement Planning	
HDFS 210Z	Ethnicity, Health and Aging	
HDFS 413	Developmental Problems in Adulthood	
HDFS 434	Perspectives on Aging	
HDFS 447	Issues in Gerontology	
HDFS 448	Death and Bereavement	
HHD 100H	Honors Seminar on Longevity, Health, and Human Development	
HHD 245N	Health, humanity, and longevity: Conversations with elders	

HM 306	Hospitality in Senior Living
HM 413	New Product Development for Commercial Foodservice
HM 483	Revenue Management
HM 484	Hospitality Entrepreneurship and Innovation
HPA 301	Health Services Policy Issues
HPA 332	Health Systems Management
HPA 442	Long-Term Care Management
HPA 443	Nursing Home Administration
HPA 444	Aging Policy in the United States
KINES 350	Exercise Physiology
KINES 360	The Neurobiology of Motor Control and Development
KINES 384	Biomechanics
KINES 465	Neurobiology of Sensorimotor Stroke Rehabilitation
KINES 481W	Scientific Basis of Exercise for Older Adults
MGMT 215	Entrepreneurial Mindset
NURS 115	Medications and the Elderly Client
NURS 310	Therapeutic Nursing Care of the Older Adult Client in a Variety of Settings
NURS 464	Dying and Death
PSYCH 244	Introduction to the Psychology of Human Factors Engineering
PSYCH 260	Neurological Bases of Human Behavior
RM 302	Risk and Insurance
RM 320W	Risk Management and Insurance
RM 401	Fundamentals of Private Pensions
SOC 35	Sociology of Aging
SOC 162N	Communicating Care
SOC 423	Social Demography
SOC 435	Perspectives on Aging

Note: With faculty approval, students may apply credits earned through special topics courses (297, 497), independent study or research that focus on aging or old age towards minor requirements.

Academic Advising

The objectives of the university's academic advising program are to help advisees identify and achieve their academic goals, to promote their intellectual discovery, and to encourage students to take advantage of both in-and-out-of class educational opportunities in order that they become self-directed learners and decision makers.

Both advisers and advisees share responsibility for making the advising relationship succeed. By encouraging their advisees to become engaged in their education, to meet their educational goals, and to develop the habit of learning, advisers assume a significant educational role. The advisee's unit of enrollment will provide each advisee with a primary academic adviser, the information needed to plan the chosen program of study, and referrals to other specialized resources.

READ SENATE POLICY 32-00: ADVISING POLICY (<https://senate.psu.edu/policies-and-rules-for-undergraduate-students/32-00-advising-policy/>)

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Career Paths

With the growth in the number of older persons in the U.S. and globally, nearly every health profession, from geriatricians (physicians who specialize in care for older persons) to hospice nurses, is impacted by the need for health care among an aging population. In addition, older people are living more active lives, so fitness and recreational professionals and hospitality and tourism managers see increased demand from older persons. And, the increase in the aging population is placing new challenges on organizations, families, and communities, so anyone interested in these societal organizations will be affected by gerontological issues.

MORE INFORMATION ABOUT POTENTIAL CAREER OPTIONS FOR GRADUATES WITH A MINOR IN LONGEVITY, AGING AND GENERATIONAL STUDIES (<https://agework.geron.org>)

MORE INFORMATION ABOUT OPPORTUNITIES FOR GRADUATE STUDIES (<https://www.geron.org/academy-for-gerontology-in-higher-education-aghe/>)

Contact

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<https://hhd.psu.edu/undergraduate/minors> (<https://hhd.psu.edu/undergraduate/minors/>)

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<https://shenango.psu.edu/academics/degrees/human-development-family-studies> (<https://shenango.psu.edu/academics/degrees/human-development-family-studies/>)