HEALTH POLICY AND ADMINISTRATION (HPA)

HPA 57: Consumer Choices in Health Care
3 Credits
HPA 57 is designed to provide students with an understanding of the breadth of decisions related to health and health care in the United States. HPA 57 introduces students to the consumers' role in health related decisions, including assessing health risks, health benefits, service choices, and end-of-life care. The growth in available health care information resources, the expansion of for-profit medical care, and increasing cost pressure are transforming the role of the health care consumers from passive recipients to active participants in many health care decisions. The main goal of this course is to educate students to become knowledgeable health care consumers and providing them with opportunities to learn how to gather, analyze, and synthesize information about health and health care to make sound health care choices. Students will learn practical information, key terminology and where/how to find reliable, up-to-date information on different sectors of the health care system (e.g. physicians, hospitals, commercial and public health insurance, mental health, long-term care).

General Education: Health and Wellness (GHW)
GenEd Learning Objective: Key Literacies
GenEd Learning Objective: Soc Resp and Ethic Reason

HPA 101: Introduction to Health Services Organization
3 Credits
Examination of the social, political, historic, and scientific factors in the development and organization of health services.

HPA 210: Health Care Payment
3 Credits/Maximum of 3
This course covers basic concepts and issues related to health insurance and payment for health care providers. This course covers both public insurance programs and private health insurance products including managed care approaches to the financing and delivery of healthcare services. Within public and private insurance schemes, Students will explore reimbursement and payment methodologies. In doing so, the course will evaluate multiple dimensions of health care cost and payment, with an emphasis on how payment systems influence provider organization, behavior and performance. Participants will review sources and uses of health care dollars, and examine how these have changed in recent years as well as further changes that are likely as a result of the 2010 health care reform law and associated regulations. Students will examine forms, processes, practices and the roles of health information professionals. Students will discuss concepts in insurance, third-party and prospective payments, and managed care organizations. Finally this course will examine various stakeholder points of view on health care finance, and assess how health care finance can drive changes in health care delivery and can lead to different experiences and outcomes for both providers and patients.

Enforced Prerequisites at Enrollment: ECON 102 or HPA 101

HPA 211: Financial Decisions in Health Care Organizations
3 Credits/Maximum of 3
An introduction to financial and economic information to make decisions in health care organizations. Healthcare Finance is at the core of issues surrounding quality healthcare delivery. It involves wisely balancing the need to manage/control costs while simultaneously investing in strategic opportunities. This course will present and allow students to examine the major issues involved in finance, budgeting and strategic planning and the unique applications of these in health care organizations. This course is designed to help you understand the basic concepts of finance and financial management. The objective is to have you become knowledgeable of how health care entities organize and report financial data and use that data to make decisions. The course will focus initially on the conceptual framework of basic accounting techniques such as the preparation of financial reports, annual and capital budgeting, cost accounting and analysis of financial statements. The course builds on these basic concepts to provide students a conceptual and practical knowledge of health care finance, which includes sources of funding, revenue, cost determinants, third party payers, and valuations that have an impact on the health care organization. The course is also designed to provide students with a working knowledge of vocabulary, concepts in financial management and strategy that will help them be prepared to plan, create, implement and monitor strategic initiatives within a health care organization. Finally, successful completion of this course should equip the student with the tools necessary to be able to effectively communicate with the finance professionals in a health care organization regarding financial decisions being made by that organization.

Enforced Prerequisites at Enrollment: HPA 210

HPA 295: Field Experience
1-3 Credits/Maximum of 3
Field Experience

HPA 296: Independent Studies
1-18 Credits/Maximum of 18
Creative projects, including research and design, which are supervised on an individual basis and which fall outside the scope of formal courses.

HPA 297: Special Topics
1-18 Credits/Maximum of 18
Creative projects, including research and design, which are supervised on an individual basis and which fall outside the scope of formal courses.

HPA 301H: Health Services Policy Issues
3 Credits
HPA 301H uses a case study method to examine health services policy issues and emphasizes the skills needed to analyze and communicate knowledge about health services policy. The chief goals of the course are to broaden student understanding of selected current policy issues in health care, to deepen student knowledge of the development of health policy issues, and to develop student skills in the areas of information literacy, communication, and teamwork. Students are evaluated on a combination of individual and team work.
Enforced Prerequisites at Enrollment: ECON 102 and HPA 101 and PLSC 1

HPA 301W: Health Services Policy Issues

3 Credits

Analysis of major issues in health services delivery in hospitals, medical practice, public health, mental health, and health professional education. This course provides students with a basic framework for health policy analysis and examines major strands of U.S. health policy. Detailed consideration and discussion are given to the relationship of national policy to the planning, implementation, and funding of health care services, with particular emphasis on low-income and minority populations. This course will cover topics such as the healthcare policy environment in the U.S., government-funded health care through Medicaid and Medicare, and contemporary health care reform initiatives.

Enforced Prerequisites at Enrollment: ECON 102 and HPA 101 and PLSC 1

Writing Across the Curriculum

HPA 310: Health Care and Medical Needs

3 Credits

HPA 310 introduces students to the use of medical terminology in the context of the structure of the human body, functions of its systems, and disease. Disease processes include development, progression, diagnosis, treatment, and prevention. We will also highlight technological developments in the health care field that are used to assist in diagnosis, treatment, and prevention of diseases. In the process of learning the language of the medical profession and health care industry, students are expected to develop an appreciation for the complex interactions between individual, social, environmental and community factors in the development, growth, and progression of disease processes. Students are also expected to develop skills in accessing and disseminating reliable and relevant information concerning the disease process.

On completion of this course students will have a more in depth understanding of 1. The language and terminology of medicine and the health care field; 2. Technologic developments in clinical, diagnostic and therapeutic areas; 3. Anatomy and physiology of organ systems, and how they relate to disease states; 4. Major chronic illnesses prevalent in the U.S.

Enforced Prerequisites at Enrollment: BBH 101 or BISC 4 or BIOL 141 or BIOL 161 Concurrent Courses: HPA 101

HPA 310H: Health Care and Medical Needs

3 Credits

Health care from an individual, family, and community standpoint illustrated with specific diseases and health problems.

Honors

HPA 311: Population Health and Healthcare

3 Credits/Maximum of 3

This course covers fundamental theories, concepts, issues, and strategies related to a population health approach to health and health services

Enforced Prerequisites at Enrollment: HPA 101

HPA 332: Health Systems Management

3 Credits

Health Systems Management provides you with an overview of how health care institutions are organized and governed, the role of the management staff, and the management systems designed for their efficient and effective operation. This course will build student competencies in management. By the end of the semester students will have an appreciation for the complexities in managing a health care organization. They will develop this awareness by both examining their own patterns of behavior and learning about many dynamics common within organizations, using both conceptual information from the text and by analyzing selected cases. Class activities will primarily focus on the application of concepts in a variety of different situations and settings.

By the end of this class students will: 1) Understand management as a balance among competing goals in a variety of situations; 2) Display such critical managerial competencies as listening, providing feedback, managing time effectively and managing conflict; 3) Apply organizational behavior theories to situations in health care management; 4) Solve organizational challenges using quality improvement tools; 5) Synthesize financial and economic information to make decisions in health care organizations; and 6) Understand the process of making ethical decisions.

Enforced Concurrent at Enrollment: HPA 211

HPA 332H: Health Systems Management

3 Credits

Introduction to and analysis of managerial roles and practices in health service organizations.

Honors

HPA 390W: Professional Development in Health Policy & Administration

3 Credits

Development of personal understanding and professional skills to prepare students for future employment or study in health policy and administration. H P A 390 Professional Development in Health Policy and Administration (3) The objectives of H P A 390 are to help students understand themselves and the opportunities available in the health care field and professional skills in preparation for their required internship and future profession. In H P A 390 students learn to assess their talents and abilities and how those talents can be best applied in one of the many career settings in health care. They research different types of organizations and opportunities in the health care field. They learn the basic professional skills that are required in the health care world. Students are evaluated on the basis of a personal self-study exercise, completion of a required planning for several professional development exercises, and a team project on a health care organization. Health Policy Administration students take H P A 390 after they have completed the initial overview of the health care system in H P A 101 and while they are taking their core courses in the major, H P A 301, H P A 310, and H P A 332. The course is a prerequisite for H P A 395, the student’s professional internship, providing the professional development background that students need to have a high-quality internship experience that furthers their education. H P A 390 is a required course in the curriculum. No students from other departments may take the course without H P A permission.

Enforced Prerequisites at Enrollment: HPA 101
Participants must have a basic knowledge of the US healthcare system, including key stakeholders, national trends in health delivery, financing, and health policy. Most assignments encourage students to select a focus on the impact of managed care on either the private sector or public sector, allowing them to examine concepts in detail that is relevant to their career path. This course is designed as a seminar and employs team-based learning and other projects to achieve the learning objectives. Students will demonstrate mastery of skills through tests, written assignments, and oral presentations. All students are expected to actively participate in class discussions. Much of the work for this course will be conducted in project teams. All students are expected to participate as full and equal members of their team and are responsible for all research and content developed by the team.

Enforced Prerequisites at Enrollment: HPA 301W

HPA 430: Health Care Leadership
3 Credits

The objectives of HPA 430 are: (1) to help students learn about their own strengths and weaknesses as leaders; (2) to give students an opportunity to build their skills in small group leadership; and, (3) to explore the leadership challenges in health care. On successful completion of the course students should be able to do the following: 1) Describe, compare, and contrast several leadership competency models in current use in health care; 2) Understand the four cornerstones of health care leadership: self-awareness, vision, interpersonal relationships, and execution. Explain two to four significant leadership challenges in the current health care system; 3) Identify their leadership strengths and weaknesses and develop a plan for improving their leadership skills and/or explore ways to improve those skills; 4) Understand the leadership skills required for leading small group projects and discussions.

Enforced Prerequisites at Enrollment: HPA 301W or HPA 311 or HPA 332

HPA 433: Administration of Hospital and Health Service Systems
3 Credits

Analysis of administrative structures and interorganizational arrangements among hospitals and other health care organizations.

Enforced Prerequisites at Enrollment: HPA 332

HPA 435: Safety Net Health Care
3 Credits

This course is designed to provide students with knowledge about what safety net health care is, how it is delivered and financed, and current policy and practice initiatives related to safety net care. A safety net can generally be described as a program that transfers benefits to those who are impoverished. The course will describe how poverty is defined in the United States and other countries. Safety net benefits could be in the form of cash, vouchers, or services. Transferring benefits to the impoverished can help to limit or prevent future economic shock or vulnerability for them. In health care, safety net is a generic term that is often used to describe services that are available to impoverished individuals, some of whom are insured and some are not. The safety net can also be described as a group of clinics, hospitals, and providers that have decided to provide services to impoverished patients. This decision may be based on altruism, but oftentimes an organization or provider must carefully consider the financial implications of providing this care. Given the challenges that public and private organizations face in providing care to impoverished individuals, this course aims to provide students with the knowledge and skills necessary to effectively integrate safety net care into their practice.
face in providing safety net health care, novel approaches have been developed and students will have an opportunity to examine recent innovative approaches. After learning about the components of the safety net students will consider how these components work together within communities. In the last part of the course students will study marginalized groups that are often served in the safety net. Students will think about how they would manage these groups from a clinical, operational, and patient-centered perspective.

**Enforced Prerequisites at Enrollment:** HPA 301W and HPA 311

HPA 440: Principles of Epidemiology

3 Credits

Theory of epidemiology and significant case studies; potential applications to health care. BBH / HPA 440 Principles of Epidemiology (3) (US;IL) This course is designed to provide students with a basic understanding of the principles of Epidemiology and to familiarize students with the methods and applications of epidemiology to understanding the bases for heterogeneity of disease and health among populations. The goals of the course are: 1) recognize and use basic principles, concepts, terminology, and techniques in Epidemiology as applied to the study of infectious disease, chronic diseases, and other health-related problems; 2) examine and understand measures of risk and burden of illness on populations defined in terms of age, race, gender, class, time, and other relevant socio-cultural and demographic factors; 3) be able to interpret and critique epidemiological research reports on the identification of risk factors and casual factors for diseases in populations; 4) assess the health status and burden of diseases and health problems of populations at multiple levels of analysis for the purpose of planning health promotion activities and health care services; 5) have a basic understanding of the epidemiology tools for disease screening and other methods for primary and secondary prevention of disease and health problems; 6) examine the validity and applicability of various health interventions used to improve health status and the barriers for successful interventions; and 7) have a basic understanding of the epidemiology of the major causes of morbidity and mortality in the U.S. and for other selected regions and nations of the world. This is a required course in the Biobehavioral Health major and an elective course in the Health Policy and Administration major. The course is also appropriate for students intending to advance to post-baccalaureate graduate and professional programs in medicine, public health, health policy and planning, and other health-related careers. Students will be evaluated based on their performance on a combination of written assignments, a term paper project, and exams.

**Enforced Prerequisites at Enrollment:** (BBH 101 or BIOL 110 or HPA 310) and (STAT 200 or STAT 250) Cross-listed with: BBH 440

International Cultures (IL) United States Cultures (US)

HPA 442: Long-Term Care Management

3 Credits

Management and policy issues for institutional, community, and home settings for chronic care services.

**Enforced Prerequisites at Enrollment:** HPA 332

HPA 443: Nursing Home Administration

3 Credits

This course provides students who are interested in a career in long-term care to gain an operational knowledge of managing skilled nursing facilities. After mastering the concepts of skilled nursing management, the student can step into a position as an administrator, assistant administrator, or trainee administrator, and find a level of comfort in dealing with operational issues and problems encountered in day-to-day management situations in any type of long-term care organization. To accomplish this, the course incorporates numerous theories, models, illustrations, and examples to help the student grasp the complexities of managing a long-term care facility. Upon course completion students will be able to: Discuss the broad range of operational issues related to the field of nursing home administration; Describe the rules and regulations that impact nursing home operations; and Recognize the professional development needs of nursing home administrators.

**Enforced Prerequisites at Enrollment:** HPA 332

HPA 444: Aging Policy in the United States

3 Credits

The United States is an aging nation and in the coming decades the number of elders in the United States is expected to grow dramatically. Policymakers faced with growing concern about containing the cost and scope of government face tough questions: Given the current and changing political climate, what course should policy makers chart to meet the challenges of a societies where large numbers of people are moving into old age and living long lives? How will their decisions affect entitlements for older adults now and in the future? What social, economic, political, and cultural factors will influence policymaking? This course will address the impacts of national age-based and age-related policy and programs such as Social Security, Medicare, Medicaid, and the Older Americans Act. In addition, it will examine the implementation of these programs in state and local settings, where implications are tangible for vulnerable groups such as low-income and frail older people and their families. Policy challenges of issues such as Alzheimer’s, long term services and supports, housing, caregiving, transportation, nutrition, emergency management, and disease prevention will be considered.

**Enforced Prerequisites at Enrollment:** HPA 301W

HPA 445: Health Economics

3 Credits

Economic analysis of U.S. health care system; planning, organization, and financing; current public policy issues and alternatives.

**Enforced Prerequisites at Enrollment:** ECON 302 or ECON 315 or ECON 323 Cross-listed with: ECON 445 Bachelor of Arts: Social and Behavioral Sciences

HPA 445W: Health Economics

3 Credits

Economic analysis of U.S. health care system; planning, organization, and financing; current public policy issues and alternatives. ECON (H P A) 445W Health Economics (3) The healthcare sector comprises a set of markets that differ in some significant ways from the textbook model. In the US, this sector performs well in some respects and questionably in
others. Notably, there has been sustained improvement over time in life expectancy and other indicators of the effectiveness of health care for most people, but the resources devoted to producing this improvement have been growing considerably faster than GDP. The goal of this course is to examine several broad questions raised by these facts. The course begins with an overview of evidence on wealth, health expenditure, and life expectancy across countries, and then examines increasing life expectancy and medical expenditures in the US and their causes. Issues in measuring the value of medical expenditures are addressed, and an overview of the industrial organization of health care is provided. A major component of the course covers the economics of health insurance, and the course also examines medical R&D and the pharmaceutical industry as well as issues in the financing of medical care for the elderly. The course seeks to introduce students to the economic analysis of health care. It is in the area of applied microeconomics, and deals with issues relating to labor markets and public finance, in particular. This writing-intensive course will be one of several 400-level W seminars that the Economics Department is seeking to establish, with the broad objective of exposing our advanced undergraduate students to economic analysis in a seminar setting requiring significant writing by the students. The course counts toward the major and the minor in economics, as a 400-level course. In addition, it also counts toward a 'module' (area of concentration) in human resource and public economics. Student performance in the course will be evaluated based on three papers.

**Prerequisite:** ECON 302, ECON 315, or ECON 323

Cross-listed with: ECON 445W

Writing Across the Curriculum

HPA 447: Financing Health Care

3 Credits

This course is to prepare health care administrators for the responsibilities involved in maintaining a well-managed health care organization. The course covers concepts in managerial accounting and finance that are critical to decision-making. Topics covered include types of budgets; considerations for cash flow, payables and receivables; and considerations in working with various types of revenue streams. These topics include evaluation of capital investment decisions, sources of financing, managerial accounting concepts (including cost behavior, profit analysis, and incremental analysis), reimbursement under various third-party payer environments, cost allocation and government program reporting.

**Enforced Prerequisites at Enrollment:** HPA 332 and HPA 211

HPA 450: Healthcare Policies and Politics

3 Credits

Survey of health care's political contexts: formulation, implementation, and modification stages of policy process; politics of private interests (associations) at national and state levels.

**Enforced Prerequisites at Enrollment:** HPA 101 and HPA 301W and PLSC 1

HPA 454: Health Care Professional Communication

3 Credits

This course will focus upon the analysis and application of professional communication principles and practices for successful participation in health care organizational and occupational activities. The changing health care industry towards greater coordination and integration of health delivery and the increased emphasis on the active participation of service recipients require that individuals send clear verbal messages, choose effective nonverbal behaviors, listen for desired results, and apply valid critical-thinking and problem-solving processes. Students in this course will be expected to identify, analyze, develop, and evaluate communication skills needed for professional success in interpersonal situations, group interactions, and professional written documents and oral presentations.

**Enforced Prerequisites at Enrollment:** HPA 301W and HPA 332 and HPA 390W

HPA 455: Strategic Planning and Marketing for Health Services

3 Credits

The history, principles, techniques, and methodologies of health services planning and marketing are studied and students learn how to plan for new or changed health services, programs, or facilities. Students will examine the various stakeholders and explore community and healthcare program specific needs assessments, planning and marketing design. They will apply concepts learned and analyze real-life situations found in the market today. This course will build students' competencies in management, with a focus on application of these concepts to healthcare organizations. By the end of the semester students will have a deepened appreciation for the complex balancing of priorities and responsibilities necessary to effectively manage the strategic priorities within healthcare organizations. They will develop this awareness by both examining their own patterns of behavior and learning about common behavioral and structural dynamics within organizations. By the end of the course students will be able to: 1) Identify critical features on an organization's environment and examine the implications of each feature on organizational goals and objectives; 2) Recognize and analyze regulatory, demographic, and policy trends to inform planning and assess potential impact on long-range goals; 3) Differentiate service/product specific markets and identify competitors within each market; 4) Propose comprehensive approaches for distribution network development and marketing/communication plan implementation; 5) Design metrics for evaluating goal attainment; 6) Formulate and defend strategic plans, marketing plans, goals and action steps; 7) Demonstrate the conceptual mastery of team dynamics through effective service as team members.

**Enforced Prerequisites at Enrollment:** HPA 395

HPA 460: Human Resource Management in Health Care Organizations

3 Credits

Foundations of human resource management applied to health care organizations, including hospitals, long-term care facilities, and community health organizations.

**Enforced Prerequisites at Enrollment:** HPA 332

HPA 470: Health Care Information Management

3 Credits

This course introduces information systems terminology, data structures, software applications, and their management functions in health services organizations. H P A 470 Health Care Information Management (3) This course introduces the student to information systems terminology, structures, specific applications, and their relationships to management functions in health services organizations. Health providers and health
systems are continuing to make multi-million dollar investments in information systems in order to meet new market and regulatory requirements. All health services managers will play a role in the analysis, design, acquisition, installation, operation and ultimate success of information systems necessary to meet organizational goals and objectives. This course exposes students to the IS/IT applications used to support management functions. Further, applications and management issues unique to industry segments (e.g., long-term care, home care, hospital administration, physician practice management) will also be explored. The goal of the course is to ensure that students are schooled in the terminology, conceptual models, applications and opportunities and limitations of information systems in health services to the point that they can ask appropriate questions, recognize and state significant issues, and participate in the discussion and analysis of information systems development and application. The course is one of several elective courses in the Health Policy Administration major that students can complete and is also a required part of the Information Sciences and Technology/Health Policy Administration Minor providing students with an understanding of the basic structures of information systems in health administration; the relationship of these systems to managerial functions such as communications, coordination, control strategic and process planning and decision making, and the important policy and ethical issues associated with privacy, confidentiality, and security in information systems. Since the course represents the capstone of the Information Sciences and Technology/Health Policy Administration minor, it is important for students to have the pre-requisites for the course (HPA 332, IST 210, and IST 220), including an understanding of major issues in the health care system, health care management and information systems. Student's attainment of educational objectives will be assessed through a variety of evaluation methods. Understanding and appropriate application of terminology, management issues, and ethical/privacy concerns will be assessed through examination. Concept integration will be assessed through case-study analysis and project papers. Data presentation and training communication issues will be assessed through individual application projects and presentations. A technology classroom with access to the World Wide Web and Penn State servers is required for effective instruction. We will use these facilities to demonstrate software applications, provide technical support for guest speaker presentations, and facilitate student presentations. The course will be offered once per academic year with an expected enrollment of 20-40 students.

**Enforced Prerequisites at Enrollment:** HPA 332 and IST 210 and IST 220

**HPA 475: Health Care Quality**

3 Credits

This course covers the basic principles and techniques of quality management in healthcare including the definition, measurement, and uses of data for improving the quality of health and health services. The course also covers the organizational responsibilities related to quality assurance. Students will examine methods and tools for managing quality in health facilities, physician practices, and integrated health systems; including developments in quality assurance and improvement, utilization review, risk management, and patient satisfaction. From this examination students will be able to understand how to benchmark quality indicators using accreditation standards. On the successful completion of the course students will be able to: 1) Define the common terminology related to quality and process improvement; 2) Apply the quality management concepts to the modern health care operating environment; 3) Evaluate the effectiveness of a quality/process improvement program; 4) Be able to use quality tools to improve quality; 5) Discuss the current issues and future trends associated with quality in the health care environment.

**Enforced Prerequisites at Enrollment:** HPA 332

HPA 490: Physician Practice Management

3 Credits

Development of skills needed to effectively manage physician practices. Practice management may be defined as the body of knowledge and skills necessary to manage the multiple elements of a specific practice of a physician. These elements include organization, administration, communication, marketing, and patient care. This course provides students an opportunity to develop the knowledge and skills necessary to be successful in the growing field of physician practice management. Topics include management of tasks and responsibilities, supervision and training, practice marketing, service scheduling, accounting processes, benchmarking and receivables, reimbursement and billing related to the physician practice. Upon successful completion of the course, the student will have: 1) A historical knowledge of the origins and evolution of physician practices; 2) An awareness of the legal entities which make up physician practices; 3) A working knowledge of the governance, performance domains, hiring processes, revenue cycles, medical record keeping, and common quality measures used in physician practices.

**Enforced Prerequisites at Enrollment:** HPA 332 and HPA 211

HPA 494: Senior Honors Thesis

1-6 Credits/Maximum of 6

Independent study related to student's interests directed by a faculty supervisor and culminating in the production of a thesis.

**Enforced Prerequisites at Enrollment:** approval of honors thesis advisor

HPA 495: Field Experience

1-12 Credits/Maximum of 12

Field Experience

HPA 496: Independent Studies

1-18 Credits/Maximum of 18

Creative projects, including research and design, which are supervised on an individual basis and which fall outside the scope of formal courses.

**HPA 496H: Independent Studies Honors**

3 Credits

Creative projects, including research and design, which are supervised on an individual basis and which fall outside the scope of formal courses.
HPA 497: Special Topics

1-9 Credits/Maximum of 9

Formal courses given infrequently to explore, in depth, a comparatively narrow subject which may be topical or of special interest.

HPA 499: Foreign Study

1-3 Credits/Maximum of 3

Study of health care systems and practices in selected foreign countries.

**Enforced Prerequisites at Enrollment:** Department approval