OCCUPATIONAL THERAPY (OT)

OT 100: Structural Foundations of Occupational Therapy
1 Credits
An overview of the structural foundations of the occupational therapy profession.

First-Year Seminar

OT 101: Conceptual Foundations of Occupational Therapy Practice
2 Credits
An overview of the conceptual foundations of occupational therapy practice. Observation of therapists in treatment settings. OT 101 Conceptual Foundations of Occupational Therapy Practice (3) The focus of the course is to provide students with the conceptual foundations of occupational therapy. These foundations form the basis for subsequent occupational therapy courses and are expanded upon in those courses. Topics will include: clinical reasoning, diversity issues, ethics and conflict management, occupation, models of OT, the Practice Framework, principles of management, and occupational therapy literature. Upon successful completion of OT 101 the student will be able to:1. Describe occupation from the perspective of an occupational therapy practitioner.2. Identify the critical differences between the models of OT theory: cognitive, biomechanical, Person Environment Occupation, and sensory integration.3. Identify cultural, contextual, and diversity issues which impact the practice of occupational therapy in a variety of practice settings and describe their impact.4. Identify and define types of clinical reasoning utilized in occupational therapy.5. Identify professional literature appropriate to the practice of occupational therapy; read and summarize selected articles.6. Demonstrate knowledge of liability issues related to OT and the AOTA Code of Ethics and apply the code to given situations which present ethical dilemmas.7. Identify issues common to the management of occupational therapy departments and the role of the OTA in these issues.

Prerequisite: OT 100S or current

OT 103: Occupational Performance Across the Life Span
3 Credits
Analysis of occupations from birth to death including descriptions of occupational performance and factors which influence performance. OT 103 Occupational Performance Across the Life Span (3) The focus of this course is an in-depth understanding of occupations across the life span. Students engage in an analysis of occupations including: activities of daily living, instrumental activities of daily living, education, work, play, leisure, and social participation. Specific descriptors are used to discuss occupational performance from the perspective of the Occupational Therapy Practice Framework. Areas which influence performance skills and patterns are studied and applied. Topics include: areas of occupations engaged in by individuals from birth to death; performance skills and patterns, context, activity demands, and client factors which impact occupational performance, definitions of grading, adapting, and analyzing occupational performance to support meaningful and socially relevant participation in day-to-day occupations. This course is required in the accredited 20T major and provides the foundation for understanding and applying the concepts related to occupations within the occupational therapy assistant intervention courses which follow. Evaluation methods include: written examination, and graded written/oral assignments. Enrollment is limited to students admitted to the 20T major.

Prerequisite: OT 100S, OT 101

United States Cultures (US)

OT 105: Group Process Across The Lifespan
3 Credits
Group dynamics and interactions analyzed across the lifespan and practice settings. Interventions designed and facilitated by students.

Prerequisite: OT 103; Concurrent: PSYCH100

Writing Across the Curriculum

OT 107: Activity Analysis: Assistive Technologies and Methods of Adaptation
3 Credits
Assistive technologies and methods of adaptation analyzed; selection criteria, methodologies, proper use, and precautions presented.

Prerequisite: OT 103

OT 109: Management and Ethics in Occupational Therapy
3 Credits
Consideration of basic management, ethics, and support tasks significant to the role of the occupational therapy assistant.

Prerequisite: OT 103

OT 195A: Level I Fieldwork Experience
1 Credits
Practicum related to 100 level occupational therapy assistant coursework.

OT 195B: Level I Fieldwork Experience
1 Credits
Practicum related to 200 level occupational therapy assistant coursework.

Prerequisite: OT 195A

OT 195E: Fieldwork Level I Experience in Occupational Therapy
1 Credits
This is the first fieldwork level I experience. It involves observation and engagement with individuals and/or groups to develop a better understanding of occupational performance, challenges and occupation-based interventions. The purpose is to process the information learned in didactic coursework as related practice. An emphasis is placed on peer collaboration, professionalism and interactions with clients, on-site providers, and/or family members.
OT 197: Special Topics

1-9 Credits/Maximum of 9

Formal courses given infrequently to explore, in depth, a comparatively narrow subject that may be topical or of special interest.

OT 201: Clinical Reasoning and Documentation in Occupational Therapy

3 Credits

Clinical reasoning strategies in occupational therapy practice. Practical application will include case-based reasoning, multi-faceted strategies, and selected formats of documentation. OT 201 Clinical Reasoning and Documentation in Occupational Therapy (3) The objective of this course is to provide intense instruction in clinical reasoning strategies and documentation related to the practice of occupational therapy in a variety of settings. The student will be engaged in clinical reasoning and problem solving throughout the course via case-based scenarios and virtual examples. The process will address the student’s understanding of and documentation of how to relate textbook material to clinical data, client-centered practice, and professional judgment and knowledge. Course objectives include demonstrating the ability to utilize medical terminology and approved abbreviations in documentation reports, identify parts of a SOAP note, utilize narrative or SOAP (relates a form of documentation subjective, objective, assessment, plan) format, understand and utilize digital/electronic documentation methodologies, and write a concise note to document occupational therapy intervention, progress or discharge of a client. Student learning will take place in a classroom setting as well as through written assignments, peer critique, research of documentation requirements in specific contexts, and individual writing critique sessions with the course instructor.

Prerequisite: OT 105W, OT 107 or consent of program

OT 202: Occupational Therapy for Developmental Disabilities

3 Credits

Occupational therapy evaluation, intervention, and documentation for pediatric/developmental disability practice.

Prerequisite: BIOL 129, BIOL 141, BIOL 142, HD FS129, OT 105W, OT 107

OT 204: Occupational Therapy for Behavioral Health

3 Credits

Occupational therapy evaluation, intervention, and documentation, and the importance of engagement in occupations with a focus on behavioral health and well-being.

Prerequisite: BIOL 129, BIOL 141, BIOL 142, HD FS129, OT 105W, OT 107

OT 205: Group Process Across The Lifespan

3 Credits

The course addresses concepts & theories related to group processes and dynamics within the OT therapeutic context. Topics addressed in the course, include but are not limited to: types of groups, group roles, leadership styles, theory of group development & implementation, group norms, and the selection of appropriate activities based on age and occupational performance areas or components, safety, management of the environment, and time management.

Prerequisites: OT 103, BIOL 161, BIOL 162, BIOL 163, BIOL 164, Concurrent Courses: OT 207, OT 209

OT 206: Occupational Therapy for Physical Disabilities

4 Credits

Occupational therapy evaluation, intervention, documentation methods for physical disability practice.

Prerequisite: BIOL 129, BIOL 141, BIOL 142, HD FS129, OT 105W, OT 107

OT 207: Assistive Technologies and Methods of Adaptation

3 Credits

Addresses a variety of assistive technology and assistive devices people use to assist them in completing daily and life occupations. Students engage several assistive technologies and learn to identify, create, and practice implementation of adaptations for clients that optimize occupational performance. Students will be expected to identify, describe, explain, and demonstrate knowledge and skills related to assistive technology and methods of adaptation along with client and caregiver safety.

Prerequisites: OT 103, BIOL 161, BIOL 162, BIOL 163, BIOL 164, Concurrent Courses: OT 205, OT 209

OT 209: Management, Leadership and Ethics in Occupational Therapy

3 Credits

Focus on management, leadership and ethics in occupational therapy practice will be addressed. Importance of intraprofessional and interprofessional collaboration, as well as, reimbursement and policies related to the delivery of services will be emphasized. A keen understanding of the occupational therapy practitioner-client relationship driven by therapeutic use of self will be applied to all aspects the teaching-learning process. Interprofessional and intraprofessional collaborative practice will be addressed, as well as, the essentials of advocacy and professionalism.

Prerequisites: OT 103, BIOL 161, BIOL 162, BIOL 163, BIOL 164 Concurrent Courses: OT 205, OT 207

OT 210W: Clinical Reasoning and Documentation in Occupational Therapy

3 Credits

This courses entails a broad scope experience in clinical reasoning strategies, proficient writing and documentation skills required by the occupational therapy assistant across a wide variety of practice settings. The objective of this course is to provide intensive & rigorous teaching-learning opportunities for students to utilize verbal and written clinical reasoning to facilitate occupation-based assessments, interventions and discharge planning. Additionally, student will be able to demonstrate knowledge of the use of technology in practice for electronic documentation, virtual environments, and telehealth platforms.

Prerequisites: OT 205, OT 207, OT 209, OT 195E Concurrent Courses: OT 212, OT 214, OT 216, OT 295E
Writing Across the Curriculum

OT 212: Occupational Therapy for Child & Adolescent Health

3 Credits

Students will utilize clinical reasoning to facilitate occupation-based interventions that address client factors as related to conditions associated or the prevention of such with children and adolescents. Focused interventions will include areas of Course Justification occupation, performance skills, performance patterns, contexts and environments. Students learn about and gain skills related to occupational therapy evaluation, intervention, and documentation related to conditions associated with children & adolescents.

**Prerequisites:** OT 205, OT 207, OT 209, OT 195E

OT 214: Occupational Therapy for Psychosocial and Behavioral Health

3 Credits

Students will utilize clinical reasoning to facilitate occupation-based interventions that address client factors as related to psychosocial and behavioral health. Focused interventions will include areas of occupation, performance skills, performance Course Justification patterns, contexts and environments. In-depth work will be engaged, as related to psychosocial and behavioral health interventions and programming in various clinical and community settings with individuals and groups. Overall, students will learn about and gain skills related to occupational therapy evaluation, intervention, and documentation related to conditions associated with psychosocial and behavioral health.

**Prerequisites:** OT 205, OT 207, OT 209, OT 195E

OT 216: Occupational Therapy for Physical Health and Rehabilitation

4 Credits

Students will utilize clinical reasoning to facilitate occupation-based interventions that address client factors as related to physical health and rehabilitation. Focused interventions will include areas of occupation, performance skills, performance patterns, contexts and environments. Students learn about and gain skills related to occupational therapy evaluation, intervention, and documentation related to physical health and rehabilitation. Students will be expected to identify, describe, explain, and demonstrate knowledge and skills related to physical health and rehabilitation along with client and caregiver safety.

**Prerequisites:** OT 205, OT 207, OT 209, OT 195E

OT 295: **SPECIAL TOPICS**

1-12 Credits/Maximum of 6

OT 295A: Field Experience in Occupational Therapy I

1-6 Credits

Part I of supervised experience in select occupational therapy settings in the role of an occupational therapy assistant; seminars included.

**Prerequisite:** satisfactory completion of all didactic course work

OT 295B: Field Experience in Occupational Therapy II

1-6 Credits

Part II of supervised experience in select occupational therapy settings in the role of an occupational therapy assistant; seminars included.

**Prerequisite:** successful completion of all didactic course work and successful completion of OT 295A

OT 295E: Fieldwork Level I Experience in Occupational Therapy

1 Credits

This is the second fieldwork level I experience taken alongside of coursework during the 4th semester. It involves observation and engagement with individuals and/or groups to develop a better understanding of occupational performance, challenges and occupation-based interventions. The purpose is to apply knowledge and skills learned in didactic coursework to practice. An emphasis is placed on peer collaboration, professionalism and interactions with clients, on-site providers, and/or family members.

**Prerequisites:** OT 195E

OT 296: Independent Studies

1-18 Credits/Maximum of 18

Creative projects, including research and design, that are supervised on an individual basis and that fall outside the scope of formal courses.

OT 297: Special Topics

1-9 Credits/Maximum of 9

Formal courses given infrequently to explore, in depth, a comparatively narrow subject that may be topical or of special interest.

OT 395A: Fieldwork Level II Experience in Occupational Therapy

1-6 Credits

This is the first 8-week supervised fieldwork experience in a community or clinical based setting. Level II fieldwork may be completed in acute care facilities, rehabilitation facilities, out-patient centers, behavioral/ mental health facilities, school systems, home health agencies, outpatient centers, or skilled nursing facilities. Level II fieldwork includes hands-on experience with individuals and/or groups. Knowledge of the occupational therapy processes, professional conduct, and effective communication between supervisor and student is essential to accomplish fieldwork goals and objectives. The goal of Level II Fieldwork is to develop competent, entry-level, generalist occupational therapy assistants.

OT 395B: Fieldwork Level II Experience in Occupational Therapy

1-6 Credits

This is the second 8-week supervised fieldwork experience in a community or clinical based setting. Level II fieldwork may be completed in acute care facilities, rehabilitation facilities, out-patient centers, behavioral/ mental health facilities, school systems, home health agencies, outpatient centers, or skilled nursing facilities. Level II fieldwork includes hands-on experience with individuals and/or groups. Knowledge of the occupational therapy processes, professional conduct, and
effective communication between supervisor and student is essential to accomplish fieldwork goals and objectives. The goal of Level II Fieldwork is to develop competent, entry-level, generalist occupational therapy assistants.

**Prerequisites:** OT 395A

OT 401: Conceptual Foundations of Occupational Therapy and Occupational Adaptations

2 Credits

Analysis of philosophies and frames of reference for occupational therapy practice, emphasizing occupational functioning, the adaptation process, and occupational environments. Occupational Therapy majors only.

OT 410: Environmental and Technological Influences on Occupational Adaptation and Performance

3 Credits

Impact of occupational environments on functioning and technological adaptation for mastery over the environment.

OT 411: Occupational Therapy Management and Professional Ethics

3 Credits

Ethical, managerial, fiscal, and legal responsibilities of program administration, supervision, practice, delivery, and professional development.

**Prerequisite:** OT 401

OT 412: Introduction to Research

3 Credits

Introduction to quantitative and qualitative research process relative to occupational therapy.

**Prerequisite:** STAT 200 or STAT 250

Writing Across the Curriculum

OT 495: **SPECIAL TOPICS**

1-6 Credits/Maximum of 6

OT 496: Independent Studies

1-18 Credits/Maximum of 18

Creative projects, including research and design, that are supervised on an individual basis and that fall outside the scope of formal courses.