HEALTH - CA (HLTH)

HLTH 306: Physical Education, Health, and Safety in Elementary Schools
2 Credits

A study of appropriate activities for elementary-age children. Student participation in physical activities is required. HLTH 306 Physical Education, Health and Safety in the Elementary Schools (3) This course is designed to prepare elementary classroom teachers to provide age appropriate instruction related to issues of health and safety encountered in the school, home, and community. Understanding and demonstrating a knowledge of foundations, lesson planning, instructional strategies, and assessment is a key component of the program. In addition, the pre-service teachers are prepared to organize and implement physical education activities that may be carried out in the classroom, playground and/or appropriate indoor facilities. The physical education aspects of the program are generally provided as ancillary activities to the program provided under the guidance and direction of a certified Health and Physical Education instructor.

Prerequisite: eighth-semester standing in Elementary Education Program