

# LONGEVITY, AGING AND GENERATIONAL STUDIES, MINOR

Requirements for a minor may be completed at any campus location offering the specified courses for the minor. Students may not change from a campus that offers their major to a campus that does not offer their major for the purpose of completing a minor.

## Program Requirements

Requirement	Credits
Requirements for the Minor	18

### Requirements for the Minor

A grade of C or better is required for all courses in the minor, as specified by Senate Policy 59-10 (<https://senate.psu.edu/policies-and-rules-for-undergraduate-students/59-00-minors-and-certificates/#59-10>). In addition, at least six credits of the minor must be unique from the prescribed courses required by a student's major(s).

Code	Title	Credits
<b>Prescribed Courses</b>		
<i>Prescribed Courses: Require a grade of C or better</i>		
HDFS 249N	Adult Development and Aging	3
HDFS 445	Development Throughout Adulthood	3
<b>Supporting Courses and Related Areas</b>		
<i>Supporting Courses and Related Areas: Require a grade of C or better</i>		
Select 12 credits from the following (including at least 3 credits at the 400 level):		12
ADTED 460	Introduction to Lifelong Learning and Adult Education	
AYFCE/CIED 845	Intergenerational Programs and Practices (must be approved by the Graduate School)	
BBH 316	Foundations and Principles of Health Promotion	
BBH 368	Neuroanatomy, Behavior, and Health	
BBH 410	Developmental and Health Genetics	
BBH 416	Health Promotion II: Planning, Implementation, and Evaluation	
BBH 417	Advanced Applications in Health Promotion	
BBH 420	Developing Stress Management Programs	
BBH/HPA 440	Principles of Epidemiology	
BBH 468	Neuroanatomical Bases for Disorders of Behavior and Health	
BBH 469	Neurobiology	
BIOL 155	Introduction to the Biology of Aging	
BIOL 409	Biology of Aging	
CAS 162N	Communicating Care	
CAS 253	Health Communication	
CAS 421	Communication and Aging	
CAS 453	Health Communication Theory and Research	
ENGR 310	Entrepreneurial Leadership	
FIN 330	Personal Financial Planning	
FIN 430	Estate Planning	

FIN 450	Retirement Planning
HDFS 210Z	Ethnicity, Health and Aging
HDFS 413	Developmental Problems in Adulthood
HDFS 434	Perspectives on Aging
HDFS 447	Issues in Gerontology
HDFS 448	Death and Bereavement
HHD 100H	Honors Seminar on Longevity, Health, and Human Development
HHD 245N	Health, humanity, and longevity: Conversations with elders
HM 306	Hospitality in Senior Living
HM 413	New Product Development for Commercial Foodservice
HM 483	Revenue Management
HM 484	Hospitality Entrepreneurship and Innovation
HPA 301	Health Services Policy Issues
HPA 332	Health Systems Management
HPA 442	Long-Term Care Management
HPA 443	Nursing Home Administration
HPA 444	Aging Policy in the United States
KINES 350	Exercise Physiology
KINES 360	The Neurobiology of Motor Control and Development
KINES 384	Biomechanics
KINES 465	Neurobiology of Sensorimotor Stroke Rehabilitation
KINES 481W	Scientific Basis of Exercise for Older Adults
MGMT 215	Entrepreneurial Mindset
NURS 115	Medications and the Elderly Client
NURS 310	Therapeutic Nursing Care of the Older Adult Client in a Variety of Settings
NURS 464	Dying and Death
PSYCH 244	Introduction to the Psychology of Human Factors Engineering
PSYCH 260	Neurological Bases of Human Behavior
RM 302	Risk and Insurance
RM 320W	Risk Management and Insurance
RM 401	Fundamentals of Private Pensions
SOC 35	Sociology of Aging
SOC 162N	Communicating Care
SOC 423	Social Demography
SOC 435	Perspectives on Aging

Note: With faculty approval, students may apply credits earned through special topics courses (297, 497), independent study or research that focus on aging or old age towards minor requirements.