

# HEALTH EDUCATION (HLHED)

## HLHED 501: World Health Promotion

3 Credits

Analysis of the various health problems that affect humans throughout the world; emphasis will be placed on personal health issues.

## HLHED 530: Research Techniques in Health Education

3 Credits

Research techniques, including methods, research design, techniques for data collection, as applied to relevant problems in the health education field.

## HLHED 552: Current Health Education Issues

3 Credits

Analysis of scientific and political foundations of current issues within health education tasks, with emphasis on research and action implications.

## HLHED 553: Multicultural Health Issues

3 Credits

This course is designed to explore cultural factors influencing the health status among racial/ethnic groups in the United States. HLHED 553 Multicultural Health Issues (3) This course is designed to explore ethnic and cultural factors influencing the health status among racial/ethnic groups in the U.S. Through lecture, discussion, simulations, and case studies, the students will be able to develop an appreciation for the cultural traditions and practices of different groups. The importance and implications of these traditions on health outcomes and health status will be examined. The students will also learn skills of cultural competence that are essential for public health practitioners.

## HLHED 582: Spirituality and Culture in Health and Education Professions

3 Credits

This course focuses on the cultural aspects of spirituality and its place in the health and education professions. EDUC (HLHED) 582 Spirituality and Culture in Health and Education Professions (3) This course will focus on the examination of the place of the cultural aspects of spirituality and its place in the education and health professions and its implications for culturally responsive education and/or health care in a multicultural society. In particular the goals of the course are as follows: 1) To clarify the difference between spirituality and religion and to understand how spirituality is currently being examined in the fields of adult education, medical education and the health professions. 2) To examine how culture informs spirituality generally, and more specifically, to examine how culture relates to one's own spiritual development and overall health in the world. 3) To develop a sense of how people construct knowledge through image and symbol, which for many people, maps to their spirituality and culture, as they make new and deeper meaning of their own lives. 4) To begin to consider WHEN and HOW one might appropriately draw on one's own spirituality and that of participants in adult and higher educational practices and health care settings to increase cultural understanding and/or responsiveness to patient needs and when such discussion might seem to impose a spiritual or religious agenda. 5) To examine the connections among spirituality, culture, some

complementary and alternative medicine modalities and overall holistic health and education.

Cross-listed with: EDUC 582

## HLHED 590: Colloquium

1-3 Credits/Maximum of 3

Continuing seminars that consist of a series of individual lectures by faculty, students, or outside speakers.

## HLHED 591: Capstone Seminar in Health Education

3 Credits

Culminating or capstone experience for students in the M. Ed. program in Health Education.

**Prerequisite:** completion of 15 credits in the program and permission of advisor

## HLHED 596: Individual Studies

1-9 Credits/Maximum of 9

Creative projects, including nonthesis research, that are supervised on an individual basis and which fall outside the scope of formal courses.

## HLHED 597: Special Topics

1-9 Credits/Maximum of 9

Formal courses given on a topical or special interest subject which may be offered infrequently; several different topics may be taught in one year or semester.