

# COUNSELOR EDUCATION (CNED)

## CNED 500: Professional Counseling Orientation and Ethical Practice

3 Credits

This course provides an overview of the counseling profession and ethical practice, including a critical review of the counseling profession. Students learn the role of professional counselors as advocates for equitable access to counseling free of discrimination, systemic racism, ableism, and all forms of oppression. Topics such as professional counselor identity, areas of specialization, licensure and certification, ethical practice, responsibilities of counselors, cultural humility, and professional advocacy in counseling are addressed.

## CNED 501: Counseling Theory and Method

3 Credits

Survey of psychodynamic, humanistic, behavioral and cognitive-behavioral approaches to counseling individuals.

## CNED 502: Advanced Counseling Theory and Method

3 Credits

Assessment, intervention, and evaluation procedures for counseling problems frequently encountered in school, college, and rehabilitation settings. CN ED 502CN ED (CNPSY) 502 Advanced Counseling Theory and Method (3)This course is concerned with the exploration of ideas that are of theoretical and applied importance to thinking about counseling and psychotherapy. The course is not a skills course, per se, although many of the readings have clear implications for enhancing your therapeutic skills. Nor is the course meant to be a review of theories of personality or counseling typically covered in earlier courses. This course is open to CN ED and CNPSY students. The prerequisite is CN ED 501.

**Prerequisite:** CN ED501 course open only to CN ED and CNPSY doctoral students.

Cross-listed with: CNPSY 502

## CNED 504: Foundations and Practices of School Counseling

3 Credits

This course in school counseling is a broad survey of the foundations, contextual dimensions, and practices of contemporary school counseling in Pre K-12 schools. Students develop knowledge of the roles of school counselors in addressing the developmental, personal-social, academic, and college-career needs of students in Pre K-12 schools. Students gain an understanding of the practices and interventions necessary for establishing and managing a comprehensive school counseling program. Students learn how current education reform and school contexts shape school counselors' roles. This course will provide the foundational knowledge necessary for additional school counseling courses.

## CNED 505: Foundations of Career Development and Counseling Information

3 Credits

Accelerating change in economic, psychological, social, educational influences upon counselees. Utilization of information systems in effecting counselee change.

## CNED 506: Individual Counseling Procedures

3 Credits

Training in listening, responding, challenging skills, and action-oriented techniques for individual counseling.

**Prerequisite:** or concurrent: CN ED501 ; available only to majors in CN ED and CNPSY

## CNED 507: Multicultural Counseling: Foundations

3 Credits

Provide foundational information that controverts, complements and extends traditional psychology and counseling theory and practice.

## CNED 508: Organization and Administration of Pupil Services

3 Credits

Principles, organization, personnel, functions, integration with school programs, evaluation.

**Prerequisite:** A G.P.A. of 3.00 or better in 27 credits of previous course work covering any three of the following five areas: economics, sociology, psychology, education, and anatomy and physiology.

## CNED 509: Introduction to Rehabilitation Counseling

3 Credits

Provides information about rehabilitation history, legislation, philosophy, and agencies, as well as an overview of a variety of disabling conditions.

## CNED 510: Foundations of Clinical Mental Health and Rehabilitation Counseling in Schools and Communities

3 Credits

This course provides an overview of the profession of clinical mental health and rehabilitation counseling. Course topics address professional identity, clinical mental health and rehabilitation settings and services, stigma and discrimination, psychosocial and cultural aspects of disability and mental health, public mental health and rehabilitation policy, and related client advocacy strategies, as well as current trends and issues affecting clinical mental health and rehabilitation counseling practice.

## CNED 523: Counseling Children

3 Credits

Provides school and clinic approaches for school counselors and others mental health professionals to help children with developmental problems. CN ED 523 Counseling Children (3)Counseling children includes a range of school and clinic approaches used by school counselors and others to help children. The course combines theory and research findings with practical application of techniques so that students can develop a wide range of knowledge and skills for

integration into their individual counseling model and professional situation. Classroom work will include lecture, discussion, videos, and presentations of techniques that include role-play and case studies. The combination of these activities is designed to create a sound basis of understanding and supervised opportunities to apply techniques in school and agency settings.

#### CNED 524: Counseling Adolescents

##### 3 Credits

Provides approaches for school counselors and others working with a variety of adolescent obstacles and developmental needs

#### CNED 525: Applied Testing in Counseling

##### 3 Credits

Using counseling assessments effectively and ethically in applied settings, with an emphasis on test analysis and evaluation of psychometric properties.

**Prerequisite:** 3 credits of upper-level statistics

#### CNED 526: Research in Counselor Education

##### 3 Credits

Evaluating counselor education research from scientist-practitioner perspective; emphasis on how to develop and use research with an applied focus.

#### CNED 530: Family Counseling: Theory and Practice

##### 3 Credits

Conceptualization and application of family counseling frameworks to EC-12 school settings are learned in this course. CN ED 530CN ED 530 Family Counseling: Theory and Practice (3) Family functioning is paramount in the educational, personal/social, and career development of children and adolescents. This course prepares school counselors and other counselors for helping children and adolescents in the context of family. Several theories and models of family counseling are presented, focusing on application of these frameworks to work in EC-12 schools. Through experiential activities connected to the course, counselor-trainees are encouraged to relate experiences in their own families to their functioning as counselors. The course is required for a master's degree in elementary or secondary school counseling. Evaluation includes multiple-choice tests and a self-reflection project. The course objectives follow: Students will: 1. know the terminology and basic concepts associated with systems thinking and family counseling. 2. adopt a family systems frame of reference and understand the family counseling perspective. 3. know the history and development of family counseling. 4. conceptualize the social constructionist perspective of family counseling and human functioning, including perspectives on substance use and abuse, gender, lifestyle, socioeconomic conditions, sociopolitical conditions, relations among diverse groups, and culture and identity. 5. understand and apply various frameworks of family counseling to the school counseling and school context, including Bowenian theory, attachment theory, experiential/humanistic approaches, structural and strategic approaches, cognitive-behavioral approaches, solution-focused therapy, narrative therapy, and integrative models. 6. grow in their own self-awareness with regard to their families of origin. 7. understand the use of self in counseling and learn and apply this knowledge in experiential activities and personal and professional

functioning. 8. understand the wounded healer concept and attachment theory implications for counselor functioning. 9. comprehend and delineate the relationships among family systems, schools, and community systems. 10. understand racial-ethnic, gender, cultural, socioeconomic, and lifestyle issues in the context of family, school, and community and institutional systems. 11. know how families, schools, and communities interact to influence students' development. 12. understand strategies used to promote effective teamwork among counselors, educational professionals, students, parents, schools, and communities. 13. understand communication, collaboration, and consultation with parents, educational and mental health professionals, guardians, and community members for promoting students educational, career, and personal development. 14. know and understand the structure of parenting styles and outcomes associated with each parenting style. 15. understand research on parenting styles and contrast the traditional view of adolescent development with the contemporary view. 16. apply parenting styles for various prevention and intervention strategies. 17. know research support for various prevention and intervention strategies, understand measurement associated with various theories and models, and understand research traditions and methods associated with various theories and models.

**Prerequisite:** CN ED501

#### CNED 531: Grief and Loss Counseling

##### 3 Credits

Course focus is on counseling people with a variety of grief and loss issues.

#### CNED 532: Diagnosis Counseling

##### 3 Credits

Course examines elements of counseling diagnosis, including identification and assessment of symptoms and behaviors in determining appropriate diagnoses.

#### CNED 554: Cross-Cultural Counseling

##### 3 Credits

Examines theory, research, and models of counseling relationships between counselors and clients of different racial and sociocultural backgrounds. CNPSY 554CNPSY (CN ED) 554 Multicultural Counseling (3) This course is an advanced multicultural counseling course designed to help doctoral students: (a) develop mastery of the multicultural counseling literature, (b) promote self-awareness and self-knowledge, (c) facilitate the construction of cultural knowledge to increase awareness and sensitivity to issues affecting multicultural populations, (d) identify intervention strategies applicable to multicultural clients, and (e) promote development of a personal philosophy of multicultural counseling toward becoming a multiculturally competent counselor. The course is open to CN ED and CNPSY doctoral students who have successfully completed CN ED 507, CN ED 595A or CNPSY 595A, or equivalent courses.

**Prerequisite:** CN ED507 , CN ED595A , or CNPSY595A  
Cross-listed with: CNPSY 554

#### CNED 555: Career Counseling

##### 3 Credits

The examination of historical, legislative, and current models of career counseling and the development of pertinent individual and group

techniques. CN ED 555CN ED (CNPSY) 555 Career Counseling (3)  
This course is an advanced extension of CN ED 505, Foundations of Counseling Information or its equivalent. In CN ED 501, students acquire a theoretical understanding of models of career development, decision-making, career education, information systems and information resources. In CN ED/CNPSY 555, students will have an opportunity to related such learning to the place of work in human behavior, models of career counseling, the role-play of such models, the practice of career appraisal and the broad economic, social, and legislative contexts, including the global economy, stimulating current emphases on career counseling. This course is open to CN ED and CNPSY students. The prerequisite is CN ED 501.

**Prerequisite:** CN ED505  
Cross-listed with: CNPSY 555

CNED 560: Medical and Psychosocial Aspects of Disability

3 Credits

This course is a broad survey of health conditions, including chronic illness and mental, physical, and emotional disorders and the resulting psychosocial and psychological impact on the individual. Students will be exposed to and critique the sociocultural impact of systemic inequities in healthcare access, economic opportunities, and social domains as it relates to disability and health. Students will apply disability affirmative principles, practices, and models for conceptualizing clients. For each category of disability conditions reviewed, students will gain an understanding of diagnostic criteria, appropriate treatments and interventions, supports, assistive technology, and appropriate referrals. Students will apply content on health conditions and cultural context to case studies and reflective assignments to demonstrate their mastery of the material.

**Prerequisite:** 9 credits in counselor education or related area

CNED 570: Lifespan Human Growth and Development in Counseling

3 Credits

Students will learn about lifespan development in counseling. Students increase knowledge and awareness of internal factors of development, such as neurobiology and physiology; and external factors, such as systemic privilege and oppression, disability, and cultural context. Students will apply developmental theories to case conceptualization and treatment planning in counseling. Students will also critically assess theories of human development and the interaction among psychological and social aspects of development for historically marginalized populations.

CNED 580: Foundations: History and Trends in Counselor Education

3 Credits

Overview of the foundations and issues relevant to the counseling profession and counselor education. Course available only to majors in CN ED.

CNED 581: Professional Issues in Counselor Education

3 Credits

Forum for doctoral students to examine and analyze issues relevant for counselor educators. Available only to majors in CN ED.

**Prerequisite:** CN ED580

CNED 582: Advanced Group Psychotherapy

3 Credits

Study of group psychotherapy and interventions, with an experiential component. Available only to majors in CN ED and CNPSY.

Cross-listed with: CNPSY 582

CNED 589: Seminar on Counseling Supervision

3 Credits

Study research and theoretical models of clinical supervision of counselors. Includes experiential supervision component as preparation for counseling supervision practicum.

CNED 593: Management of College and University Career Centers

3 Credits

The course focuses on the design, management, implementation, and promotion of Career Services in higher education.

**Prerequisite:** 9 credits in counselor education

CNED 594: \*\*SPECIAL TOPICS\*\*

3 Credits

CNED 594A: Research Topics

3 Credits

The design, implementation, and evaluation of counseling research projects.

CNED 595: \*\*SPECIAL TOPICS\*\*

1-6 Credits/Maximum of 6

Cross-listed with: CNPSY 595

CNED 595A: Counseling Practicum

1-6 Credits/Maximum of 6

Practice in the application of guidance principles and methods to cases counseled under supervision; case conferences; seminar in guidance techniques

**Prerequisite:** CN ED505 , CN ED506 , CN ED525 ; available only to majors in CN ED and CNPSY

CNED 595D: Supervision of Counselors

1-9 Credits/Maximum of 9

Practical experience in supervising and evaluating work of counselors.

**Prerequisite:** CN ED595A or CN ED595B ; available only to majors in CN ED and CNPSY

Cross-listed with: CNPSY 595D

**CNED 595E: School Counseling Internship and Seminar**

3-6 Credits/Maximum of 9

The School Counseling Internship provides a closely supervised field experience in involving the full range of duties involved with professional school counseling in Pre-K-12 schools. Students are expected to utilize every opportunity to become familiar with and participate in the services provided by the schools and related organizations with which they are associated. The expectation is that the Internship student should be providing the same range of services for the school district that the other school counselors provide. In this course, you are expected to engage in various counselor roles at your site, including (a) program development and evaluation; program assessment, planning, design, implementation, and evaluation; (b) counseling: individual, group, group guidance; (c) program administration and leadership; (c) collaboration, coordination, and consultation: work with parents, teachers, administrators, community members, and other appropriate stakeholders; and (d) assessment, career development, program coordination, and other important and appropriate roles.

**CONCURRENT:** CNED 504**CNED 595G: Counseling Internship and Integrative Seminar**

1-6 Credits/Maximum of 12

CN ED 595G Counseling Internship and Integrative Seminar (3-6 per semester/maximum of 12) This course will provide students with opportunities to apply principles and techniques that facilitate the counseling process by completing a supervised 600-hour counseling internship experience. Students must have successfully passed CN ED 595A (Practicum) and gain permission from the Emphasis Coordinator before they can begin their counseling internship. Students are also required to have professional liability insurance as a prerequisite for the counseling internship.

**Prerequisite:** CN ED595A**CNED 595I: Counselor Education Doctoral Internship**

3-6 Credits/Maximum of 9

Practical experience in professional counseling & higher education teaching under supervision available only to CN ED doctoral students. This course provides Counselor Education doctoral students with opportunities to apply principles and techniques that expand their counseling and higher education teaching experiences by completing an individual and group supervised internship. A minimum number of total hours required by accreditation must be acquired to meet the program required total 6 credit hours. This is a culmination course that provides for professional demonstration of information and skills developed in preceding courses in the doctoral program. Students in the course will meet the following objectives: a. Demonstrate a personal theoretical counseling orientation that is based on a critical review of existing counseling and teaching theories. b. Demonstrate effective application of theory and professional best practices. c. Demonstrate an understanding of counseling case conceptualization and effective interventions across diverse populations and settings. d. Develop and demonstrate a personal philosophy of teaching and learning. e. Demonstrate course design, delivery, and evaluation methods appropriate to course objectives. f. Demonstrate the ability to assess the needs of counselors in training and develop techniques to help students develop into competent counselors.

**CNED 595P: Counselor Education Doctoral Counseling Practicum**

3 Credits

Practice in the application of counselor education principles and methods to cases counseled under supervision; case conferences. Available only to CN ED doctoral students.

**CNED 596: Individual Studies**

1-9 Credits/Maximum of 9

Creative projects, including nonthesis research, which are supervised on an individual basis and which fall outside the scope of formal courses.

**CNED 597: Special Topics**

1-9 Credits/Maximum of 9

Formal courses given on a topical or special interest subject which may be offered infrequently.

**CNED 600: Thesis Research**

1-15 Credits/Maximum of 999

No description.

**CNED 601: Thesis Preparation**

0 Credits/Maximum of 999

No description.

**CNED 602: Supervised Experience in College Teaching**

1-3 Credits/Maximum of 6

Teaching of counselor education laboratory, clinical practice, and recitation classes under senior faculty supervision.

**CNED 610: Thesis Research Off Campus**

1-15 Credits/Maximum of 999

No description.

**CNED 611: Ph.D. Dissertation Part-Time**

0 Credits/Maximum of 999

No description.

**CNED 843: Prevention Strategies and Programming**

3 Credits

Addresses prevention program development, implementation, and evaluation, along with theoretical and empirical underpinnings, ethical and multicultural issues related to prevention.

Cross-listed with: SPSY 843