LONGEVITY, AGING AND GENERATIONAL STUDIES, MINOR

Requirements for a minor may be completed at any campus location offering the specified courses for the minor. Students may not change from a campus that offers their major to a campus that does not offer their major for the purpose of completing a minor.

Program Description

The intercollege minor in Longevity, Aging and Generational Studies is designed for students to gain an in-depth understanding of the aging process and its implications for science and society. With the growth of the number of older people in the population, there is increased need for people with knowledge of the aging process in a variety of professional and occupational roles. In conjunction with the student’s major, the minor prepares students for entry-level human service positions working with aging adults, or for graduate or professional school programs including communication disorders, counseling, health planning and administration, medicine, psychology, recreation and park management, social work, and hospitality management where knowledge of the aging process and problems of older people is relevant. Eighteen credits are required for the minor, including at least 6 credits at the 400 level.

What is Longevity, Aging and Generational Studies?

Longevity, Aging and Generational Studies is the comprehensive study of aging as a developmental process using the many disciplinary frameworks of the biological, life, and health sciences, social and behavioral sciences, and arts and humanities. The intercollege minor in Longevity, Aging and Generational Studies at Penn State offers students in all colleges and campuses an opportunity to learn about this complex and important field through multidisciplinary study. As scientific and societal successes extended the human lifespan, population aging has now become a common phenomenon across many nations. There is enormous need for individuals with an understanding of aging processes who can work as clinicians, health professionals, managers, researchers and more.

MORE INFORMATION ABOUT LONGEVITY, AGING AND GENERATIONAL STUDIES (https://healthyaging.psu.edu)

You Might Like This Program If...

- You want to learn more about the aging process and problems of older people.
- You want to prepare for an entry-level position working with elderly individuals or elderly populations.
- You plan to pursue a graduate or professional school program in a field in which knowledge of the aging process and problems of older people is relevant, such as communication disorders, counseling, health planning and administration, medicine, psychology, recreation and park management, or social work.

MORE INFORMATION ABOUT WHY STUDENTS CHOOSE TO STUDY LONGEVITY, AGING AND GENERATIONAL STUDIES (https://businessandaging.blogs.com)

Program Requirements

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Credits</th>
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<tbody>
<tr>
<td>Requirements for the Minor</td>
<td>18</td>
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Requirements for the Minor

A grade of C or better is required for all courses in the minor, as specified by Senate Policy 59-10 (https://senate.psu.edu/policies-and-rules-for-undergraduate-students/59-00-minors-and-certificates/#59-10). In addition, at least six credits of the minor must be unique from the prescribed courses required by a student’s major(s).

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<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>Prescribed Courses: Require a grade of C or better</td>
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<tr>
<td>HDFS 249N</td>
<td>Adult Development and Aging</td>
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<td>HDFS 445</td>
<td>Development Throughout Adulthood</td>
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<tr>
<td>Supporting Courses and Related Areas: Require a grade of C or better</td>
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<td>Select 12 credits from the following (including at least 3 credits at the 400 level):</td>
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<tr>
<td>ADTED 460</td>
<td>Introduction to Lifelong Learning and Adult Education</td>
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<td>AYFCE/CIED 845</td>
<td>Intergenerational Programs and Practices (must be approved by the Graduate School)</td>
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<tr>
<td>BBH 316</td>
<td>Foundations and Principles of Health Promotion</td>
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<td>BBH 368</td>
<td>Neuroanatomy, Behavior, and Health</td>
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<td>BBH 410</td>
<td>Developmental and Health Genetics</td>
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<td>BBH 416</td>
<td>Health Promotion II: Planning, Implementation, and Evaluation</td>
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<td>BBH 417</td>
<td>Advanced Applications in Health Promotion</td>
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<td>BBH 420</td>
<td>Developing Stress Management Programs</td>
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<td>BBH/HPA 440</td>
<td>Principles of Epidemiology</td>
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<td>BBH 468</td>
<td>Neuroanatomical Bases for Disorders of Behavior and Health</td>
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<td>BBH 469</td>
<td>Neurobiology</td>
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<tr>
<td>BIOL 155</td>
<td>Introduction to the Biology of Aging</td>
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<td>BIOL 409</td>
<td>Biology of Aging</td>
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<tr>
<td>CAS 162N</td>
<td>Communicating Care</td>
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<td>CAS 253</td>
<td>Health Communication</td>
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<td>CAS 421</td>
<td>Communication and Aging</td>
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<tr>
<td>CAS 453</td>
<td>Health Communication Theory and Research</td>
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<td>ENGR 310</td>
<td>Entrepreneurial Leadership</td>
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<td>FIN 330</td>
<td>Personal Financial Planning</td>
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<td>FIN 430</td>
<td>Estate Planning</td>
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<td>FIN 450</td>
<td>Retirement Planning</td>
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<td>HDFS 210Z</td>
<td>Ethnicity, Health and Aging</td>
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<td>HDFS 413</td>
<td>Developmental Problems in Adulthood</td>
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<td>HDFS 434</td>
<td>Perspectives on Aging</td>
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<td>HDFS 447</td>
<td>Issues in Gerontology</td>
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<td>HDFS 448</td>
<td>Death and Bereavement</td>
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<tr>
<td>HHD 100H</td>
<td>Honors Seminar on Longevity, Health, and Human Development</td>
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<tr>
<td>HHD 245N</td>
<td>Health, humanity, and longevity: Conversations with elders</td>
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Longevity, Aging and Generational Studies, Minor

HM 306  Hospitality in Senior Living
HM 413  New Product Development for Commercial Foodservice
HM 483  Revenue Management
HM 484  Hospitality Entrepreneurship and Innovation
HPA 301  Health Services Policy Issues
HPA 332  Health Systems Management
HPA 442  Long-Term Care Management
HPA 443  Nursing Home Administration
HPA 444  Aging Policy in the United States
KINES 350  Exercise Physiology
KINES 360  The Neurobiology of Motor Control and Development
KINES 384  Biomechanics
KINES 465  Neurobiology of Sensorimotor Stroke Rehabilitation
KINES 481W  Scientific Basis of Exercise for Older Adults
MGMT 215  Entrepreneurial Mindset
NURS 115  Medications and the Elderly Client
NURS 310  Therapeutic Nursing Care of the Older Adult Client in a Variety of Settings
NURS 464  Dying and Death
PSYCH 244  Introduction to the Psychology of Human Factors Engineering
PSYCH 260  Neurological Bases of Human Behavior
RM 302  Risk and Insurance
RM 320W  Risk Management and Insurance
RM 401  Fundamentals of Private Pensions
SOC 35  Sociology of Aging
SOC 162N  Communicating Care
SOC 423  Social Demography
SOC 435  Perspectives on Aging

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Career Paths
With the growth in the number of older persons in the U.S. and globally, nearly every health profession, from geriatricians (physicians who specialize in care for older persons) to hospice nurses, is impacted by the need for health care among an aging population. In addition, older people are living more active lives, so fitness and recreational professionals and hospitality and tourism managers see increased demand from older persons. And, the increase in the aging population is placing new challenges on organizations, families, and communities, so anyone interested in these societal organizations will be affected by gerontological issues.

MORE INFORMATION ABOUT POTENTIAL CAREER OPTIONS FOR GRADUATES WITH A MINOR IN LONGEVITY, AGING AND GENERATIONAL STUDIES (https://agework.geron.org)

MORE INFORMATION ABOUT OPPORTUNITIES FOR GRADUATE STUDIES (https://www.geron.org/academy-for-gerontology-in-higher-education-aghe/)

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https://hhd.psu.edu/undergraduate/minors (https://hhd.psu.edu/undergraduate/minors/)

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https://shenango.psu.edu/academics/degrees/human-development-family-studies (https://shenango.psu.edu/academics/degrees/human-development-family-studies/)