General Education: Natural Sciences (GN)

will serve to illustrate the connections and assess integrated learning.

analyzed. Several assignments using various forms of communication
research in all three domains of the biopsychosocial model will be
and compulsive behaviors. In addition, methods and data from primary
family and society. 4. Policies concerning the criminalization of drugs
various questions concerning 1. The status of addiction as a disease.

Addiction is commonly defined as set of compulsive behaviors that
cannot be stopped despite negative consequences. The term itself is
controversial and defined differently by various disciplines. This has
resulted in skewed perceptions of addiction by society as a whole. This
course aims to inform students on the biological, psychological, and
sociological viewpoints of addiction and how they interact to form an
integrated perspective (the biopsychosocial model). By understanding
the current knowledge on the biological and psychological bases of
addiction, students will be better prepared to make knowledgeable
decisions on their own behaviors, understand the behavior of others,
and generate informed opinions on the social aspects of addiction. We
will begin by comparing and contrasting the different ways addiction
has been defined in various fields and exploring the debate on which
substances/behaviors are actually considered addictive. Throughout
the course, students will broadly explore basic concepts in biology
(cells, neural communication, brain anatomy, use of animal models,
pharmacology, genetics, epigenetics, and comorbidity), psychology
(memory, conditioning, reward, expectancy, bias, and mental health)
and sociology (family systems theory, stress theory, developmental
theory, feminist theory). These concepts will be practically applied to
various questions concerning 1. The status of addiction as a disease.
2. How addiction is or should be treated. 3. The effects of addiction on
family and society. 4. Policies concerning the criminalization of drugs
and compulsive behaviors. In addition, methods and data from primary
research in all three domains of the biopsychosocial model will be
analyzed. Several assignments using various forms of communication
will serve to illustrate the connections and assess integrated learning.

General Education: Social and Behavioral Scien (GS)

1 Credits

This course aims to provide students with an overview of the impact
the growth in human longevity is having on society, viewed through the
lens of current research in the fields of health and human development.
Students will explore the recent research on growth in the human lifespan
and how this is having impacts on individuals, families, employers,
governments, and communities. Through readings and discussions with
faculty working on research related to aging and longevity, students

Honors

HHD 197: Special Topics

Formal courses given infrequently to explore, in depth, a comparatively
narrow subject that may be topical or of special interest.

HHD 200N: Addiction Science to Society

3 Credits

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research in all three domains of the biopsychosocial model will be
analyzed. Several assignments using various forms of communication
will serve to illustrate the connections and assess integrated learning.

Health and Human Development (HHD)

HHD 100H: Honors Seminar on Longevity, Health, and Human
Development

1 Credits

supervised internship, field experience, or practicum related to student
career objectives.

HHD 296: Independent Studies

1-18 Credits/Maximum of 18

Creative projects, including research and design, which are supervised on
an individual or small-group basis.

HHD 297: Special Topics

1-9 Credits/Maximum of 9

Formal courses given infrequently to explore, in depth, a comparatively
narrow subject that may be topical or of special interest.

HHD 397: Special Topics

1-9 Credits/Maximum of 9

Formal courses given infrequently to explore, in depth, a comparatively
narrow subject that may be topical or of special interest.

HHD 399: Research in HHD

1-12 Credits/Maximum of 12

Supervised student activities on research projects identified on an
individual or small-group basis.

HHD 401: Women's Leadership Initiative: Leadership Concepts and
Competencies I

2 Credits

HHD 401 is the first semester of the year-long program for students
selected to participate in the Women's Leadership Initiative (WLI).
The course designed to work in concert with WLI activities to support
students in their development of the foundational values, knowledge,
skills, and confidence to realize their potential as effective, life-long
leaders. Through their participation in this course and the spring
semester course, students will develop a deeper knowledge of
themselves and others, be able to define and critically assess leadership
career objectives.

HHD 294: Research in HHD

1-18 Credits/Maximum of 18

Supervised student activities on research projects identified on an
individual or small-group basis.

HHD 295: Internship in Health and Human Development

1-18 Credits/Maximum of 18

Creative projects, including research and design, which are supervised on
an individual or small-group basis.

HHD 296: Independent Studies

1-18 Credits/Maximum of 18

Creative projects, including research and design, which are supervised on
an individual or small-group basis.

HHD 297: Special Topics

1-9 Credits/Maximum of 9

Formal courses given infrequently to explore, in depth, a comparatively
narrow subject that may be topical or of special interest.

HHD 397: Special Topics

1-9 Credits/Maximum of 9

Formal courses given infrequently to explore, in depth, a comparatively
narrow subject that may be topical or of special interest.

HHD 399: Research in HHD

1-12 Credits/Maximum of 12

Supervised student activities on research projects identified on an
individual or small-group basis.

HHD 401: Women's Leadership Initiative: Leadership Concepts and
Competencies I

2 Credits

HHD 401 is the first semester of the year-long program for students
selected to participate in the Women's Leadership Initiative (WLI).
The course designed to work in concert with WLI activities to support
students in their development of the foundational values, knowledge,
skills, and confidence to realize their potential as effective, life-long
leaders. Through their participation in this course and the spring
semester course, students will develop a deeper knowledge of
themselves and others, be able to define and critically assess leadership
career objectives.
HHD 402: Women’s Leadership Initiative: Leadership Concepts and Competencies II

2 Credits

HHD 402 is the second semester of the year-long program for students selected to participate in the Women’s Leadership Initiative (WLI). The course designed to work in concert with WLI activities to support students in their development of the foundational values, knowledge, skills, and confidence to realize their potential as effective, life-long leaders. Through their participation in this course and the spring semester course, students will develop a deeper knowledge of themselves and others, be able to define and critically assess leadership concepts and incorporate these into a personal leadership philosophy, develop leadership skills, and practice leadership skills in various settings. Students will accomplish these objectives through the completion of assessment tools, discussions with leaders from the campus and the community, mentoring by women leaders, and the delivery of course topics pertaining to leadership. Students must apply and be selected to participate in the Women’s Leadership Initiative in order to take this course.

Enforced Prerequisite at Enrollment: HHD 401

HHD 494: Research Project

1-12 Credits/Maximum of 12

Supervised student activities on research projects on an individual or small-group basis.

HHD 495: Internship in Health and Human Development

1-18 Credits

Approved experiential learning related to student career objectives

HHD 496: Independent Studies

1-18 Credits/Maximum of 18

Creative projects, including research and design, which are supervised on an individual basis and which fall outside the scope of formal courses.

HHD 497: Special Topics

1-9 Credits/Maximum of 9

Formal courses given infrequently to explore, in depth, a comparatively narrow subject that may be topical or of special interest.

HHD 497I: Intergenerational Communication

3 Credits

How can a person grow to become more truly themselves? How do our habits inform our future? This course examines current research on happiness, aging, and well-being alongside the lived experience of older adults. Together students and older adult community members will discuss research as well as compare perceptions and perspectives of the aging experience. We will use an aging lens to explore what it means to grow as a human being, how to become the person we would like to be, and how to help others do the same. Students will partner with older adults for engagement experiences and a collaborative project.

General Education: Humanities (GH)