

HUMAN DEVELOPMENT AND FAMILY STUDIES, A.S. (UNIVERSITY COLLEGE)

Begin Campus: Brandywine, DuBois, Fayette, Mont Alto, Shenango, Scranton, York, Schuylkill

End Campus: Brandywine, DuBois, Fayette, Mont Alto, Shenango, Scranton, York, Schuylkill

Program Description

Not all options are available at every campus. Contact the campus you are interested in attending to determine which options are offered.

This major integrates practical and academic experiences to provide the student with entry-level professional competence in the human service field. The objective of the major is to offer a general education background, a knowledge base in life span and family development, and a core of professional skills that may be applied in program planning and service delivery activities. The major is offered part-time, in the evening, and through independent learning.

Adult Development and Aging Services Option

Available at the following campuses: Altoona, Brandywine, DuBois, Fayette, Mont Alto, Schuylkill, Scranton, Shenango, World Campus, York

This option is designed to prepare students for a wide variety of service roles in mental health facilities, nursing homes and other institutions for the aged, area agencies on aging, public welfare and family service agencies, women's resource centers, human relations programs, employee assistance programs and customer services and consumer relations programs in business and industry. An approved field experience in any of a wide variety of settings that serve adults, the aged, and their families, is required for this option.

Children, Youth, and Family Services Option

Available at the following campuses: Altoona, Brandywine, DuBois, Fayette, Mont Alto, Schuylkill, Scranton, Shenango, World Campus, York

This option is designed to prepare students for service roles in preschools; day care centers; hospitals; institutional and community programs for emotionally disturbed, abused, or neglected children and adolescents; as well as a variety of public welfare and family service agencies. An approved field experience in a children, youth, or family services setting is required for this option.

Early Childhood Care and Education Option

Available at the following campuses: DuBois, Fayette, Shenango, York

This option is designed to increase professional capabilities in child care training in regard to issues of quality, affordability, and accessibility of programming. The primary foci are on language, literacy, and science reasoning. In the coursework, there is a blending of theory and practice that requires experience in a group setting with young children. Courses concentrate on infants and toddlers as well as older preschoolers. Each course has a strong parent/family communications component and stresses observation techniques appropriate for assessing and evaluating the development of young children.

What is Human Development and Family Studies?

The Associate in Science in Human Development and Family Studies (HDFS) integrates practical and academic experiences to provide you with entry-level, professional competencies in the human service fields. The Adult Development and Aging Services option focuses on the biological, psychological, and social development of adults and elderly persons, with special emphasis on the various contexts of adult development, including work and the family. The Children, Youth, and Family Services option is an ideal choice if you want to work with various age groups in centers, institutions, and agencies. The program's ultimate goal is to improve the quality of planned services for families from varied backgrounds and community settings. For both options, HDFS students complete an internship at a human service organization in their community. Real world experience will help you build professional networks, establish references, and reflect on what you have learned in the classroom.

You Might Like This Program If...

- You already work in a human service–related field.
- You aspire to work in human service–related occupations.

Entrance to Major

Students must have a minimum 2.0 GPA to change to this Associate degree after admission to the University.

Degree Requirements

For the Associate in Science degree in Human Development and Family Studies, a minimum of 60 credits is required:

| Requirement | Credits |
|----------------------------|---------|
| General Education | 21 |
| Electives | 0-3 |
| Requirements for the Major | 51-55 |

General Education

Connecting career and curiosity, the General Education curriculum provides the opportunity for students to acquire transferable skills necessary to be successful in the future and to thrive while living in interconnected contexts. General Education aids students in developing intellectual curiosity, a strengthened ability to think, and a deeper sense of aesthetic appreciation. These are requirements for all baccalaureate students and are often partially incorporated into the requirements of a program. For additional information, see the General Education Requirements (<http://bulletins.psu.edu/undergraduate/general-education/associate-degree-general-education-program>) section of the Bulletin and consult your academic adviser.

Foundations (grade of C or better is required.)

- **Quantification (GQ):** 3 credits
- **Writing and Speaking (GWS):** 3 credits

Knowledge Domains

- **Arts (GA):** 3 credits
- **Humanities (GH):** 3 credits
- **Social and Behavioral Sciences (GS):** 3 credits
- **Natural Sciences (GN):** 3 credits

Foundations or Knowledge Domains

- A General Education course selected from GWS, GQ, GN, GA, GH, or GS, and may include Integrative Studies (Inter-domain or Linked) courses: 3 credits

The keystone symbol appears next to the title of any course that is designated as a General Education course. Program requirements may also satisfy General Education requirements and vary for each program.

15 of these 21 credits are included in the Requirements for the Major.

University Degree Requirements

Cultures Requirement

3 credits of United States (US) or International (IL) cultures coursework are required and may satisfy other requirements

Writing Across the Curriculum

3 credits required from the college of graduation and likely prescribed as part of major requirements.

Total Minimum Credits

A minimum of 60 degree credits must be earned for a associates degree. The requirements for some programs may exceed 60 credits. Students should consult with their college or department adviser for information on specific credit requirements.

Quality of Work

Candidates must complete the degree requirements for their major and earn at least a 2.00 grade-point average for all courses completed within their degree program.

Limitations on Source and Time for Credit Acquisition

Credit used toward degree programs may need to be earned from a particular source or within time constraints (see Senate Policy 83-80 (<http://senate.psu.edu/policies-and-rules-for-undergraduate-students/82-00-and-83-00-degree-requirements/#83-80>)). For more information, check the Suggested Academic Plan for your intended program.

Requirements for the Major

This includes 15 credits of General Education courses: 6 credits of GWS courses; 3 credits of GS courses; 3 credits of GN courses; and 3 credits of GQ courses.

To graduate, a student enrolled in the major must earn a grade of C or better in each course designated by the major as a C-required course, as specified by Senate Policy 82-44 (<http://senate.psu.edu/policies-and-rules-for-undergraduate-students/82-00-and-83-00-degree-requirements/#82-44>).

Common Requirements for the Major (All Options)

| Code | Title | Credits |
|---|---|---------|
| Prescribed Courses | | |
| CAS 100 | Effective Speech | 3 |
| ENGL 15 | Rhetoric and Composition | 3 |
| PSYCH 100 | Introductory Psychology | 3 |
| HDFS 395 | Internship | 6 |
| <i>Prescribed Courses: Require a grade of C or better</i> | | |
| HDFS 129 | Introduction to Human Development and Family Studies | 3 |
| HDFS 301 | Values and Ethics in Health and Human Development Professions | 3 |

Additional Courses

| | | |
|---|--|-----|
| Select one of the following: | | 3 |
| BIOL 141 | Introductory Physiology | |
| BIOL 155 | Introduction to the Biology of Aging | |
| BISC 4 | Human Body: Form and Function | |
| <i>Additional Courses: Require a grade of C or better</i> | | |
| Select one of the following: | | 3-4 |
| EDPSY 101 | Analysis and Interpretation of Statistical Data in Education | |
| STAT 100 | Statistical Concepts and Reasoning | |
| STAT 200 | Elementary Statistics | |
| SOC 30 | Sociology of the Family (SOC 30 does not require a grade of C or better) | 3 |
| or HDFS 315 | Family Development | |

Requirements for the Option

| | |
|------------------|-------|
| Select an option | 21-24 |
|------------------|-------|

Requirements for the Option

Adult Development and Aging Services Option (21 credits)

Available at the following campuses: Altoona, Brandywine, DuBois, Fayette, Mont Alto, Schuylkill, Scranton, Shenango, World Campus, York

| Code | Title | Credits |
|---|--|---------|
| Prescribed Courses | | |
| <i>Prescribed Courses: Require a grade of C or better</i> | | |
| HDFS 249 | | 3 |
| HDFS 311 | Human Development and Family Studies Interventions | 3 |

Supporting Courses and Related Areas

| | |
|---|----|
| Select 15 credits in consultation with the adviser from University-wide offerings that enhance competence in the option | 15 |
|---|----|

Children, Youth, and Family Services Option (24 credits)

Available at the following campuses: Altoona, Brandywine, DuBois, Fayette, Mont Alto, Schuylkill, Scranton, Shenango, World Campus, York

| Code | Title | Credits |
|---|--|---------|
| Prescribed Courses | | |
| <i>Prescribed Courses: Require a grade of C or better</i> | | |
| HDFS 229 | Infant and Child Development | 3 |
| HDFS 239 | Adolescent Development | 3 |
| HDFS 311 | Human Development and Family Studies Interventions | 3 |

Supporting Courses and Related Areas

| | |
|---|----|
| Select 15 credits in consultation with the adviser from University-wide offerings that enhance competence in the option | 15 |
|---|----|

Early Childhood Care and Education Option (24 credits)

Available at the following campuses: DuBois, Fayette, Shenango, York

| Code | Title | Credits |
|---|--|---------|
| Prescribed Courses | | |
| <i>Prescribed Courses: Require a grade of C or better</i> | | |
| HDFS 229 | Infant and Child Development | 3 |
| HDFS 230 | Overview of Curricular Practices in Early Childhood Care and Education | 3 |
| HDFS 231 | Guidance in Early Childhood Care and Education | 3 |

| | | |
|----------|--|---|
| HDFS 232 | Creativity and Play in Early Childhood Care and Education | 3 |
| HDFS 233 | Emergent Language and Literacy: Development and Practice in Early Childhood Care and Educat | 3 |
| HDFS 234 | Mathematics and Science Reasoning: Development and Practice in Early Childhood Care and Educat | 3 |
| HDFS 311 | Human Development and Family Studies Interventions | 3 |
| HDFS 330 | Observation or Experience with Children, Youth, and Families | 3 |

Program Learning Objectives

1. Understand the complexity of individual and family development across the lifespan.
2. Evaluate and apply research and theory to practice and policy.
3. Understand the processes, policies and contextual factors that affect the delivery of human services.
4. Understand the professional, ethical, and culturally sensitive standards of conduct.
5. Demonstrate knowledge and competence in helping, leadership and administrative skills.

Academic Advising

The objectives of the university's academic advising program are to help advisees identify and achieve their academic goals, to promote their intellectual discovery, and to encourage students to take advantage of both in-and-out-of class educational opportunities in order that they become self-directed learners and decision makers.

Both advisers and advisees share responsibility for making the advising relationship succeed. By encouraging their advisees to become engaged in their education, to meet their educational goals, and to develop the habit of learning, advisers assume a significant educational role. The advisee's unit of enrollment will provide each advisee with a primary academic adviser, the information need to plan the chosen program of study, and referrals to other specialized resources.

READ SENATE POLICY 32-00: ADVISING POLICY (<http://senate.psu.edu/policies-and-rules-for-undergraduate-students/32-00-advising-policy>)

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Suggested Academic Plan

DuBois Campus

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

| Fall | Credits Spring | Credits |
|---|----------------------|---------|
| HDFS 129 | 3 CAS 100 | 3 |
| HDFS 239 | 3 BISC 4 or BIOL 155 | 3 |
| ENGL 15 | 3 EDPSY 101 | 3 |
| PSYCH 100 | 3 HDFS 229 | 3 |
| General Education Course- Humanities or Arts | 3 Supporting Course | 3 |
| 15 | | 15 |

Second Year

| Fall | Credits Spring | Credits |
|---|---------------------|---------|
| HDFS 311 | 3 HDFS 301 | 3 |
| HDFS 315Y | 3 HDFS 395 | 6 |
| Supporting Course | 3 Supporting Course | 3 |
| Supporting Course | 3 Supporting Course | 3 |
| General Education Course- Humanities or Arts | 3 | |
| 15 | | 15 |

Total Credits 60

* Course requires a grade of C or better for the major

‡ Course requires a grade of C or better for General Education

Course is an Entrance to Major requirement

† Course satisfies General Education and degree requirement

University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy University Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

GWS, GQ, GN, GA, GH, and GS are abbreviations used to identify General Education program courses. General Education includes Foundations (GWS and GQ) and Knowledge Domains (GN, GA, GH, and GS). Foundations courses (GWS and GQ) require a grade of 'C' or better.

Integrative Studies courses can be completed for the General Education program. N is the suffix at the end of a course number used to designate an Inter-Domain course and Z is the suffix at the end of a course number used to designate a Linked course.

Advising Notes:

- If a student wishes to enter the HDFS Baccalaureate Degree program after completing the Associate Degree, any math deficiency should be eliminated before graduating. See your adviser.
- If a student is planning on enrolling into the Baccalaureate Degree program, supporting courses should be chosen carefully, and in consultation with an adviser to maximize efficiency in completing the four year degree.
- Students are required to take one US or IL course. HDFS 315Y will satisfy this requirement for the Associate Degree program.
- Students must earn a grade of C or better in any HDFS course that is used as a supporting course.

Fayette Campus

Children, Youth and Family Services Option

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

| Fall | Credits Spring | Credits |
|-------------------------------------|--|---------|
| HDFS 129 ^{†*} | 3 HDFS 229 ^{†*} | 3 |
| ENGL 15 or 30 [‡] | 3 STAT 200 ^{†*} | 4 |
| PSYCH 100 [†] | 3 CAS 100 [‡] | 3 |
| BIOL 155, 141, or 155 ^{†*} | 3 Consultation with Adviser- Option Selection | 3 |
| General Education Course | 3 Consultation with Adviser- Option Selection | 3 |
| PSU 8 | 1 | |
| 16 | | 16 |

Second Year

| Fall | Credits Spring | Credits |
|--|--|---------|
| HDFS 239 [*] | 3 HDFS 311 [*] | 3 |
| HDFS 301 [*] | 3 HDFS 395 | 6 |
| HDFS 315Y [*] | 3 Consultation with Adviser- Option Selection | 3 |
| Consultation with Adviser- Option Selection | 3 General Education Course | 3 |
| Consultation with Adviser- Option Selection | 3 | |
| 15 | | 15 |

Total Credits 62

* Course requires a grade of C or better for the major

‡ Course requires a grade of C or better for General Education

Course is an Entrance to Major requirement

† Course satisfies General Education and degree requirement

University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy University Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

GWS, GQ, GN, GA, GH, and GS are abbreviations used to identify General Education program courses. General Education includes Foundations (GWS and GQ) and Knowledge Domains (GN, GA, GH, and GS). Foundations courses (GWS and GQ) require a grade of 'C' or better.

Integrative Studies courses can be completed for the General Education program. N is the suffix at the end of a course number used to designate an Inter-Domain course and Z is the suffix at the end of a course number used to designate a Linked course.

Adult Development and Aging Services Option

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

| Fall | Credits Spring | Credits |
|--|--|---------|
| HDFS 129 ^{†*} | 3 HDFS 249 [*] | 3 |
| ENGL 15 or 30 [‡] | 3 CAS 100 [‡] | 3 |
| BIOL 155, 141, or BISC 4 ^{†*} | 3 PSYCH 100 [†] | 3 |
| PSU 8 | 1 STAT 200 ^{†*} | 4 |
| General Education Course | 3 Consultation with Adviser-Option Selection | 3 |
| General Education Course | 3 | |
| | 16 | 16 |

Second Year

| Fall | Credits Spring | Credits |
|--|--|---------|
| HDFS 301 [*] | 3 HDFS 311 [*] | 3 |
| HDFS 315Y [*] | 3 HDFS 395 | 6 |
| Consultation with Adviser-Option Selection | 3 Consultation with Adviser-Option Selection | 3 |
| Consultation with Adviser-Option Selection | 3 Elective | 3 |
| Consultation with Adviser-Option Selection | 3 | |
| | 15 | 15 |

Total Credits 62

* Course requires a grade of C or better for the major

‡ Course requires a grade of C or better for General Education

Course is an Entrance to Major requirement

† Course satisfies General Education and degree requirement

University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy University Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

GWS, GQ, GN, GA, GH, and GS are abbreviations used to identify General Education program courses. General Education includes Foundations (GWS and GQ) and Knowledge Domains (GN, GA, GH, and GS). Foundations courses (GWS and GQ) require a grade of 'C' or better.

Integrative Studies courses can be completed for the General Education program. N is the suffix at the end of a course number used to designate an Inter-Domain course and Z is the suffix at the end of a course number used to designate a Linked course.

Mont Alto Campus

Children, Youth and Family Services Option

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

| Fall | Credits Spring | Credits |
|--------------------------------------|---------------------------------------|---------|
| HDFS 129 (GS) [*] | 3 HDFS 239 (GS) ^{*3} | 3 |
| ENGL 15 or 30 [‡] | 3 STAT 200 or 100 (GQ) ^{*†} | 3-4 |
| PSYCH 100 (GS) [†] | 3 CAS 100 [‡] | 3 |
| BISC 4 or BIOL 155 (GN) [†] | 3 General Education Course (GA or GH) | 3 |
| Supporting course ¹ | 3 Supporting Course ¹ | 3 |
| PSU 8 | 1 | |
| | 16 | 15-16 |

Second Year

| Fall | Credits Spring | Credits |
|--------------------------------|---------------------------------------|---------|
| HDFS 229 ^{*2} | 3 HDFS 315 (Y) ^{*3,4} | 3 |
| HDFS 301 ^{*2} | 3 HDFS 395 [*] | 4 |
| HDFS 311 ^{*2} | 3 Supporting Course ¹ | 3 |
| HDFS 395 [*] | 2 Supporting Course ¹ | 3 |
| Supporting Course ¹ | 3 General Education Course (GA or GH) | 3 |
| | 14 | 16 |

Total Credits 61-62

¹ Supporting Courses recommendations: HD FS 312W, SOC 001, SOC 005, PSYCH courses, MATH 34, BBH 101, BBH 143, NUTR 251, WMNST courses, KINES courses, SPAN courses

² Offered only Fall semester.

³ Offered only Spring semester.

⁴ Y course is writing-intensive and US cultures course.

* Course requires a grade of C or better for the major

‡ Course requires a grade of C or better for General Education

Course is an Entrance to Major requirement

† Course satisfies General Education and degree requirement

University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy University Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

GWS, GQ, GN, GA, GH, and GS are abbreviations used to identify General Education program courses. General Education includes Foundations (GWS and GQ) and Knowledge Domains (GN, GA, GH, and GS). Foundations courses (GWS and GQ) require a grade of 'C' or better.

Integrative Studies courses can be completed for the General Education program. N is the suffix at the end of a course number used to designate an Inter-Domain course and Z is the suffix at the end of a course number used to designate a Linked course.

Adult Development and Aging Services Option

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

| Fall | Credits Spring | Credits |
|--------------------------------------|---------------------------------------|---------|
| HDFS 129 (GS) | 3 HDFS 249 (GS) ^{*3} | 3 |
| ENGL 15 ^{*†} | 3 STAT 200 or 100 (GQ) ^{*†} | 3-4 |
| PSYCH 100 (GS) ^{*†} | 3 CAS 100 [‡] | 3 |
| BISC 4 or BIOL 155 (GN) [†] | 3 General Education Course (GA or GH) | 3 |
| Supporting Course ¹ | 3 Supporting Course ¹ | 3 |
| PSU 8 | 1 | |
| | 16 | 15-16 |

Second Year

| Fall | Credits Spring | Credits |
|--------------------------------|---------------------------------------|---------|
| HDFS 301 ^{*2} | 3 HDFS 315 (Y) ^{*34} | 3 |
| HDFS 311 ^{*2} | 3 HDFS 395 [*] | 4 |
| HDFS 395 [*] | 2 Supporting Course ¹ | 3 |
| Supporting Course ¹ | 3 Supporting Course ¹ | 3 |
| Supporting Course | 3 General Education Course (GA or GH) | 3 |
| | 14 | 16 |

Total Credits 61-62

¹ Supporting Courses recommendations: HD FS 312W, SOC 001, SOC 005, PSYCH courses, MATH 34, BBH 101, BBH 143, NUTR 251, WMNST courses, KINES courses, SPAN courses
² Offered only Fall semester.
³ Offered only Spring semester.
⁴ Y course is writing-intensive and US cultures course.

* Course requires a grade of C or better for the major

‡ Course requires a grade of C or better for General Education

Course is an Entrance to Major requirement

† Course satisfies General Education and degree requirement

University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy University Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

GWS, GQ, GN, GA, GH, and GS are abbreviations used to identify General Education program courses. General Education includes Foundations (GWS and GQ) and Knowledge Domains (GN, GA, GH, and GS). Foundations courses (GWS and GQ) require a grade of 'C' or better.

Integrative Studies courses can be completed for the General Education program. N is the suffix at the end of a course number used to designate an Inter-Domain course and Z is the suffix at the end of a course number used to designate a Linked course.

Schuylkill Campus

Adult Development and Aging Services Option

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

| Fall | Credits Spring | Credits |
|---------------------------------|--|---------|
| ENGL 15 or 30 ^{†‡} | 3 EDPSY 101 or STAT 200 ^{*†‡} | 3 |
| HDFS 129 [*] | 3 Consultation with Adviser Selection | 3 |
| BISC 4 or BIOL 141 [†] | 3 Consultation with Adviser Selection | 3 |
| Humanities (GH) | 3 HDFS 249 [*] | 3 |
| Arts (GA) | 3 PSYCH 100 [†] | 3 |
| | 15 | 15 |

Second Year

| Fall | Credits Spring | Credits |
|-------------------------------------|---------------------------------------|---------|
| HDFS 301 [*] | 3 HDFS 311 [*] | 3 |
| HDFS 315Y [*] | 3 HDFS 395 [*] | 6 |
| CAS 100 ^{†‡} | 3 Consultation with Adviser Selection | 3 |
| Consultation with Adviser Selection | 3 Elective | 3 |
| Consultation with Adviser Selection | 3 | |
| | 15 | 15 |

Total Credits 60

* Course requires a grade of C or better for the major

‡ Course requires a grade of C or better for General Education

Course is an Entrance to Major requirement

† Course satisfies General Education and degree requirement

University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy University Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

GWS, GQ, GN, GA, GH, and GS are abbreviations used to identify General Education program courses. General Education includes Foundations (GWS and GQ) and Knowledge Domains (GN, GA, GH, and GS). Foundations courses (GWS and GQ) require a grade of 'C' or better.

Integrative Studies courses can be completed for the General Education program. N is the suffix at the end of a course number used to designate an Inter-Domain course and Z is the suffix at the end of a course number used to designate a Linked course.

Children, Youth and Family Services Option

First Year

| Fall | Credits Spring | Credits |
|---------------------------------|--|---------|
| ENGL 15 or 30 ^{†‡} | 3 EDPSY 101 or STAT 200 ^{*†‡} | 3-4 |
| HDFS 129 [*] | 3 HDFS 229 [*] | 3 |
| BISC 4 or BIOL 141 [†] | 3 PSYCH 100 [†] | 3 |
| Humanities (GH) | 3 Consultation with Adviser Selection | 3 |
| Arts (GA) | 3 Consultation with Adviser Selection | 3 |
| 15 | | 15-16 |

Second Year

| Fall | Credits Spring | Credits |
|-------------------------------------|---------------------------------------|---------|
| HDFS 301 [*] | 3 HDFS 311 [*] | 3 |
| HDFS 315Y [*] | 3 HDFS 395 [*] | 6 |
| HDFS 239 [*] | 3 Consultation with Adviser Selection | 3 |
| CAS 100 ^{†‡} | 3 Elective | 3 |
| Consultation with Adviser Selection | 3 | |
| 15 | | 15 |

Total Credits 60-61

* Course requires a grade of C or better for the major

‡ Course requires a grade of C or better for General Education

Course is an Entrance to Major requirement

† Course satisfies General Education and degree requirement

University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy University Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

GWS, GQ, GN, GA, GH, and GS are abbreviations used to identify General Education program courses. General Education includes Foundations (GWS and GQ) and Knowledge Domains (GN, GA, GH, and GS). Foundations courses (GWS and GQ) require a grade of 'C' or better.

Integrative Studies courses can be completed for the General Education program. N is the suffix at the end of a course number used to designate an Inter-Domain course and Z is the suffix at the end of a course number used to designate a Linked course.

Scranton Campus

Adult Development and Aging Option

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

| Fall | Credits Spring | Credits |
|-------------------------|---------------------------------------|---------|
| ENGL 15 [†] | 3 CAS 100A [†] | 3 |
| HDFS 129 [*] | 3 EDPSY 101 or STAT 200 ^{*†} | 3-4 |
| PSYCH 100 [†] | 3 Supporting Course | 3 |
| BISC 4 [†] | 3 Supporting Course | 3 |
| Supporting Course | 3 Arts (GA) | 3 |
| Humanities (GH) (US/IL) | | 3 |
| 15 | | 18-19 |

Second Year

| Fall | Credits Spring | Credits |
|-----------------------|----------------------------------|---------|
| HDFS 249 [*] | 3 HDFS 311 [*] | 3 |
| HDFS 301 [*] | 3 HDFS 312 | 3 |
| HDFS 315 [*] | 3 HDFS 395 | 6 |
| Supporting Course | 3 Any General Education Elective | 3 |
| Supporting Course | 3 | |
| 15 | | 15 |

Total Credits 63-64

* Course requires a grade of C or better for the major

‡ Course requires a grade of C or better for General Education

Course is an Entrance to Major requirement

† Course satisfies General Education and degree requirement

University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy University Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

GWS, GQ, GN, GA, GH, and GS are abbreviations used to identify General Education program courses. General Education includes Foundations (GWS and GQ) and Knowledge Domains (GN, GA, GH, and GS). Foundations courses (GWS and GQ) require a grade of 'C' or better.

Integrative Studies courses can be completed for the General Education program. N is the suffix at the end of a course number used to designate an Inter-Domain course and Z is the suffix at the end of a course number used to designate a Linked course.

Advising Notes:

- Courses required for the 2FSCC degree apply to the HDFS baccalaureate degree program.
- Students selecting a GH course or supporting course are encouraged to schedule a course with the US or IL designation.
- Students selecting a GQ course are encouraged to check with an adviser for appropriate math entrance requirements.
- Students are strongly encouraged to take HDFS 312W, but if not taken it needs to be replaced with another writing across the curriculum course and another supporting course must be taken.
- Students should consult with their advisers concerning appropriate supporting courses.
- This is a recommended plan and is not meant to substitute for students meeting with their academic advisers. Any deviations from this plan should be discussed with students' academic advisers.

Children, Youth and Family Services Option

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

| Fall | Credits Spring | Credits |
|------------------------|--|---------|
| ENGL 15 [†] | 3 CAS 100A [†] | 3 |
| HDFS 129 [*] | 3 EDPSY 101 or STAT 200 ^{**†} | 3-4 |
| PSYCH 100 [†] | 3 HDFS 239 [*] | 3 |
| BISC 4 [†] | 3 Supporting Course | 3 |
| Supporting Course | 3 Arts (GA) | 3 |
| | 15 | 15-16 |

Second Year

| Fall | Credits Spring | Credits |
|-------------------------|----------------------------------|---------|
| HDFS 229 [*] | 3 HDFS 311 [*] | 3 |
| HDFS 301 [*] | 3 HDFS 312 | 3 |
| HDFS 315 [*] | 3 HDFS 395 | 6 |
| Supporting Course | 3 Supporting Course | 3 |
| Supporting Course | 3 Any General Education Elective | 3 |
| Humanities (GH) (US/IL) | 3 | |
| | 18 | 18 |

Total Credits 66-67

* Course requires a grade of C or better for the major

‡ Course requires a grade of C or better for General Education

Course is an Entrance to Major requirement

† Course satisfies General Education and degree requirement

University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy University Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

GWS, GQ, GN, GA, GH, and GS are abbreviations used to identify General Education program courses. General Education includes Foundations (GWS and GQ) and Knowledge Domains (GN, GA, GH, and GS). Foundations courses (GWS and GQ) require a grade of 'C' or better.

Integrative Studies courses can be completed for the General Education program. N is the suffix at the end of a course number used to designate an Inter-Domain course and Z is the suffix at the end of a course number used to designate a Linked course.

Advising Notes:

- Courses required for the 2FSCC degree apply to the HDFS baccalaureate degree program.
- Students selecting a GH course or supporting course are encouraged to schedule a course with the US or IL designation.
- Students selecting a GQ course are encouraged to check with an adviser for appropriate math entrance requirements.
- Students are strongly encouraged to take HDFS 312W, but if not taken it needs to be replaced with another writing across the curriculum course and another supporting course must be taken.
- Students should consult with their advisers concerning appropriate supporting courses.
- This is a recommended plan and is not meant to substitute for students meeting with their academic advisers. Any deviations from this plan should be discussed with students' academic advisers.

Shenango Campus

Adult Development and Aging Services Option

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

| Fall | Credits Spring | Credits |
|--------------------------|---------------------------|---------|
| ENGL 15 | 3 Art Elective (GA) | 3 |
| HDFS 129 | 3 Consult with an Adviser | 3 |
| Humanities Elective (GH) | 3 Consult with an Adviser | 3 |
| Consult with an Adviser | 3 HDFS 249 | 3 |
| Consult with an Adviser | 3 PSYCH 100 | 3 |
| | 15 | 15 |

Second Year

| Fall | Credits Spring | Credits |
|-------------------------|---------------------------|---------|
| CAS 100A | 3 BISC 4 or BIOL 155 | 3 |
| Consult with an Adviser | 3 HDFS 395 | 6 |
| HDFS 301 | 3 Consult with an Adviser | 3 |
| HDFS 311 | 3 STAT 200 | 4 |
| HDFS 315Y | 3 | |
| 15 | | 16 |

Total Credits 61

* Course requires a grade of C or better for the major

‡ Course requires a grade of C or better for General Education

Course is an Entrance to Major requirement

† Course satisfies General Education and degree requirement

University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy University Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

GWS, GQ, GN, GA, GH, and GS are abbreviations used to identify General Education program courses. General Education includes Foundations (GWS and GQ) and Knowledge Domains (GN, GA, GH, and GS). Foundations courses (GWS and GQ) require a grade of 'C' or better.

Integrative Studies courses can be completed for the General Education program. N is the suffix at the end of a course number used to designate an Inter-Domain course and Z is the suffix at the end of a course number used to designate a Linked course.

Program Notes

Students must complete a 3-credit course in "United States Cultures (US)" or a 3-credit course in "International Cultures (IL)."

Children, Youth and Family Services Option

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

| Fall | Credits Spring | Credits |
|--------------------------|---------------------------|---------|
| ENGL 15 [†] | 3 Art Elective (GA) | 3 |
| HDFS 129 ^{*†} | 3 HDFS 301 [*] | 3 |
| Humanities Elective (GH) | 3 Consult with an Adviser | 3 |
| Consult with an Adviser | 3 HDFS 229 [*] | 3 |
| Consult with an Adviser | 3 PSYCH 100 | 3 |
| 15 | | 15 |

Second Year

| Fall | Credits Spring | Credits |
|-------------------------|---------------------------|---------|
| CAS 100A | 3 BISC 4 or BIOL 155 | 3 |
| HDFS 239 [*] | 3 HDFS 395 [*] | 6 |
| Consult with an Adviser | 3 Consult with an Adviser | 3 |
| HDFS 311 [*] | 3 STAT 200 [*] | 4 |
| HDFS 315Y [*] | 3 | |
| 15 | | 16 |

Total Credits 61

* Course requires a grade of C or better for the major

‡ Course requires a grade of C or better for General Education

Course is an Entrance to Major requirement

† Course satisfies General Education and degree requirement

University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy University Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

GWS, GQ, GN, GA, GH, and GS are abbreviations used to identify General Education program courses. General Education includes Foundations (GWS and GQ) and Knowledge Domains (GN, GA, GH, and GS). Foundations courses (GWS and GQ) require a grade of 'C' or better.

Integrative Studies courses can be completed for the General Education program. N is the suffix at the end of a course number used to designate an Inter-Domain course and Z is the suffix at the end of a course number used to designate a Linked course.

Program Notes

Students must complete a 3-credit course in "United States Cultures (US)" or a 3-credit course in "International Cultures (IL)."

York Campus

The course series listed below provides **only one** of the many possible ways to move through this curriculum. The University may make changes in policies, procedures, educational offerings, and requirements at any time. This plan should be used in conjunction with your degree audit (accessible in LionPATH as either an **Academic Requirements** or **What If** report). Please consult with a Penn State academic adviser on a regular basis to develop and refine an academic plan that is appropriate for you.

First Year

| Fall | Credits Spring | Credits |
|----------------------------|------------------------------|---------|
| ENGL 15 or 30 [†] | 3 BISC 4 or BIOL 141 | 3 |
| HDFS 129 [*] | 3 CAS 100 [‡] | 3 |
| PSYCH 100 | 3 Option course [*] | 6 |
| Option course [*] | 3 General Education course | 3 |
| General Education course | 3 | |
| 15 | | 15 |

| Second Year | | |
|------------------------------|------------------|---------|
| Fall | Credits Spring | Credits |
| HDFS 301* | 3 HDFS 395 | 6 |
| HDFS 311* | 3 Option course* | 9 |
| HDFS 315Y | 3 | |
| STAT 100, 200, or EDPSY 101* | 3-4 | |
| Option course* | 3 | |
| 15-16 | | 15 |
| Total Credits 60-61 | | |

* Course requires a grade of C or better for the major

‡ Course requires a grade of C or better for General Education

Course is an Entrance to Major requirement

† Course satisfies General Education and degree requirement

University Requirements and General Education Notes:

US and IL are abbreviations used to designate courses that satisfy University Requirements (United States and International Cultures).

W, M, X, and Y are the suffixes at the end of a course number used to designate courses that satisfy University Writing Across the Curriculum requirement.

GWS, GQ, GN, GA, GH, and GS are abbreviations used to identify General Education program courses. General Education includes Foundations (GWS and GQ) and Knowledge Domains (GN, GA, GH, and GS). Foundations courses (GWS and GQ) require a grade of 'C' or better.

Integrative Studies courses can be completed for the General Education program. N is the suffix at the end of a course number used to designate an Inter-Domain course and Z is the suffix at the end of a course number used to designate a Linked course.

Career Paths

Careers

With an associate degree in HDFS, you can work in the human services field, promoting health and preventing social and mental health problems for child, youth and families and adults and the elderly. You may also find employment in the following areas:

- medical case worker
- mental health worker
- case manager
- school support services
- medical and public health services
- substance abuse services

The associate degree in HDFS can also serve as a stepping stone to further education if you wish to work as a counselor or social worker.

Opportunities for Graduate Studies

Many graduates go on to earn an HDFS bachelor's degree; some eventually enroll in graduate school.

Contact

DuBois

1 College Place
DuBois, PA 15801
814-375-4852
jmk110@psu.edu

<http://dubois.psu.edu/human-development-and-family-studies-0>

Fayette

2201 University Drive
Lemont Furnace, PA 15456
724-430-4284
esb12@psu.edu

<http://fayette.psu.edu/assoc-human-development-and-family-studies>

Mont Alto

11 Bookstore Building
Mont Alto, PA 17237
717-749-6034
sen@psu.edu

<http://montalto.psu.edu/directory/associate-hdfs-program>

Schuylkill

ACADEMIC AFFAIRS
A112 200 University Drive
Schuylkill Haven, PA 17972
570-385-6083
aem141@psu.edu

<http://www.schuylkill.psu.edu/hdfs>

Scranton

111B Dawson Building
Dunmore, PA 18512
570-963-2674
jam81@psu.edu

<http://worthingtonscranton.psu.edu/human-development-family-studies>

Shenango

147 Shenango Avenue
101 McDowell Hall
Sharon, PA 16146
724-983-2979
cmb2@psu.edu

<http://shenango.psu.edu/hdfs-associate-degree>

York

15 Romano Administration Building
York, PA 17403
717-771-4161
jxs176@psu.edu

<http://york.psu.edu/academics/associate/human-development-and-family-studies>

Altoona

DIVISION OF EDUCATION, HUMAN DEVELOPMENT, AND SOCIAL SCIENCES

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3000 Ivyside Park

Altoona, PA 16601

814-949-5333

lpj100@psu.edu

<http://altoona.psu.edu/academics/bachelors-degrees/human-development-family-studies/request-information>

University Park

DEPARTMENT OF HUMAN DEVELOPMENT AND FAMILY STUDIES

119 Health & Human Development

University Park, PA 16802

814-863-8000

sdg10@psu.edu

<http://hhd.psu.edu/hdfs/Undergraduate>

World Campus

DEPARTMENT OF HUMAN DEVELOPMENT AND FAMILY STUDIES

119 Health and Human Development Building

University Park, PA 16802

814-863-8000

sac301@psu.edu

<https://www.worldcampus.psu.edu/degrees-and-certificates/human-development-and-family-studies-associates/overview>